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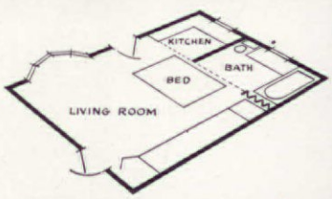
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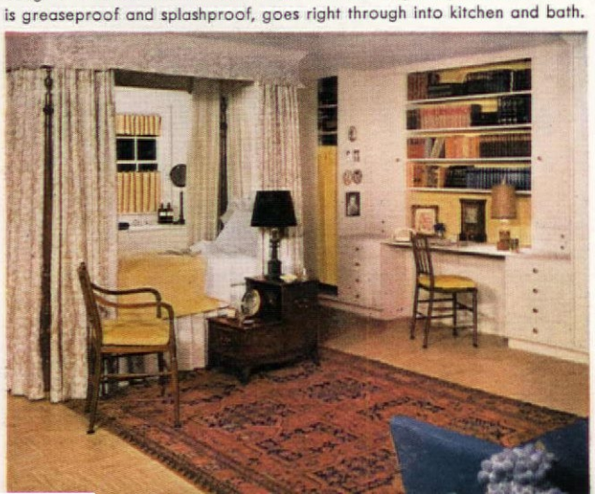
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Just what is happening to the American living room? Just about everything, we've found. The old one-use type of living room is sadly out of joint with the times. This month, to demonstrate, we visit the homes of four typical American families for a view of the many new functions the living room is serving. You'll find it stimulating reading, full of new ideas, on pages 33-43. Photo by Warren Reynolds.

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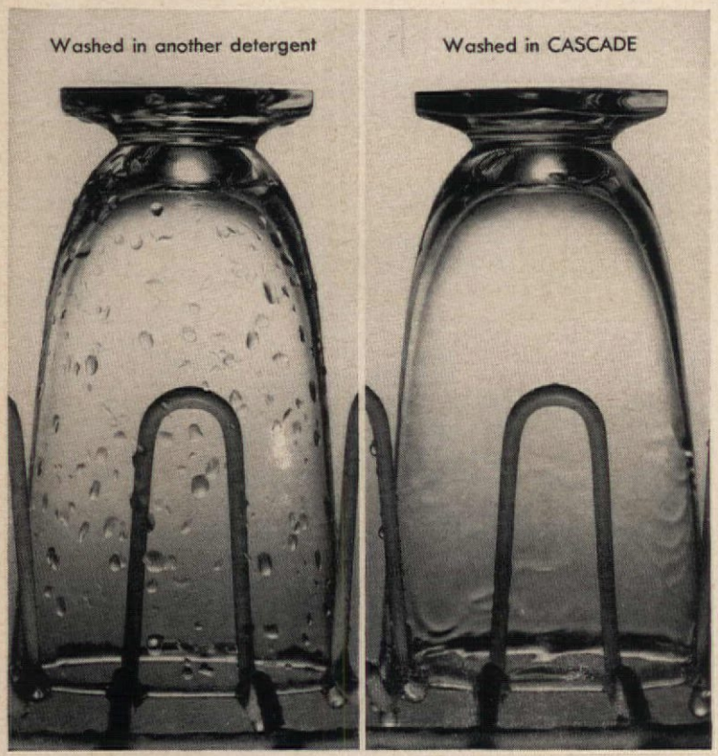
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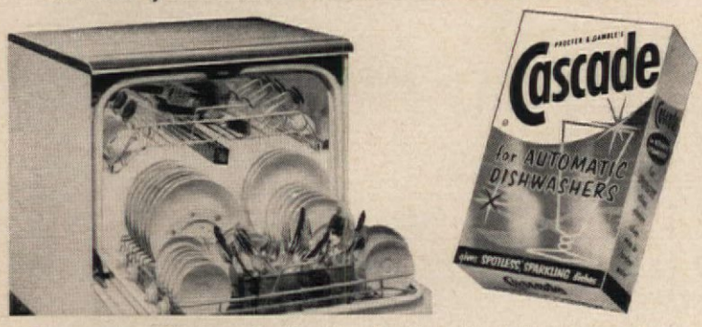


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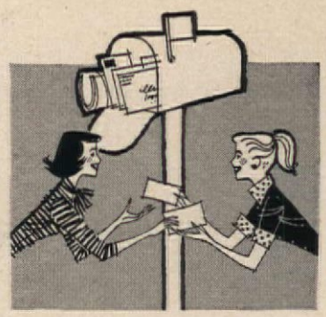
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"HOW ABOUT A LITTLE HELP AROUND THE HOUSE?"

I have just finished reading Marie Weiller's article in the September issue of American HOME and want to express my appreciation. It was such a relief for me to hear that someone else has a family that is not always willing to assume their rightful share of household responsibility. And it was even nicer to find out that a little forbearance and patience on my part are not going to turn my offspring into parasites. I have an eight-year-old son who loves anything electrical, who will fix a broken cord, record player, iron, or vacuum cleaner, but needs five reminders and eventual assistance in making his bed. He can lift a heavy extension ladder to climb to the roof, but empty garbage cans are too heavy to bring back from the street.

My three-year-old daughter will try to sweep the kitchen floor or make her own bed (although I admit I have to do the same tasks over when she has gone out to play), but picking up her toys and putting them in the toy box is too difficult, she says.

Well, as Mrs. Weiller says, "it takes a lot of tolerance," but I'm encouraged to find someone else with the same problems. The list of duties which her children do accomplish is amazing. Maybe there *is* hope for my two! —MRS. R. A. KNEIS

THE YANKEE TRAY

Among the pieces inherited from my husband's parents is a great round wooden tray. For years I had my eye on it, because it has a history dating back before 1800. Not since I found the old family bible printed in 1839 have I been as thrilled as I was in locating this prize antique, about which they tell this true story.

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"Put the little Rebel up to the table and let her eat," ordered the leader. And so she ate bread with the Yankees from my big tray, ever since called the "Yankee tray."

Now it rests on my huge old-fashioned desk. Usually it's filled with big nuts from our hickory tree, but if any of my Yankee friends stop by on their way to Florida, they can have biscuits made in my wooden Yankee tray. —MRS. IVEY E. PARIS

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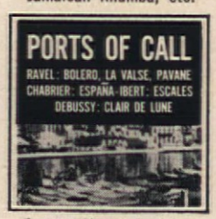
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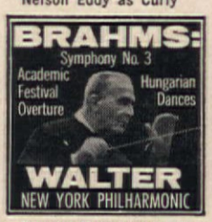
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3. Erroll Garner ("Caravan")
4. Gaîté Parisienne; Les Sylphides
5. Easy To Remember—Luboff Choir
6. My Fair Lady—Orig. Broadway Cast
7. Brubeck and Jay & Kai
8. Gershwin Hits—Percy Faith
9. Sinatra—Adventures of the Heart
10. Ambassador Satch
11. Firebird; Romeo and Juliet
12. Day By Day—Doris Day
13. Johann Strauss—Waltzes
14. Lure of the Tropics—Kostelanetz
15. Ports Of Call
16. Oklahoma!
17. Levant Plays Gershwin
18. The Elgart Touch
19. The Great Melodies of Tchaikovsky
20. Suddenly It's the Hi-Lo's
21. King of Swing—Benny Goodman
22. Brahms: Symphony No. 3
23. The Merry Widow
24. Wonderful, Wonderful—Mathis PE-1



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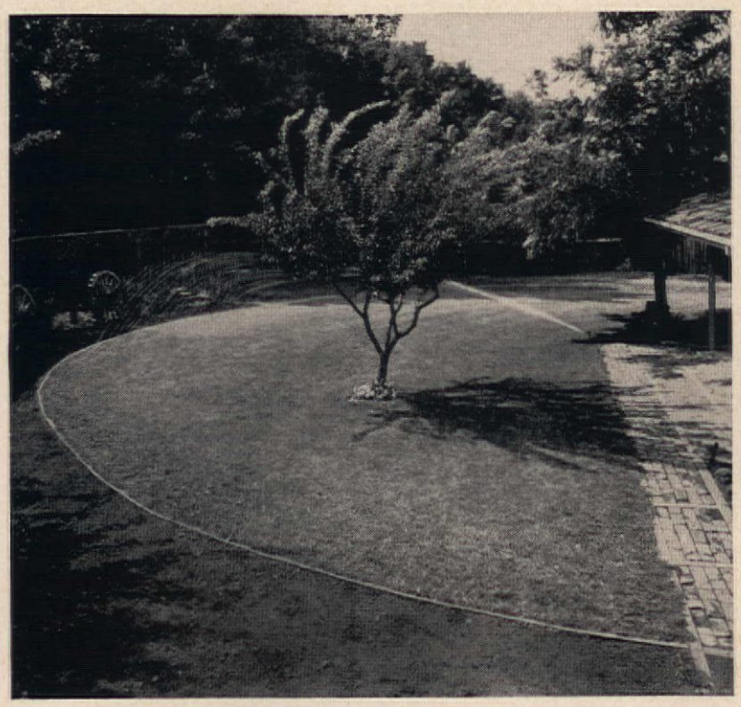
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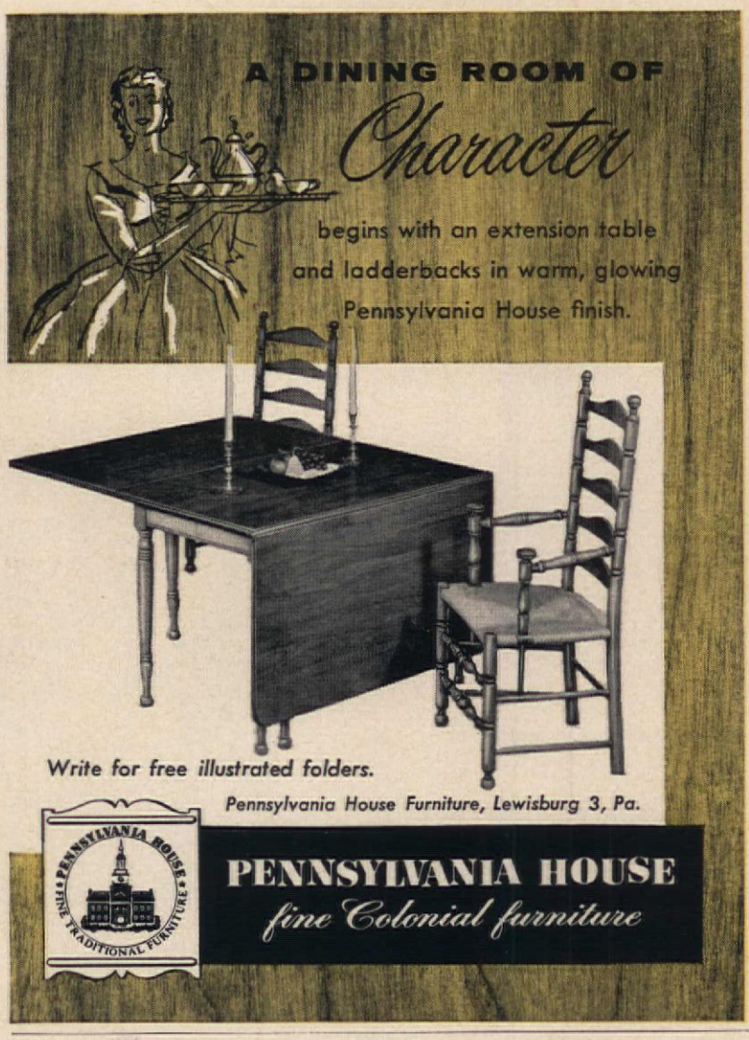


A TWO-DOOR GARAGE is usual. However, have you ever considered the advantages of a three-door? With an additional door on the opposite side of the garage you can drive a trailer or loaded station wagon through to the outdoor living area in the rear to unload dirt or plant material. Metal overhead doors shown here are larger than regular size, or 8 by 7 feet. Garage interior has a shop and photographic lab on left; storage shelves and service entrance on right.

WHY DO IT THE HARD WAY?



TO MAKE watering the garden or lawn easier, it's often helpful to buy a sprinkler according to the size or shape of the area to be covered. Impulse-type sprinklers will cover arcs or entire circles. Oscillating fan types are best for rectangular-shaped lots.





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NAME.....

STREET.....

CITY.....ZONE...STATE.....



Kingsley Wientge and Audrey Anderson work on a duck decoy which will be a lamp in the Wientge home. Doris and Charles Fischer are removing gingerbread decoration from the front door of a cabinet for their nursery.

DO-IT-YOURSELF CLUB WORKS TOGETHER

Missouri group finds a way to get things done

Nearly six years ago, two Webster Groves, Missouri, couples, the Edwin Reeds and Oscar Andersons, joined forces to form a canasta club. Since both couples were avid do-it-yourself fans, they soon found the cards lying idle a good part of the time while they talked projects. Before long they began meeting to work on projects. Since then, with the addition of two new couples, the Charles Fischers and the Kingsley Wientges, the group has met once a month for "Work Night."

On "Work Night" everyone brings a project, usually something he hasn't found time for or has been lax about doing. While one may strip paint from a washstand, another may wire a lamp and a third work on the host's power tools. Working on each other's projects as often as they do on their own, Work Nighters frequently pool their ideas and abilities. Though all of the men are handy with tools, they find that they learn much from each other.

"Also," confides one of the wives, "it's a good way to browbeat your husband into making things by getting one of the other husbands to help you first."

The combined efforts produced on Work Nights include everything from lamps and coffee tables to chests and beds and could probably furnish an entire house. Not all the projects are of the home-workshop type, however. Sometimes, when interest flags in sanding and painting, a Work Nighter is likely to show up with something completely out of character —like the time one of the wives brought her ironing to Work Night. ("I just couldn't seem to catch up with it," she said.)



Bud Reed and Oscar Anderson work on table while Earline Wientge sands drawer of chest. Front: Ginny Reed removes paint as a young Fischer works on gun.

Occasionally, some acquaintance will shudder and say, "Work Night, ugh! The name alone scares me." But the Work Nighters have a ready answer for that.

"It's not as grim as all that," says Doris Fischer. "It's not really Work Night, but Play Night for all of us."

Reader's Digest

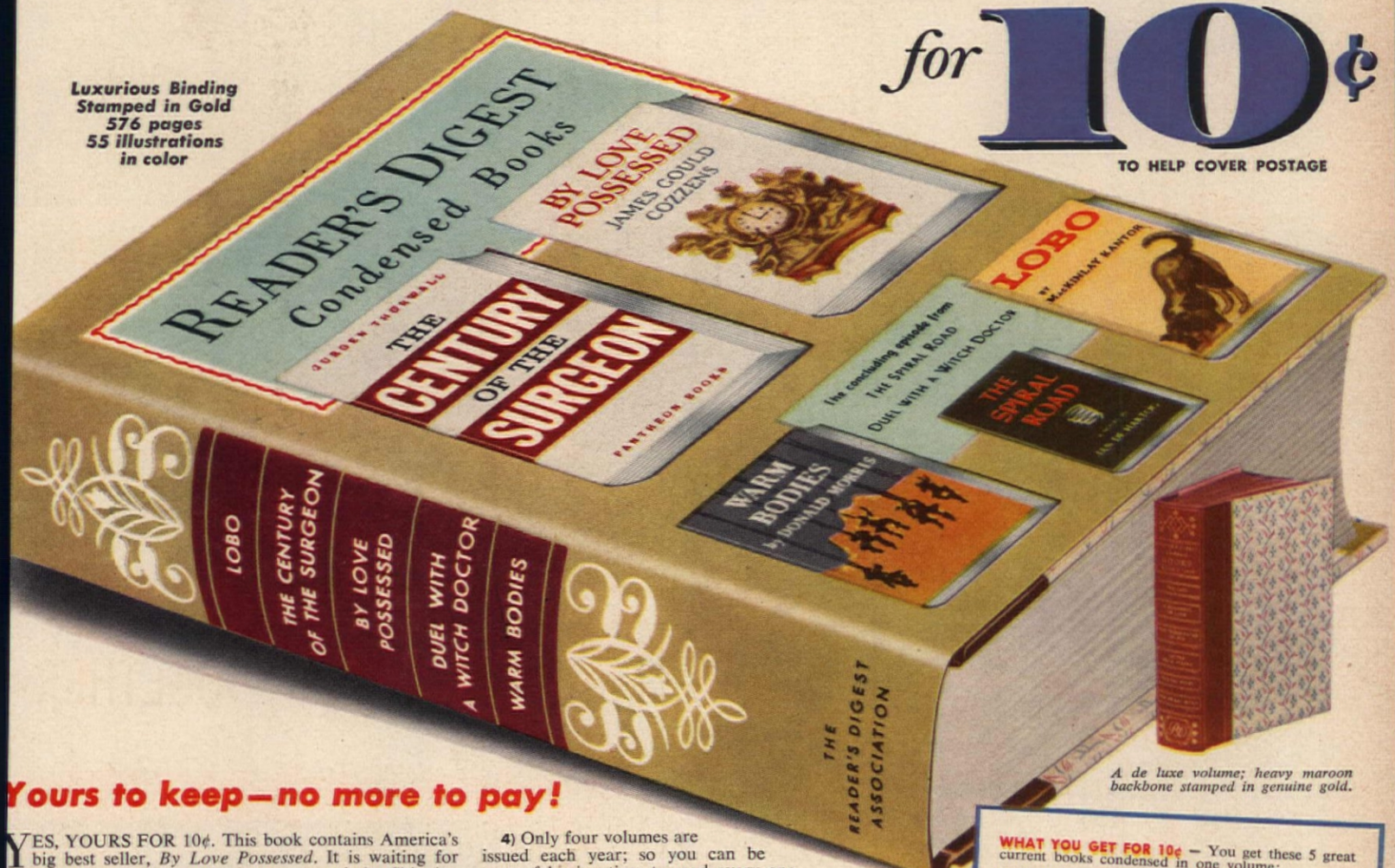
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THE CENTURY OF THE SURGEON – How art of surgery came of age, vividly told by Jurgen Thorwald. Publisher's price $5.95

LOBO – MacKinlay Kantor's delightful story of a canine scalawag who adopted a man. Publisher's price $2.75

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Lowell Thomas adds: "I am a frustrated man who wants to read everything worth while and lacks the time. The Club makes it possible to read the important books I would otherwise miss."

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CONTENTS — BOOK

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H. H. CARSTENS

VIP
Very People Interesting

1. David Sacks, of Plainfield, New Jersey, puts the finishing touches on a detailed Mikado-type locomotive in OO gauge. Mr. Sacks has a real railroad signal on the lawn outside his home! 2. Chester Holley, of Tampa, Florida, displays his old toy-train collection on shelves. He has a number of European models, besides some scale passenger cars. 3 and 4. The Aberjona Valley Railroad of Irving N. Blackburn of Woburn, Mass., Secretary of New England Association of Model Railroaders. 5. Newscaster Bill Stern became a rail fan while convalescing from illness.



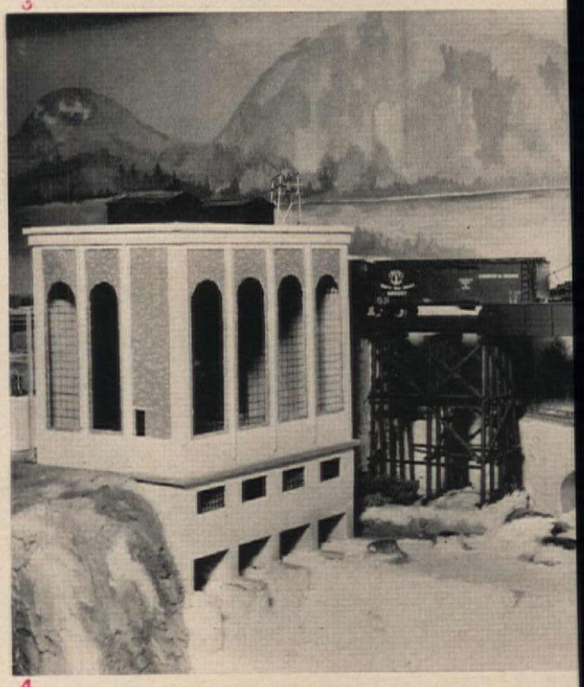
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CLEAR THE TRACK!

Here come the model rail fans

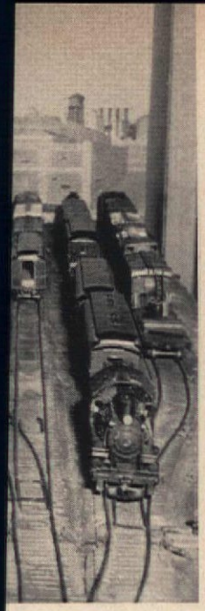
One of the most familiar forms of mutual banter among adults is the ribbing any father will take when he announces he's giving his son an electric train. Everyone (including the small son who will soon know) suspects who is going to be President of the Road and Active Engineer.

Jokes or not, that's pretty much how the hobby of model railroading got its start. Many a dad had to show Junior how the set worked that First Christmas Day and from then on he was sunk—he'd been bitten by the railroad bug. But there are other ways of becoming a fan.

I first got the habit (this is a type of true confession shared by many) when I was 14 years old and visited the New York World's Fair with several other school chums. At the Fair was a giant railroad exhibit with all kinds of scale model trains unlike anything we'd ever seen. That exhibit inspired what my schoolmates and I still consider the greatest model railroad of all time—"The Mystic Knights of the Rusty Rail." Today, all the original nine members, whose occupations PLEASE TURN THE PAGE



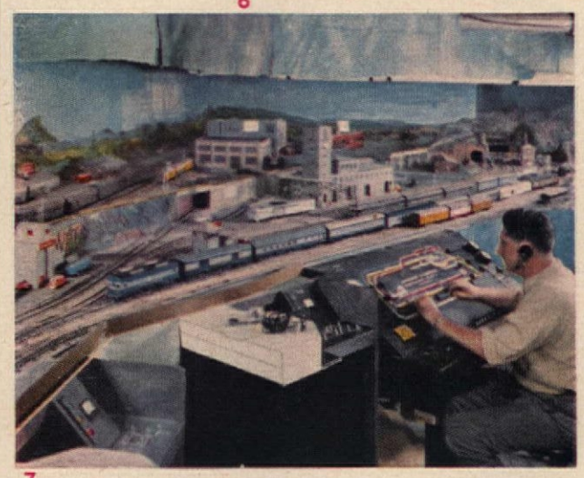
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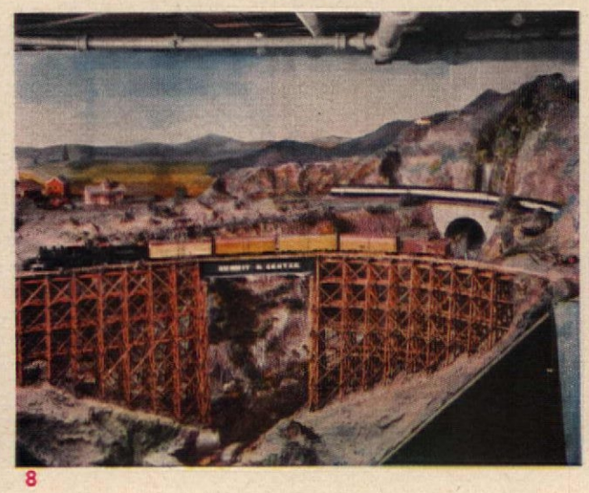




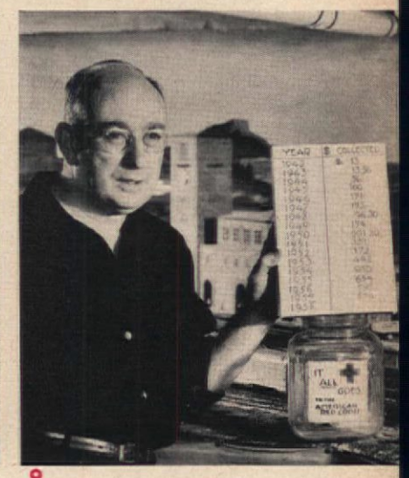
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9



10

6. Junior's trains? What's your guess? The whole family can enjoy this hobby—with everyone playing an active part—even Mother, who might find it fun to help by landscaping or painting skylines and background scenes. 7. 8. 9. Henry Abraham's Summit and Center Railroad, which occupies most of the basement of the Abraham home in Woodmere, Long Island, holds open house for visitors each March, with all donations going to the American Red Cross. Mr. Abraham shows the total donation. Leo Lerman at the controls. 10. Scene on O-gauge trolley layout of author Carstens.



The practical Western Pines add traditional loveliness to a contemporary kitchen

The beauty and versatility of the Western Pines worked magic (well within the budget) in this remodeled kitchen.

See the beauty in the straight grain, the soft texture, the warm luster of the wood! And notice how handsomely the Western Pines set the style—make the room come alive.

All paints and stains take naturally to these woods. Or simply waxed and rubbed, they take on a rich, satin finish and retain some of the forest's freshness.

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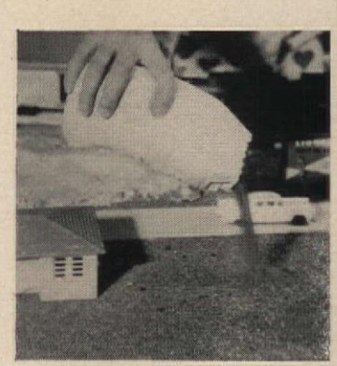
• TODAY'S WESTERN PINE TREE FARMING GUARANTEES LUMBER TOMORROW

Clear the Track!

(Continued)

include that of teacher, engineer, architect, salesman, contractor, editor and freight clerk—are railroaders by hobby.

In the early days of railroading, a modeler often tried to keep his hobby quiet, lest his neighbors start talking about his "playing with trains." Soon the hobby magazines made it obvious that this interest in model railroads was widespread. For example, the subscription list of *Railroad Model Craftsman* is loaded with doctors, lawyers, military officers, clergymen and people from almost every conceivable profession, for railroading seems to have something of interest for everyone—even the famous, like bandleader Vaughn Monroe or Yul Brynner. Roy Campanella, star catcher for the Dodgers, shares a giant O gauge railroad with his son. And Walt Disney, along with his ace animator Ward Kimball, has an outdoor model railroad of his own as a hobby.



Grassy lawns and fields can be simulated by painting surfaces green; sprinkling with artificial grass while they're wet. Sand and coffee grounds can also be added in spots for realistic texturing.

How does one get started in model railroading? While many manufacturers offer their scale models in ready-to-run form today, especially in the popular HO scale, many of the die-hards prefer to build their equipment either from kits or from raw materials. The most popular of the scale model gauges today is the tiny HO gauge which squeezes a mile into about 60 feet and can be built in a space 3x4 feet in size (some have been built smaller!), and a table 4x8′ is amply large to provide some good railroading. Anything over 6x8′ becomes a veritable empire. There are HO locomotives now on sale for as little as $5, with $25 being about average for a good metal steam-type locomotive. Many hobbyists have started with an operating railroad on a $25 investment. Model railroading need not be expensive.

Layouts for a railroad are usually tables specially constructed at a height of about 42 inches. This height permits convenient viewing and easy accessibility to trouble spots under the layout. Favorite locations are the basement, with the attic, spare room and garage also being prime favorites. Some modelers have even constructed special railroad buildings and more than one flock of chickens has found itself evicted in favor of a miniature high iron!

Today it takes far less time to build a model railroad than it used to. Cars and locomotives which once took weeks to assemble can now be put together in a few minutes with a screw driver. Minutely detailed lost wax castings in PLEASE TURN THE PAGE



Trees and bushes are simulated by tearing a natural sponge to pieces, spraying with paint, and then pasting or tacking on to slopes of layout in shapes suggesting foliage or ground cover. Lichen, readymade strips of sponge shrubbery and small trees available in hobby stores, or miniature artificial Japanese trees can also be used so as to produce more realistic effect.

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Clear the Track!

(Continued)

beryllium and low-cost plastics have replaced the older constructional methods to a great degree. Track is now available in sections, to go together in an incredibly easy fashion. A real scale-model railroad, complete with scenery, can be made into a presentable and attractive display in a matter of weeks.

Not all railroaders run trains. A growing number of hobbyists have turned collector, preferring instead to display their equipment. And, for many collectors, the most sought-after equipment are the battered and bruised, dented and rusty toy tinplate trains of a bygone era. You'll find these railroaders searching through attics, junk shops and antique stores for their trains.

Collecting also includes the acquisition of railroadiana, such as timetables, railroad calendars, old spikes (the rustier the better), locomotive bells, and I even know of one New Jersey housewife whose husband has proudly mounted an old Jersey Central railroad signal on the front lawn.

The filing and display of railroadiana and old trains is a job in itself. Usually special railroad rooms provide the answer, along with filing cabinets and plenty of shelves. There's no denying its appeal, when every item tells a story of travel, adventure—even disaster. And there's more than a little nostalgia in looking at an old toy-train collection and spotting a locomotive such as you owned when you were a youngster.

But even railroading is changing. Once strictly a man's domain, this year saw a train set on the market in pastels to interest girls. And women aren't to be shunted off on a siding since they've discovered the bright fabrics so popular in shirts for rail fans look well on the feminine figure.

Maybe it's because the gals will go to any length to get the attention of the real gone amateur railroaders. But they have to—model railroading is pretty strong competition. THE END



Build mountain and tunnel with cut-out tunnel arches, wooden supports and cover with screen. Soak burlap or felt in wallpaper paste; wring out and drape over screen with crumpled newspapers stuffed between felt and screen to obtain the craggy shape of mountain terrain. Let dry.



Paint mountain varying shades of brown; add grass, trees and bushes. Paint pond or lake blue streaked lightly with white. Cover with glass or clear plastic taped down at the edges. Camouflage edge of lake with brush, sand, grass.



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GREEN BEANS AMANDINE with PORK CHOP ROAST

- 6 thick pork chops, each with a bone
- 3 cups seasoned dry bread stuffing mix
- 2 eggs, slightly beaten
- ½ cup thinly sliced almonds
- ¼ cup melted butter or margarine
- 2 cans (1 lb. size) DEL MONTE Brand Blue Lake French Style Green Beans

Salt and pepper chops. Combine stuffing mix with eggs. Divide into equal portions between chops and fasten together with string or skewers. Stand "roast" on flat bony side of chops in shallow pan. Roast in moderate oven (350°) 2 to 2½ hours or till done. At serving time, sauté almond slices in melted butter for 5 min. Pour over hot, drained Del Monte Green Beans. Spiced crabapples make a nice garnish, if desired. Serves 6.

Del Monte Green Beans

Whole—Cut—French Style





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TEST YOUR DECORATING IQ

ALBERT M. LEACH

Thanks to magazines, newspapers—and now TV, Mrs. American Housewife knows a lot more about home furnishings and decorating than she did 10 years ago. However, despite how much we all think we know, there are lots of little "fine points" in the art of decorating that are often quite easy to overlook. How many of them are you familiar with? Here's a chance to find out. Each question counts 10. If your score is 80 or more, you have a pretty good knowledge of decorating; if your score is 50 to 80, you're only fair to middling; if your score is less than 50, you need a brush-up course.

1. What kind of wood would most likely be used for (a) a French Provincial bergere? (2) a Chippendale pie-crust table? (3) an Early American hutch?

2. What two colors make orange?

3. What drapery fabric is correct for a Colonial bedroom? (a) an Empire satin, (b) a strié taffeta, (c) a flowered chintz.

4. Should pictures generally be hung (a) above eye level? (b) at eye level? (c) below eye level?

5. How would you place a grand piano in a living room? (a) With the keyboard facing into a corner, (b) with the flat side against a wall, (c) with the end projecting into the room from a corner.

6. Which one of these lengths is incorrect for draperies? (a) to the window sill, (b) somewhere between the sill and the baseboard, (c) clearing the floor by an inch or so.

7. Your bedroom faces north. Would you paint it a shade of (a) blue (b) green or (c) yellow?

8. You have several small Oriental rugs. How would you place them? (a) Diagonally opposite, (b) at right angles to the walls.

9. If your color scheme is turquoise, cocoa and cream, which color would you choose for an accent? (a) wood rose, (b) chartreuse, (c) tangerine.

10. Your 18th Century English living room has striped taffeta curtains repeating the colors in your flowered wallpaper. What type of floor covering would you get? (a) plain broadloom, (b) rag rug, (c) an Oriental-type domestic rug.

CHECK YOURSELF AGAINST THESE CORRECT ANSWERS

1. (a) fruitwood, (b) mahogany, (c) pine.

2. Red, yellow and blue are the primary colors. Orange is a secondary color resulting from combining the primaries red and yellow.

3. (c). A flowered chintz would be most appropriate, since it's in keeping with the type of material used in Colonial days.

4. (b). Eye level is considered the best height for single pictures. With groups of pictures, the center of the group should be at about eye level height.

5. (b). A grand piano should always be placed with the flat side against a wall, preferably an inside wall to prevent damage from variations in outdoor temperatures.

6. (b). Draperies should always hang either to the sill, to the bottom of the apron (the piece below the sill), or to the floor, but never in-between.

7. (c). Yellow would be best since a light, warm color would help compensate for the lack of sunshine in a north room.

8. Small rugs should always be placed parallel to the walls.

9. (3). Tangerine would be the best accent color for this scheme since it is the complement of turquoise. A complementary color is always a good choice as an accent color.

10. (a). With patterned wallpaper and striped curtains, the most useful and agreeable choice would be a plain broadloom rug in a harmonious color.



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"But if it *weren't* for that $300, we'd still be living in Forest Hills, and I'd still be plugging away at the same old job. Strangely, it's all thanks to something that happened, quite accidentally, in 1941. It was August 17. I remember the date because it was my fortieth birthday.

"To celebrate, Peg and I were going out to the movies. While she went upstairs to dress, I picked up a magazine and leafed through it idly. Then somehow my eyes rested on an ad. It said, 'You don't have to be rich to retire.' Probably the reason I read it through was that just that evening Peg and I had been saying how hard it was for us to put anything aside for our future.

"Well, we'd certainly never be rich. We spent money as fast as it came in. And here I was forty already. Over half my working years were gone. Someday I might not be able to go on working so hard. What would happen then?

"Now this ad sounded as if it might have the answer. It told of a way that a man of 40—with no big bank account, but just fifteen or twenty good earning years ahead—could get an income of $300 a month guaranteed for life. It was called the Phoenix Mutual Retirement Income Plan.

"The ad offered more information. *No harm in looking into it*, I said. When Peg came down, I was tearing a corner off the page. First coupon in my life I ever clipped. I mailed it on our way to the movies.

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TRUE BLUE of the old Wedgewood plate it is copied from, this lovely blue and white *Wedgewood Rug* should be just your dish for setting off your collection of china in this pattern. Fine examples of the mountain craft work from Virginia, these are hand-hooked of cotton mercerized jersey. Oval, approx. 36x42", $26; 22x30", $15.15. Laura A. Copenhaver, Marion, Virginia.



CASTING REFLECTIONS from the fireplace, the candles on the mantle, or the noonday sun, this beautiful highly-polished *brass wastebasket* can't help calling attention to itself. Imported from England, it is exquisitely embossed, stands 12½" high, is 8" across. $10.95. (Add 75¢ West of Miss.) Jenifer House, Dept. A-12, New Marlboro Stage, Great Barrington, Mass.

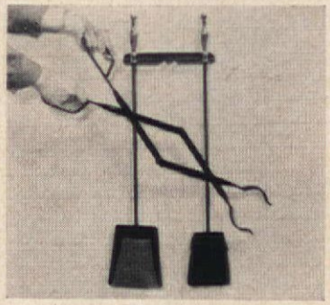




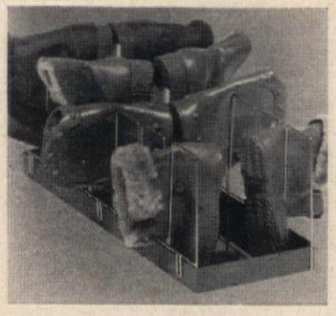
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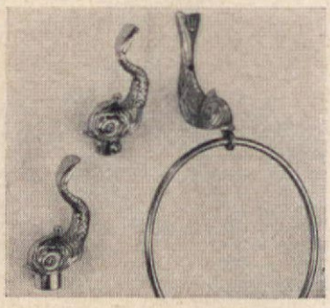
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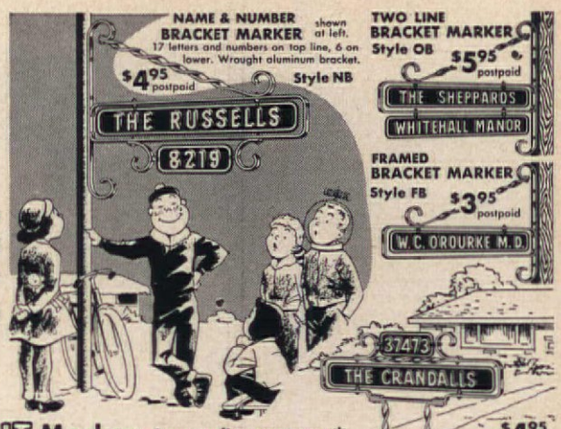
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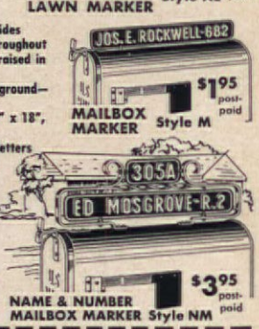
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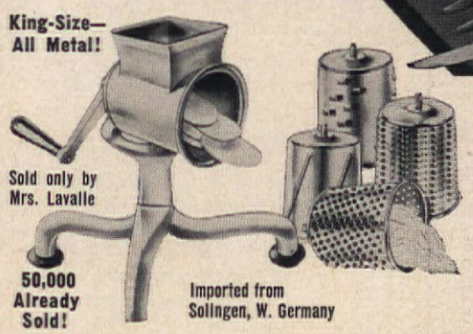
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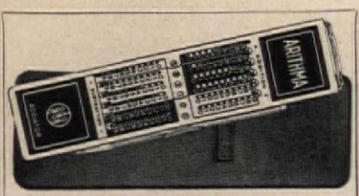
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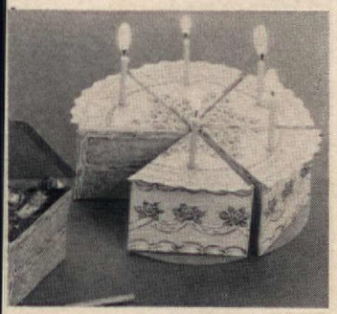
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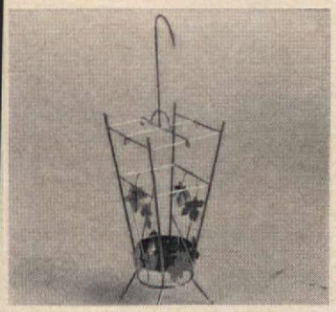


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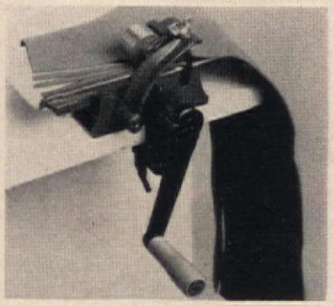
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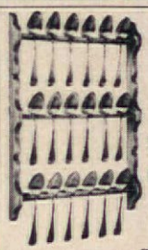
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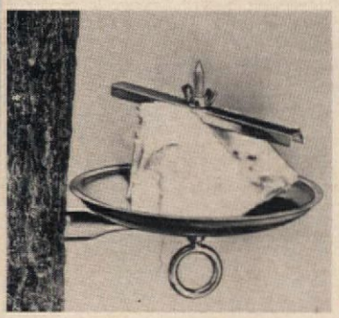
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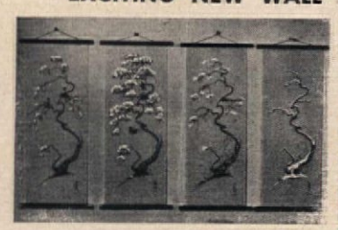
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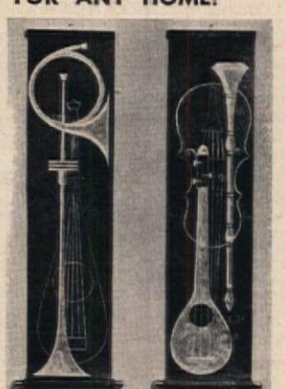
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Back-Yard Fun on Ice

LOUIS F. HAEBERLE

Ever draw up the home casualty list after a children's winter party? Melted ice cream and cake crumbs are only the beginning, not to mention the rough-and-tumble type of destruction that can result if parlor acrobatics are indulged in! There is one very simple solution for all of this. Hold a winter skating party . . . in your own back yard!

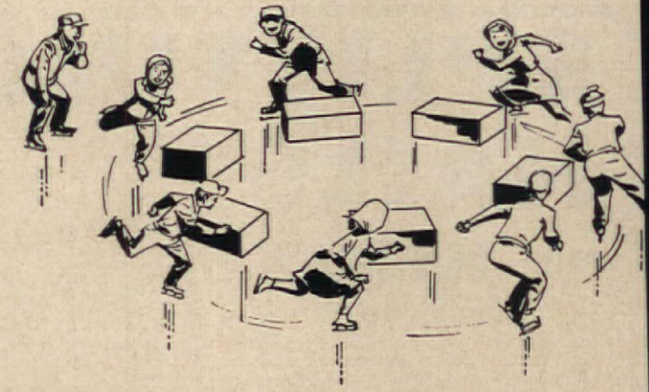
The reason for my enthusiasm is the result of recent experience. Not long ago my two daughters (ages 8 and 9) received invitations to an afternoon party, celebrating the birthday of one of their small friends. A footnote to the invitation suggested that skates and warm clothing would be appropriate.

Being the curious type, as well as the Saturday afternoon chauffeur, I delivered my two offspring at the appointed hour and took a peek in the back yard. It was a beautiful day to begin with, not too cold (for Minnesota). Friday's snow glistened on the ground, and there, in the middle of the snow, was the smoothest patch of ice (about 20x30′) that I ever saw!

Nearby, my nose soon informed me, was a large pot of hot chocolate warming over the coals of an outdoor charcoal grill. The host, behind the grill began making inviting motions toward the hot dogs, hamburgers and cheese, so I decided to stay for a minute to see the fun (standing *CLOSE* to the provender).

A few other adults arrived with their children, and they too, fascinated by the rink, watched as the skating began. Two small boys arrived with hockey sticks, but the sticks had to be checked inside as a safety factor. Soon the children were being organized for games on the small patch of ice—games much like the ones they usually played—but this time on skates.

The first game was called "Musical Boxes" (like the old parlor game of PLEASE TURN THE PAGE



Like the living room version of "Musical Chairs," set up a circle for "Musical Boxes" with one less box than the number of players.



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hake up a batch of "Penny-cakes"!

u'll coin a mint of compliments when you serve Aunt Jemima tangy Buck-eat "Penny-cakes". Just slice frankfurters into "pennies" a fourth of an h thick, and place them on hot fry-pan. Put Aunt Jemima mixings in aker (see package directions), shake ten times, and pour over each cluster. p 'em once. Serve with hot syrup or barbecue sauce for a hearty lunch supper dish. And have plenty of "seconds" ready.

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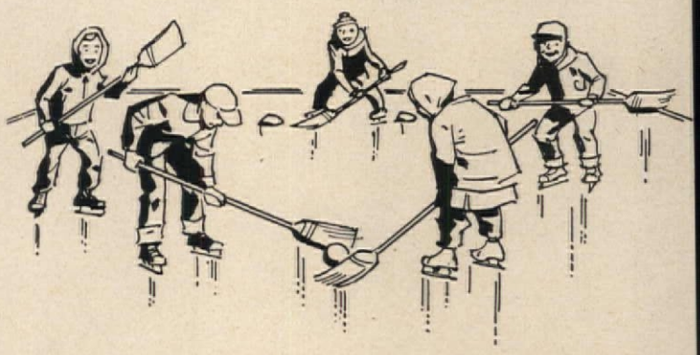


Oven lining, racks: Run S.O.S. pad over entire surface frequently to remove spatters and spills. Avoid major oven cleaning jobs.

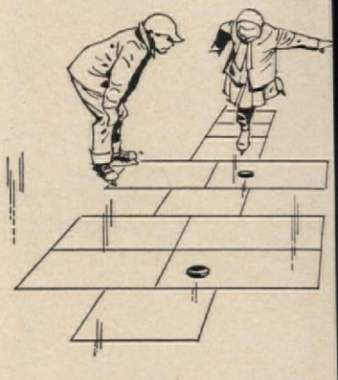


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Fun on Ice (Continued)

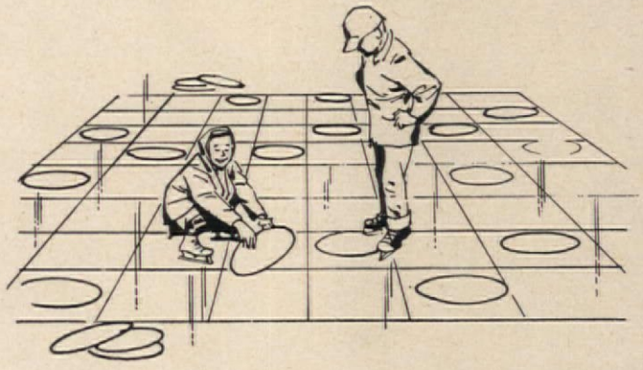


"Musical Chairs"). First, a circle of cardboard boxes was set up on the rink with one less box than the number of players. With a portable phonograph by the rink, the children skated around the boxes until the music stopped, whereupon the usual scramble followed to get seats. A prize was awarded to the last one to be seated on a box. Though a somewhat faster game than on firmer footing, it's only a little harder to do on skates.

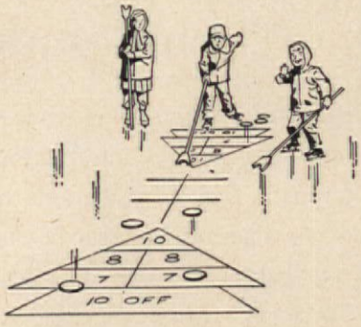


Next, much to the delight of the hockey players, everyone was divided into two teams for "Broomball." Played just like hockey, brooms were used instead of hockey sticks and a softball instead of the hard hockey puck. Even for grownup non-hockey players, this is a lot of fun.

Now came the magic touch! With regular household bluing, shuffleboard diamonds were drawn at the ends of the rink. Hockey pucks were used for dies, brooms for pushers, and the children were soon playing shuffleboard on ice. Quite an idea!



While we watched the children play, my host explained some other back-yard games that are good for a home rink. One is ice hopscotch, done by drawing the hopscotch field with bluing and playing it on skates; another is "Ice Checkers," which is played by turning the whole rink into a huge checkerboard and using colored paper plates for checkers. Bluing, incidentally, freezes fast and is harmless to clothes.



The skating party looked like so much fun, in fact, that the adults planned a back-yard party a few days later!

If you believe in the fun of back-yard living (what an excuse for charcoal cooking!) and you live in a climate where freezing temperatures prevail during winter months, why not try it yourself? THE END



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It Pays to Get an Appraisal

S. EDWIN KAZDIN,
American Institute of Real Estate Appraisers

There's a saying that no home owner can be a happy one until he's bought at least two houses. Surely this is a luxury that few can afford, but the statement does suggest that the unwary buyer often acting on impulse or without competent advice, pays a high price for his mistakes.

However, the experience of a couple who purchased a house in our neighborhood and found a pack of trouble illustrates how even a former home owner can be deceived.

The average couple will shop assiduously for a $100 living room table and will carefully weigh and ponder the final decision. When the purchase of a mink coat or a diamond ring is contemplated, there ensue long discussions among relatives and friends and an independent appraisal is not unusual. The amount involved may be $1,000 or even $5,000, but it hardly compares to the $30,000 or $40,000 outlay for the purchase of a home. Yet, in the latter case, the only advice the buyer usually gets comes from the real estate agent, who obviously is in business to sell houses. It's amazing how often people will buy a home and never think of getting the independent opinion of an appraiser.

Actually there are only a few items—good heating, a good roof, termite protection, a dry cellar and adequate closet space—that are essential in order to assure freedom from most worries of home ownership. It is the lack of attention to these obvious requirements that underlies most unhappiness. Fortunately, the risks are diminshed as we reach into the area of the more popular priced house, in the $15,000 to $20,000 category. The various government and private financing agencies as well as local building and zoning laws act to protect the buyer. More important, the competition among builders makes available a wide choice of properties and provides a great deal of useful information, with the result that the buyer has an excellent chance of obtaining good value for his money. However, there are many factors such as neighborhood characteristics, soil drainage conditions, plans for future condemnation of property and possible assessments which are often glossed over and emphasize the need for competent advice.

To get back to our neighbor's case, he could have saved many dollars and a great deal of anguish by spending about $25 for an appraisal. It seems he was not informed an electric pump in the basement automatically handled any leakage. A rainfall just before he moved in CONTINUED ON PAGE 78



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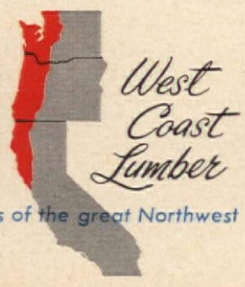
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Ten NEW Cake Mixes...all Duncan Hines Delicious!



See "Where Credit Is Due," page 95

Where IS the Living Room?

LESLIE R. FORESTER

This is not a mystery story—nor a game of hide-and-seek. The living room is still very much in evidence. But it's a far, far cry from the one you once knew.

In fact, there's an invasion going on—and the aggressor: the living room. There was a time when every activity in the home was assigned to a room. You cooked in the kitchen, ate in the dining room, read in the library and slept in the bedroom. Each was self-contained, confined by four walls and a lot of formality. Everything proper and everything in the proper place.

The living room? Well, it wasn't exactly a place where you lived. In Grandmother's day, it was scarcely a living room at all. Maybe you sat in the sitting room. But the parlor was reserved for Sundays, social teas and visits from the minister, with an antimacassar on every chair to say, "Please don't sit here."

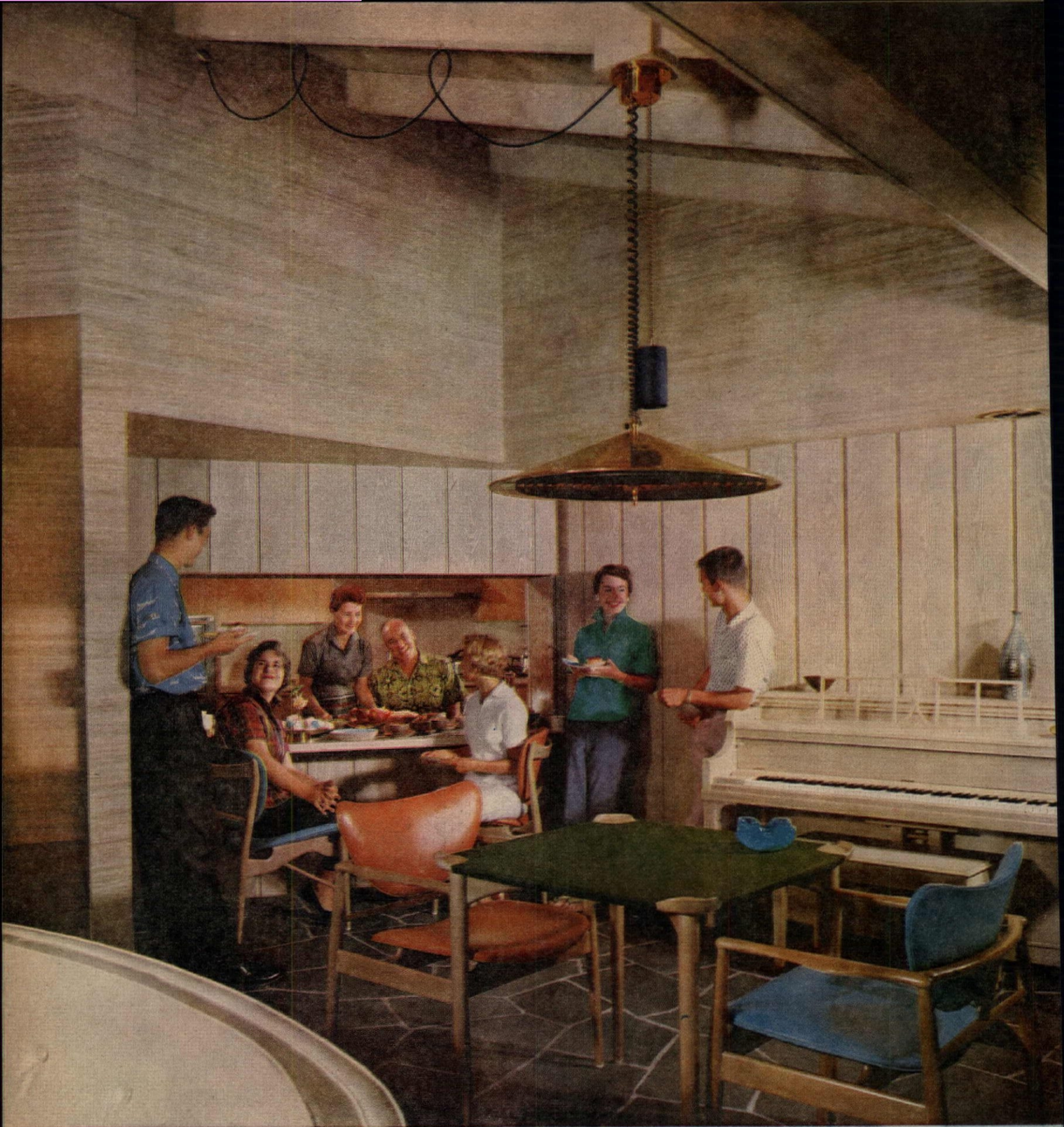
Of course, America has changed since then. And changed mightily. A whole new crop of American families (some 42 million strong) has grown up since Grandma's day . . . families piled high with kids and feeling their oats. And they've moved back into the living room.

But the living room of yesteryear hasn't been able to cope with the likes of these. For these are families with boundless energy who like to work, play, live—family style, and to the hilt—and let formality take the hindmost.

That's why the invasion is on. The living room is bustin' out all over, spilling forth into the kitchen, the dining room or the bedroom, taking over upstairs, downstairs, and even outside.

This new living room goes by a variety of names. There's the kitchen-living room, the dining-living room, the bedroom-living room. Or it's the family room, the recreation room, the lanai or patio living room. But by any name it's still a living room . . . a place that means exactly what it says.

Where *is* this living room? It's just about everywhere. Just turn this page and see . . .



SNACK BAR opens between family recreation room and kitchen. Here, Mrs. Keller serves lunch to Mr. Keller, Betty Anne and friends.

Hub of the House

LIVING ROOM (continued)

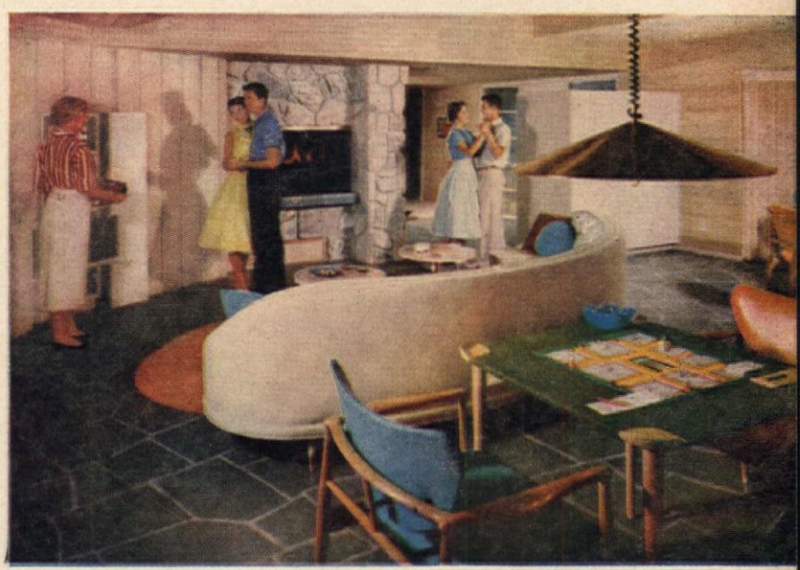


DINING AREA is open to living area but divided by thin wall from breakfast and snack bar area at right. Furniture is stone color with turquoise and melon leather upholstery.



SLIDING GLASS DOORS separate recreation room from terrace. Paneled wall houses tape recorder, hi-fi radio-phonograph and TV.

The American living room has taken off in every direction . . . assumed all shapes and sizes . . . and thrown conventional notions of what a living room should be into a cocked hat. For the Alfred Kellers of Pacific Palisades, California, the entire house is built around the living room . . . becoming supreme headquarters for every facet of their family living. From it, all other areas flow . . . kitchen, bedrooms, dining area, hobby room, terrace and pool. As you can see, it's a fun house for a fun-loving family. Actually, the living room is divided into two main areas . . . the family-recreation room (usually occupied by daughter Betty Anne and friends) and what might loosely be called a living-room theatre. (You can gather right here PLEASE TURN THE PAGE



LARGE CURVED SOFA faces fireplace, divides conversational area and game area. Betty Anne dances with friend at far right.

OUTSIDE VIEW of the Keller home shows how entire home centers around living area. Bedrooms are at left, kitchen and hobby room are at right. Dressing rooms for bathers are located off kitchen.



Hub of the House

that Alfred Keller is an avid home movie fan!) Both areas lead to the terrace and pool through separate sliding glass doors. The open floor plan divides the two areas with a jutting wall. On the family-room side, the wall houses a fireplace, barbecue grill, built-in TV, high-fidelity radio-phonograph and tape-recording unit. What a windfall for teenagers! The other side—another fireplace and a louvred loud-speaker system.

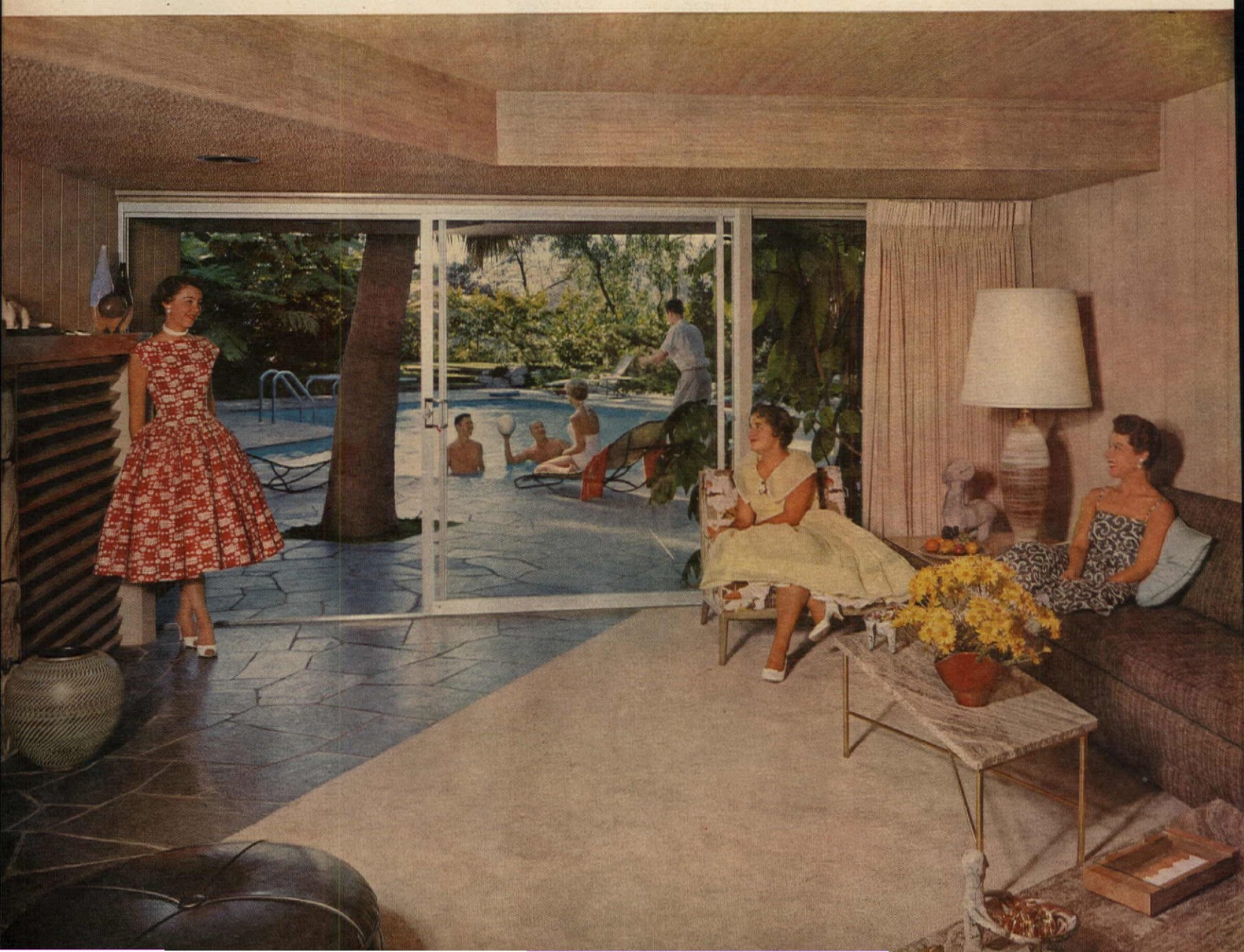
The beauty of this arrangement is that it allows family and friends of all ages to settle down to the wonderful business of having fun—*all at one time*. There's hardly an excuse ever to leave home—because everything's right here!

Take the family recreation room. There are areas semi-divided for family dining, for games, for conversational relaxation, and still another area that includes a pass-through counter to the kitchen. Here's where breakfast, informal luncheons and snacks are served. Dancing anyone? You can dance all night—on a polished slate floor that runs, quite romantically, clear out to the terrace and swimming pool.

And what happens to the elder Kellers on such a night as this? Most likely, they go to the movies in the very next room. Note at the lower right the embroidered panel that covers the projection room-ports and the remote-controlled screen that ingeniously drops from the ceiling above.

Just why does this living room seem to fit the Kellers so perfectly? Because it was slowly and deliberately planned

LIVING ROOM THEATRE looks out on pool. Here, Mrs. Keller chats with daughters Betty Anne and Valerie (standing).



that way. This is not the first home the Kellers have owned, but it *is* the first house they have built. Several times they were at the point of breaking ground only to have some unforeseen emergency call a halt to the proceedings. The delay, in spite of its disappointments, had its advantages. It gave the Kellers time to analyze just what they wanted in a home. Mr. Keller had his heart set on his own particular hobbies—home movies, hi-fi and home workshop. Daughters Betty Anne and Valerie (who has since married) wanted a place to entertain friends. Mrs. Keller craved a nook for sewing and arts and crafts. In family conclave, each family member's interests were weighed and in most cases provided for. Alfred Keller also made another important decision. At the same time he started work with architect Charles Kennedy, he chose and employed landscape architect Joseph Copp, and interior decorator Jerry Alsobrook (shown below in two of their many "think" sessions). If only more home owners could realize the advantage of this foresight! This team of professional experts worked harmoniously to fill the requirements of the Keller family. Their tastes in architecture, landscaping and interior decoration were contemporary. "Let's slingshot *sterile* modern," requested Alfred Keller at his first conference with his technical advisors, "and borrow the less extreme aspects of modern—an open floor plan, and glass walls, as many as we dare use, without sacrificing privacy for light and outlook." It took time and no doubt some doing to work out the house plans, but the result is a graceful modernized version of a U-shaped house that fits the Kellers to a T!

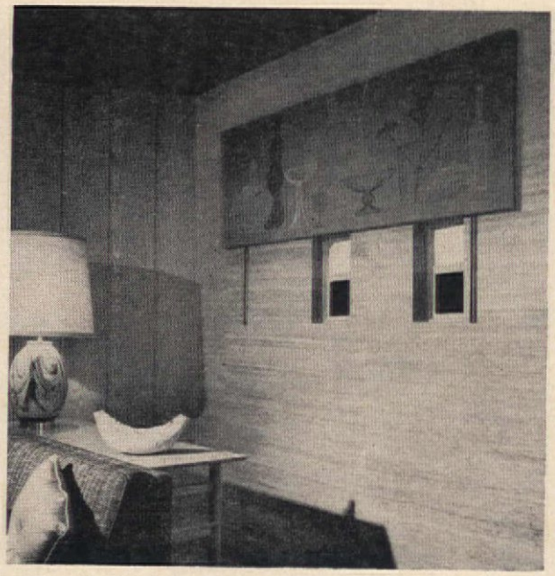


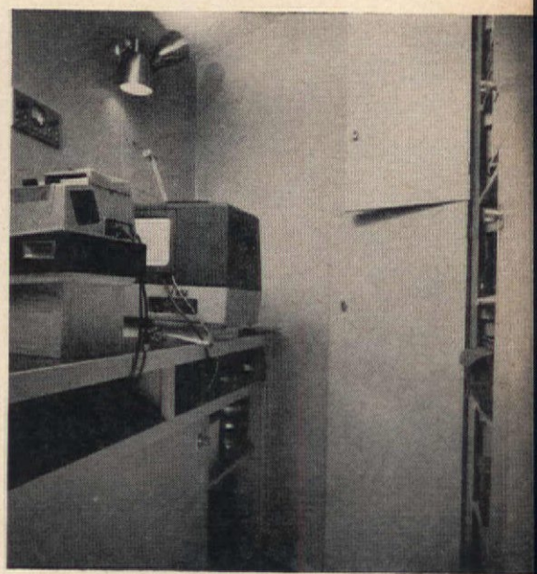


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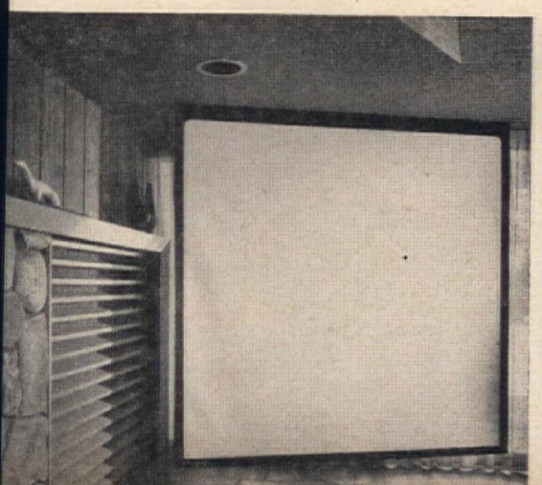
ARCHITECT: CHARLES P. KENNEDY • INTERIOR DECORATOR: JERRY R. ALSOBROOK • LANDSCAPE ARCHITECT: JOSEPH COPP, JR.

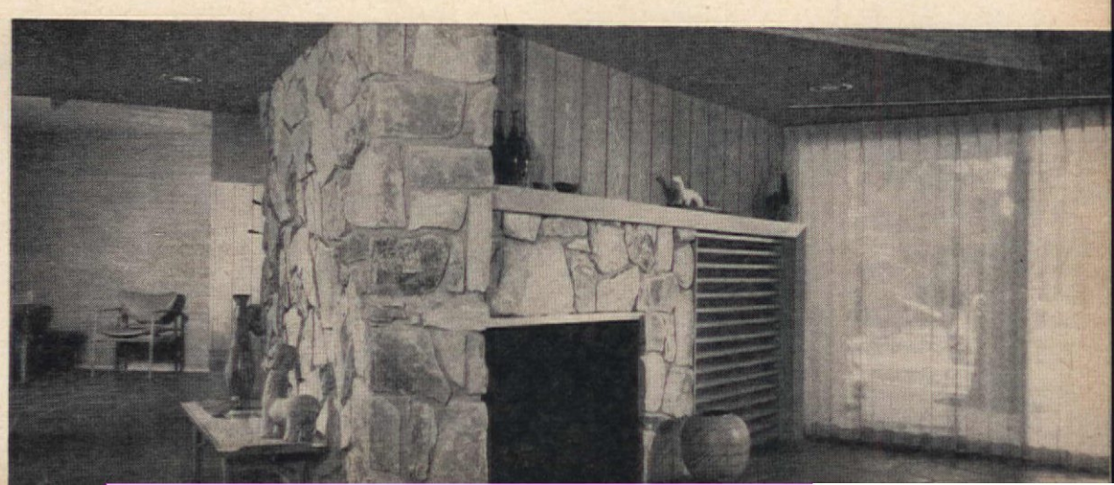






PROJECTION BOOTH for Mr. Keller's favorite hobby is located behind rear wall of room. Embroidered panel covers projector ports. Panel is motor driven and raises or lowers on a metal channel track and is controlled by a switch in the projection booth. Picture at far right above shows interior of booth. Scenes below show opposite end of room with jutting wall and fireplace that separate two living areas. Natural linen draw curtains shut off view of pool and terrace. Projection screen is housed in ceiling, drops down by remote control switch in booth when movies are in order. Projector utilizes speakers of the hi-fi system located in the louvred grill next to the fireplace.

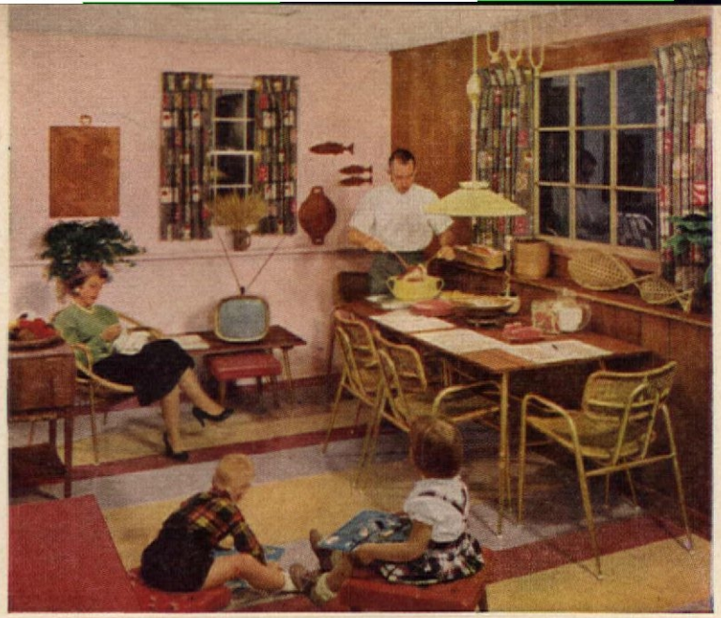




Split-level Retreat

The Lanyon recreation room is on the lower level of their front-to-rear split level. Room overlooks pleasant garden in the rear of the house.





SUNDAY-NIGHT SUPPER is served by Bill Lanyon to his wife Prudy, Billy Jr. (age five) and Cindy (age three). Food is served from an enamel-on-metal casserole that is kept warm on an electric hot tray.

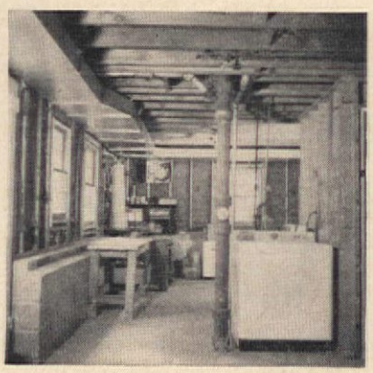
There are times when it seems the only place to go is down. We speak not of moral integrity but of the moment when a family decides it has to have more living room. There are countless families like the Bill Lanyons of Armonk, New York, who—when the children came along—moved from city apartment to suburb. Their new 3-bedroom split level was fine as long as Billy Jr. and Cindy were crib-size. But soon the pitter-patter grew louder. The steady stream of wet feet swelled into rivers. And for the Lanyons there was only one thing to do—*expand*. Not up, not out—but to the large, unfinished basement on the ground level which up to that time harbored little more than a collection of odd things that basements usually harbor.

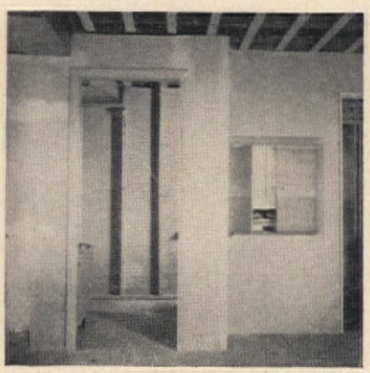
On these two pages you see what a little imagination and a lot of hard work can do to transform a basement into an attractive recreation room. Prudy and Bill Lanyon began with one thing in mind: to make their room as practical as it was handsome. They followed through with this plan down to the last wipe-clean mylar place mat. The printed cotton drapery fabric sets the mood and color scheme of the room. It was the inspiration, incidentally, for the unusual floor treatment done in variegated bands of color running across the room (to make it seem wider) and to simulate the beauty of the Swedish hand-woven floor coverings. Since this is a room that must serve both inside and out, the Lanyons chose redwood for the dining and cocktail tables. Sections are set far enough apart to allow rain to drip off outdoors. The furniture is weather resistant but lightweight enough to be easily moved (you see Bill carrying a stack of six chairs below without strain on his sacroiliac). All legs are gold-anodized aluminum which contrasts effectively with the handwoven, specially-treated rattan used in the basket chair and the seats and backs of the dining chairs. Billy Jr. and Cindy get a big bang out of the vinyl covered stools. With removable legs, they, too, can be stacked when not in use.

If Bill Lanyon isn't an overly-enthusiastic do-it-yourselfer, he's a conscientious one. We asked him if he had any pointers to pass on to anyone who might take on a project like this. Said Bill, "Well, I'll start right off by warning you against your friends who say it's a cinch. It isn't exactly—but it's fun once you've started. I'm an amateur and if you are too, I wouldn't tackle the jobs that really call for a professional. Wiring, for example. We had an electrician put in the new circuit because we didn't want to overload. Remember, you need a lot of outlets for a room like this . . . TV, radio-phonograph, appliances, lamps and overhead fixtures. We got help, too, on the heating. I didn't feel qualified to install additional ducts and a cold air return. Of course, money was an item for us. That's why we paneled only one wall (to give the room a friendly look) and used dry-wall construction on the other three. My lumber-yard bill came to roughly $200. Installing studs for the new walls, firring strips for wallboard and the wallboard itself were the quickest and easiest jobs. The most time-consuming were the finishing touches . . . laying the tile, taping mouldings and trim, paneling and rubbing the tongue-and-groove V-joint redwood. We wanted a professional-looking job and brother, that kind of job takes time!



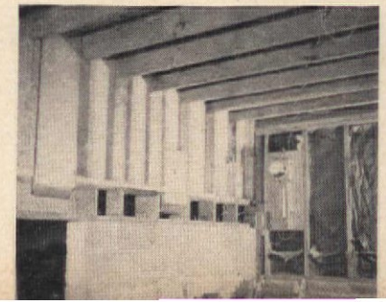
"But we think the time and the effort were worth it. And you know one thing . . . this room is absolutely child-proof!"





UNFINISHED ROOMS before Bill Lanyon started his project. Room in rear is now used as a workshop with space reserved for future bath.

BASIC CONSTRUCTION is shown here before wall board was put up. The area shown here is the same as that in the large picture to the left.





PLEASE TURN THE PAGE



FAMILY DINING is a round-table affair for sure. And it's fun in front of th hearth . . . close to kitchen but far enough away to call it a special eating noo

Emphasis on the Lower Level

INFORMATION: EDITH RAMSAY



FAMILY ROOM with family. Sandy, Leslie and Kim Boyer are within sight and earshot of the dining and kitchen areas. Room has TV, radio-phonograph, own fireplace . . . overlooks the Boyers' lovely patio terrace.

Here's another switch on our living-room story. Step inside the home of Dick and Mary Ellen Boyer and you are greeted by one of the most handsome, engaging couples in Hubbard Woods, Ill. But once the greetings are made, you are more than likely to be escorted *downstairs.*

You see—living for the Boyers is on two levels—with the emphasis on the lower. It all started when they chose the site for their home. They picked the edge of a ravine—not a sharp precipice hanging over a small Grand Canyon but a pleasant, sloping piece of property overlooking the rose garden of an old estate.

Time was when anyone wanting to build on a hillside was considered slightly daffy. The only way to become a respected member of the community was to put your house up on stilts and pretend the slope wasn't there. Not so for Dick and Mary Ellen Boyer. They tried their level best to be unlevel . . . following the contour of the land, preserving the rose garden and letting the fluid, informal design of the house become a lovely asset to the irregular terrain. Living, therefore, is on two floors. You enter the house *upstairs* into a large living room with the bedrooms leading off. This room is actually a buffer. If the children take over the downstairs during the daylight hours, the Boyers do their entertaining up here (and they do a lot!). In the evening, the whole thing works vice versa.

But the bulk of *family* living is done downstairs. And what you find there is amply illustrated on these pages. You see the stairway in the picture just to the left. That's Sandy, Leslie and Kim Boyer watching television in what is known as the family room. The same room can be seen leading off from the dining area on the opposite page. The dining area is separated from the kitchen (see below) by a very convenient peninsula with base cabinets that open toward the kitchen and a glass-door wall cabinet that opens either way.

For Mary Ellen Boyer, the most wonderful thing about her home is that it neither ties her to her own apron strings nor limits her interests to humdrum chores. Housekeeping is that simple. In fact, Mary Ellen finds time to be a full-fledged partner to her artist husband as his treasurer. Dick Boyer is a top-drawer photographer—the first photographer to win the Chicago Artist's Guild's coveted Brush Award.

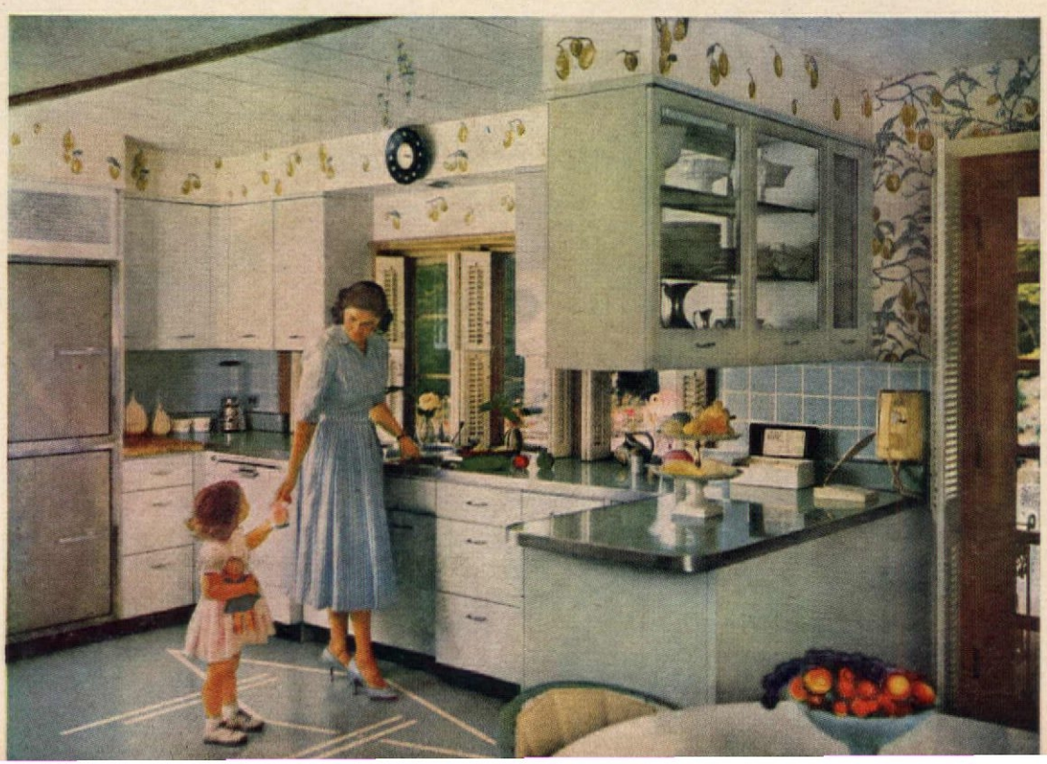


Kitchen has two ovens and surface units.

But as you can see, this husband-wife team is only a part-time job for Mrs. Boyer. Her main interests are her three bright youngsters. Mary Ellen shoulders the load of cleaning, cooking, laundering, ironing, sewing and shopping. But these family chores do not mean hours of endless drudgery. The relaxed, informal design of her home has streamlined housekeeping, giving her time to devote to the things she loves most: her husband and her children.

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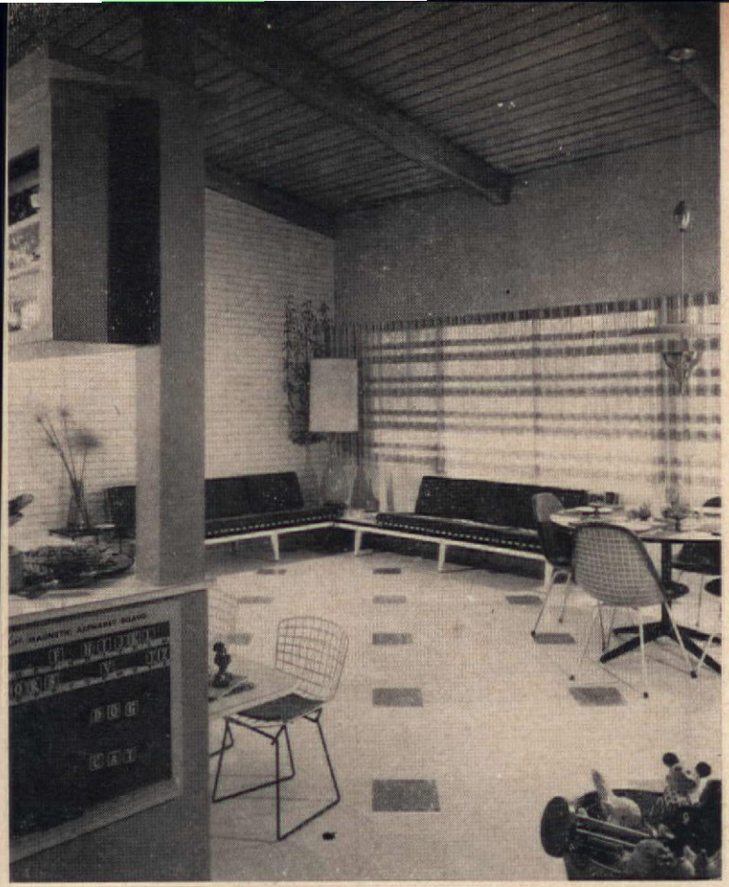
Glass-door wall cabinet is handy for loading dishes from kitchen side and setting table from dining side. Large, separate refrigerator and freezer units are at left. Laundry and utility room is just off the kitchen.



Surrounding the Kitchen

PLAY AREA in front of pass-through counter permits Valerie Barnett to do two jobs at once. Here she prepares family meal while watching over three-year-old Neil.





SOFAS against wall leave area free for play. Dining area is at right.

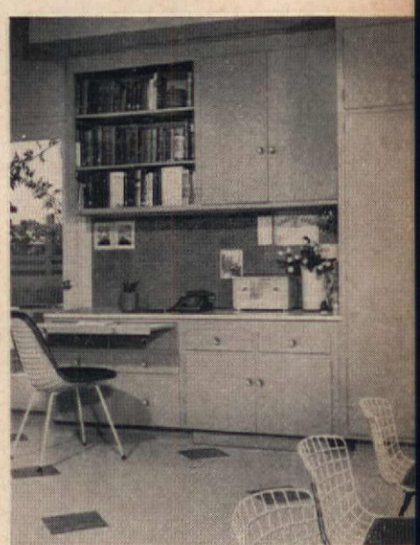
Someone's in the kitchen these days—and it isn't Dinah. The day of the servant—the cook, the maid, the butler, the butler's butler—is gone. Passé. Fini. Walk into a kitchen in this year 1958 and more than likely you find the lady of the house. For Mommie is now her own chief cook and bottle washer. And a pretty glamorous one at that.

Something else has changed since the passing of the servant. There's been a quiet revolution going on in the kitchen itself. When Dinah got her last paycheck, the American housewife was not the one to sit back on her laundry basket and bemoan the load that had befallen her. She put her *kitchen* to work . . . streamlining it from stem to stern . . . loading it with pushbutton efficiency. And while she was at it, she transformed the lowly scullery into a beautiful glamor spot. Today the kitchen is no longer just a kitchen. As you see here in the home of Mr. and Mrs. Mervyn Barnett of Los Angeles, California, it takes on a full share of family living—and family upbringing. The Barnetts, like scores of other American families, have no reason to mourn for the good old days of the servant. They wouldn't know what to do with one if they had one. Their home is *designed* to be servantless. And quite frankly, they've grown accustomed to the idea and they like it. There's something very satisfying, they find, in bringing up their own children, running their own household, digging their own garden and planting their own trees.

WIDE COUNTER is plastic covered, provides ample room for preparing or serving food. Range, oven and washer-dryer are within easy reach in the rear.



Mervyn Barnett is a decorator by profession. So quite naturally, he designed his own kitchen-living room. Right off the bat, he had a twofold advantage: first, he knew the needs and requirements of his own family and secondly, he had the professional skill to carry them out. The Barnetts have four children . . . Neil, Paul, Anna and Colin, who range in ages from three to seven. Keeping an eye on four at such tender ages might seem an overpowering, full-time job to many a mother, but it doesn't faze Valerie Barnett—thanks in large part to the care and planning that went into the room. Measuring a spacious 22x16 feet in size, the living area adjoins a compact pullman kitchen. The pass-through counter allows Mrs. Barnett to keep tabs on the children at play while she tends to other household jobs. Note that the counter is a small built-in nursery in itself. Just the right height for children's meals, and with plenty of room for books, record player, paper and crayons, maps and blackboard. The wall adjoining the kitchen (at the right) has a large built-in desk with cork pin-up board, bookshelves and drawer space. And underneath, a handy toy bin so the children can store their favorite toys without having to leave the room.



BUILT-IN DESK has handy roll-out toy bin (see below).



The idea of concentrating the children's activities at close range is not the only reason why this kitchen-living room is worth its weight in servants. Behind that counter is a treasure trove of gadgets and equipment. Everything's there—from built-in oven to garbage disposal to washer-dryer. The Barnetts were wise, too, in their choice of materials, fabrics and accessories. The draperies are woven wood—good-looking yet easy on the upkeep. And speaking of carefree housekeeping, notice the vinyl flooring and the plastic-covered counters, dining table and chairs. The room is a crisp white with grape color accents on the floor, upholstery and draperies.

Does Valerie Barnett feel a crying need to ring for Dinah? Not one iota. We like to think that Dinah is now in her own kitchen—one that's just as nice as this one. THE END

INFORMATION: BARBARA LENOX

Can you live with  *YOUR DECORATING SCHEME?*

LEE LEARNER GRAY



It was M-Day for the Grays—"Moving Day"—into a spanking new house that seemed so crisp, fresh and streamlined compared with our dingy high-ceilinged apartment with its dust-catching moldings and radiators.

"Don't!" I said to my two-year-old as we walked in the door, laden with the bird cage and two fine porcelain lamps. "Don't touch the wallpaper in the foyer!"

"Don't!" I repeated as we entered the kitchen. "Don't kick that chair leg!" The new dinette set had a shining, vulnerable black finish.

That was only the beginning. From that day on, everything was one long "Don't" punctuated by lesser "No's" and "Please's." At first I saw it as a dismal melodrama, with my small son cast as villain and our new house as the victim. But before long I realized it was a comedy of errors—mostly mine.

I had set up a decorating scheme without really considering our living scheme. Everything was terribly impractical. True, I'd been right about some things. The children's room was papered in an inexpensive nursery print. Its curtains could be tubbed and rehung without assists from the ironing board.

But in the rest of the house, my decorating had ignored our pattern of everyday living, which revolved largely about my small son. Neddy disliked playing alone in his own room so he dogged my footsteps, dragging his toys from kitchen to bedroom to living room as I did my chores. So the nursery was spotless; the wallpaper remained unmarred; the curtains were seldom touched by sticky fingers. But the kitchen wallpaper was a rogues' gallery of Neddy's prints and baby brother's Pablum. The antique shantung curtains in the living room, which separated a curious boy from the activities outdoors, were creased and wrinkled. Meanwhile I fussed over every smear and blemish, contenting myself with daydreams of how I'd redecorate when the budget permitted.

How easily I could have spared the budget, and myself, if I'd planned well in the first place. Now that I've learned the hard way, here are some pointers you may be able to use to advantage:

First, look at the layout of your home. What happens to incoming traffic? Do you enter a foyer, a corner of your living room or an alcove of your kitchen? Where will your family eat every day—in the kitchen or dining room? And where will you entertain?

If your dining room will be the scene of family gatherings—including small fry—think twice before you cover the floor with perishably pale carpeting or an expensive rug.

If your front entry leads directly into the living room, don't say hopefully, "We'll train the children to use the back door so they won't ruin the carpet." Instead, think of your own friends' wet galoshes on a snowy night and you'll decide something more practical is needed—at least in a small entry area.

Just because you're coming up with more "practical" requirements than you assumed in the beginning, is no reason to believe that everything's going to be drab and dull. Washable wallpapers come in gay, formal or sophisticated patterns. Or, if a non-washable paper catches your fancy, you can spray it with plastic to make it scrub-proof.

The range of floor coverings in the easy upkeep department is just as wide, like cork and vinyl tile, cotton scatter rugs and easily cleanable wool or combination fiber rugs.

For curtains, bedspreads and upholstery there are miracle fibers aplenty and sturdy cottons, denims and corduroys you can let your washing machine worry about.

And if you're in the market for new furniture you might choose a dining table with a wood-grained plastic top and side chairs covered with a tweedy plastic that is barely distinguishable from a woven fabric.

The possibilities are endless. And what's wonderful about it is that your rooms won't shout, "Look how practical I am!" when the last curtain is hung. Instead they'll look warm and livable. Your friends and guests will label them easy on the eyes. Only you will know how easy they are on work and energy.



Where Will I Park?

If the question has a familiar ring in your jam-packed driveway why not build an off-street parking area?

When Henry Ford first rattled along the cobblestone streets of Detroit in his model T, he probably had good reason to feel he was starting something. And he certainly did. But we doubt if he ever would have predicted our present-day 64-million-car parking problem. Nor would he have thought the knotty question of "Where can I park?" would one day come home to roost in our own front yard.

But let's take a look at what's been happening. First of all, you're probably doing more entertaining than ever before . . . and you know that nowadays everybody comes by car. Secondly, chances are, you now own not just one car but two—or possibly three. And then, of course, the town hasn't helped matters by declaring many streets off-limits. No wonder *off-street* parking was bound to come!

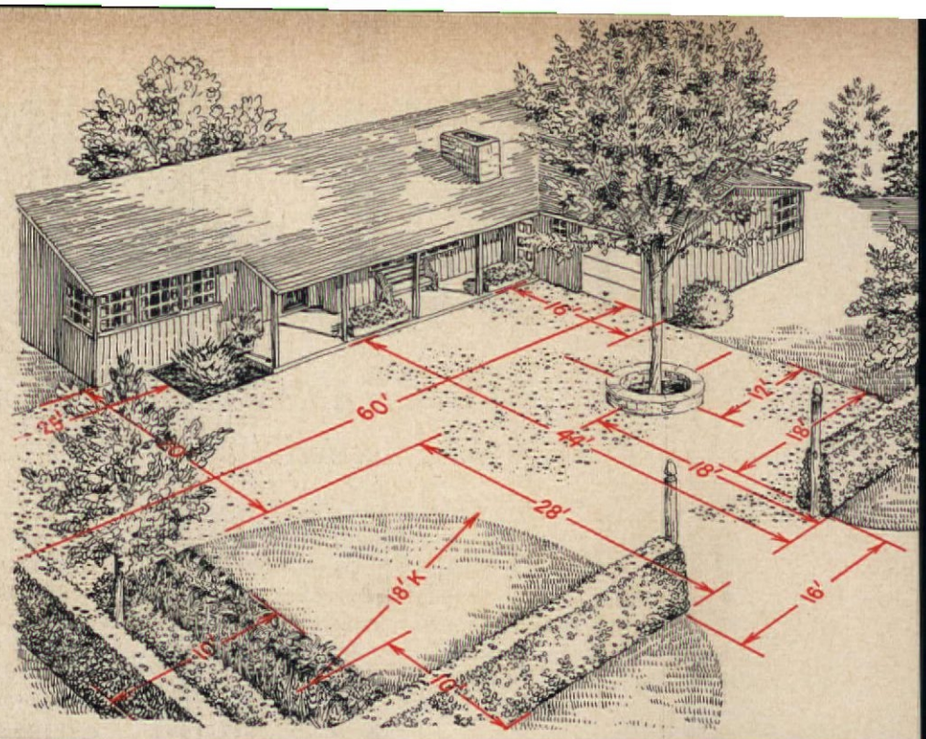
But take heart—things born of necessity need not be the eyesore of the neighborhood, as the pictures on the next pages will prove. Your parking area can be as lovely as it is functional. So we suggest that if you are buying or building a new home, if you are remodeling the house or re-landscaping the front yard, side yard or back yard, you consider using a good part of the space for a parking area. The shape and size will, of course, be determined by the space available, the number of cars you'd like to accommodate, and your own taste in design. Each standard size car needs a space of almost 10x20 feet, and its tightest turn takes a sector of a 45-foot circle. The cost will depend primarily on the amount of bulldozing to be done and your choice of paving materials . . . concrete, macadam, gravel or crushed stone. Prices are sure to vary in different areas of the country.

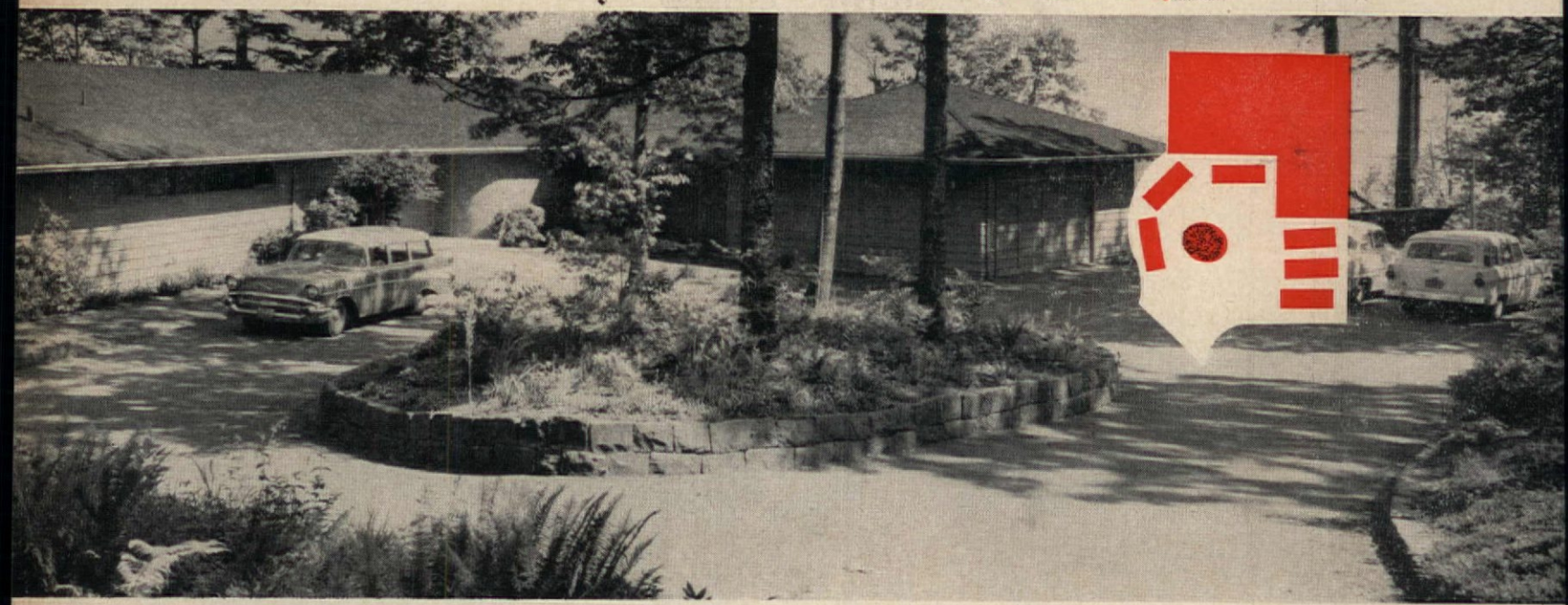
If you are re-landscaping, we suggest you move shrubs and other plants to a temporary spot. If you are starting from scratch and there's pressure on the budget, you'd be smart to buy trees, shrubs and plants in small sizes and plant them with plenty of room to grow. PLEASE TURN THE PAGE



Where Will I Park?

Landscape Architect Henry B. Aul shows how to design the front yard of a 100-foot lot for off-street parking. This area will accommodate five cars if any one of them is to get out first, nine cars if the outermost cars are to be moved first. Note that a garden effect is retained.





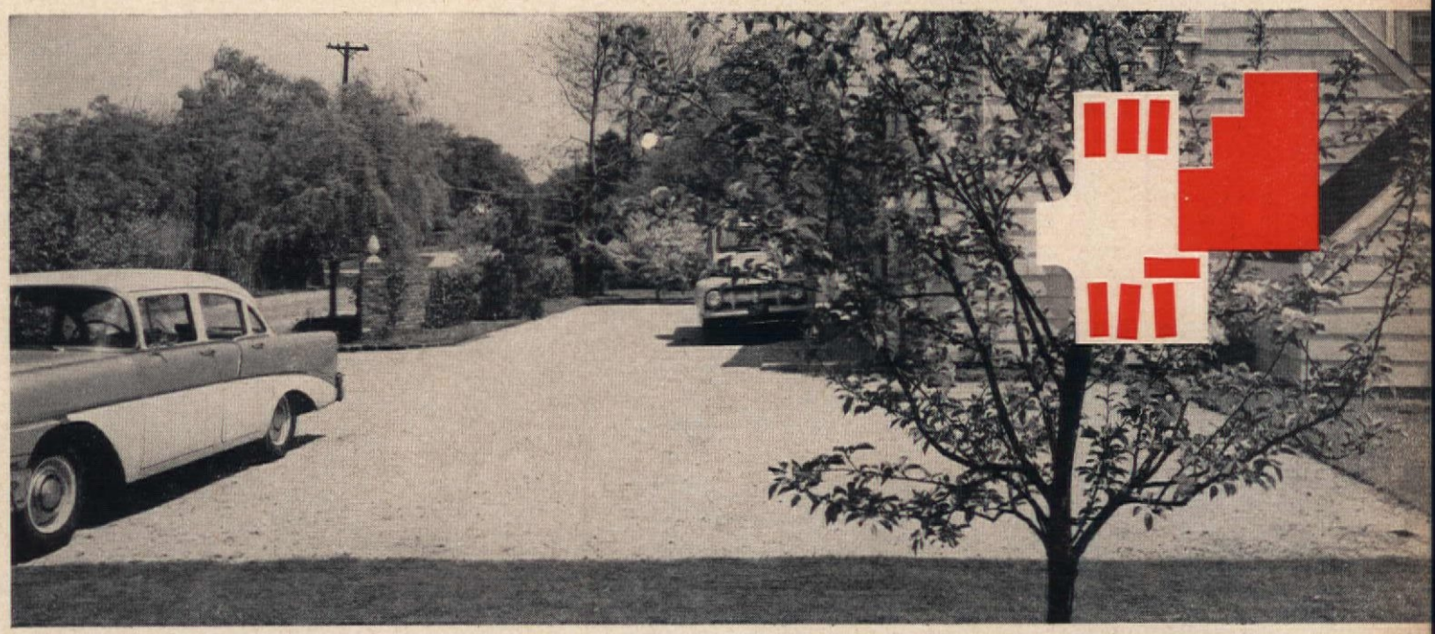
PORTLAND, OREGON: An island of trees, shrubs and native plants, circled with stone blocks, helped preserve the woodsy setting when this macadam parking area was built. Native plants surround it also. It's the home of the C. Wade Hansons; Walter and Florence Gerke were landscape architects.



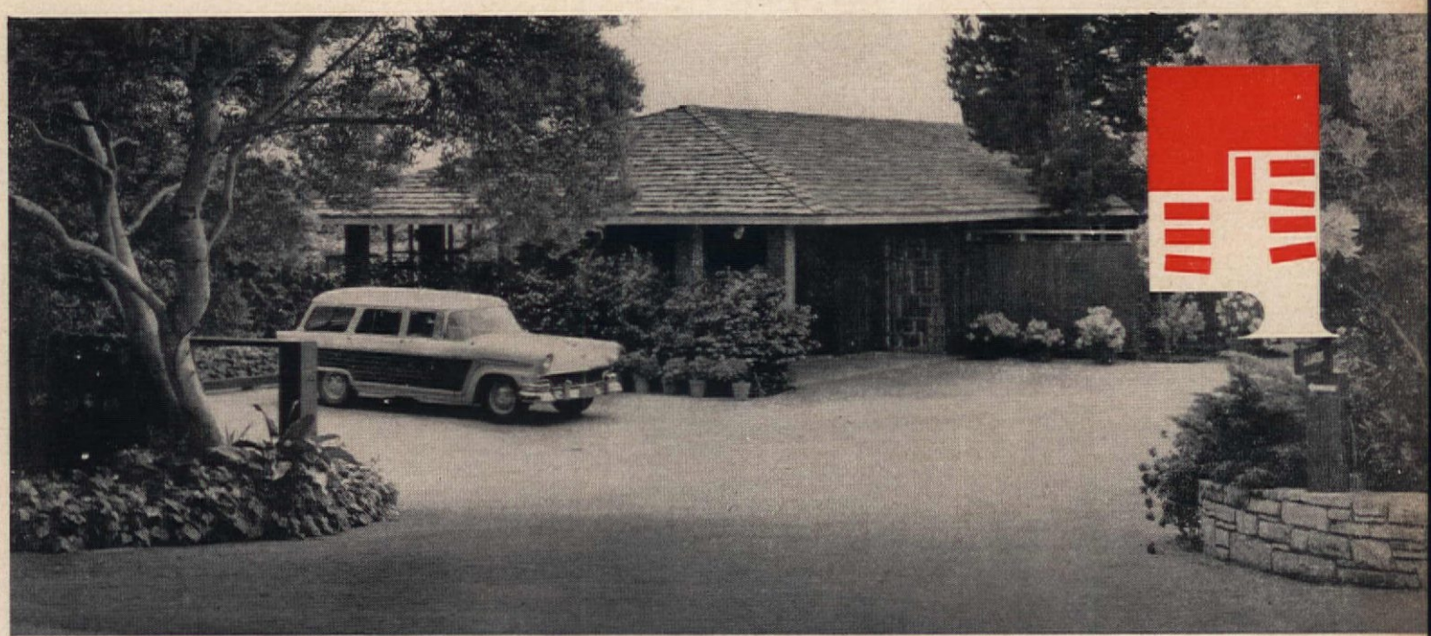
WINNETKA, ILLINOIS: Pea gravel was used with remarkable effect in the landscaping of this contemporary home on the North Shore just outside of Chicago. The parking area spreads out from the broad driveway and adjoins the carport. To the right, the native trees were supplemented with various shrubs; to the left, not visible in the picture, a gravel "lawn" was laid out and accented with small trees, shrubs and two stone walks.



HIGHLAND PARK, ILLINOIS: The turn-around and parking area at the Sidney Wexlers' home, viewed here from the front door, is well designed to provide ample space, easy ingress and egress. Garage entrance is at the right. The landscape architect was M. W. Matz.



LAWRENCE, LONG ISLAND: Mrs. C. P. Dixon designed this crushed-stone parking area at the front of her house and used flowering cherries, crabapples, wistaria and evergreens in the landscape. A serpentine brick wall faces street. Dalsimer, Inc., were landscape architects.



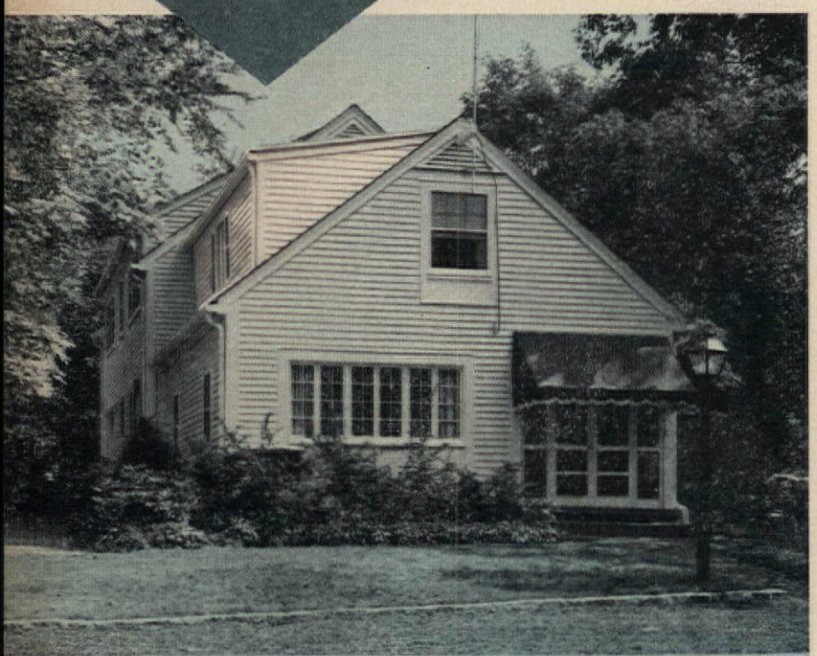
CARMEL, CALIFORNIA: A large macadam parking area takes the place of a front lawn at the home of Mr. and Mrs. J. J. Jacobs. It's made extremely attractive by a wide variety of plants, including rhododendrons, camellias, acacias, leucadendrons, purple plums, aralias, acanthus, geraniums and cinerarias in pots, Algerian ivy and Savin junipers as groundcovers. Thomas D. Church was landscape architect.

THE END

GAIN A NEW

HUBBARD H. COBB

WHAT YOU GET



IN ORDER TO HAVE ROOM FOR VISITING GRANDCHILDREN, Mr. and Mrs. Whitney H. Roddy of Essex Falls, New Jersey, added dormer for extra bedroom space. In order not to detract from the appearance of the house, the dormer was put on the back roof. Identical siding and paint in a color matching the original house was used to blend in the addition as much as possible. Though the attic had a window at one end, it did not admit enough air or ventilation to make the space comfortable year 'round. Adding large shed dormer, rather than windows, doubled the living area.

VIEW OF NEW DORMER ADDITION shows children at play in spacious bedroom with large window that gives plenty of light. Slightly sloping ceiling gives plenty of headroom for adults and still provides enough slope for proper drainage for the roof. A variety of types and sizes of windows for dormer additions can be bought from lumber yards. These are complete windows, consisting of sashes, frames and trim and should present no great problem in installation for a competent craftsman.



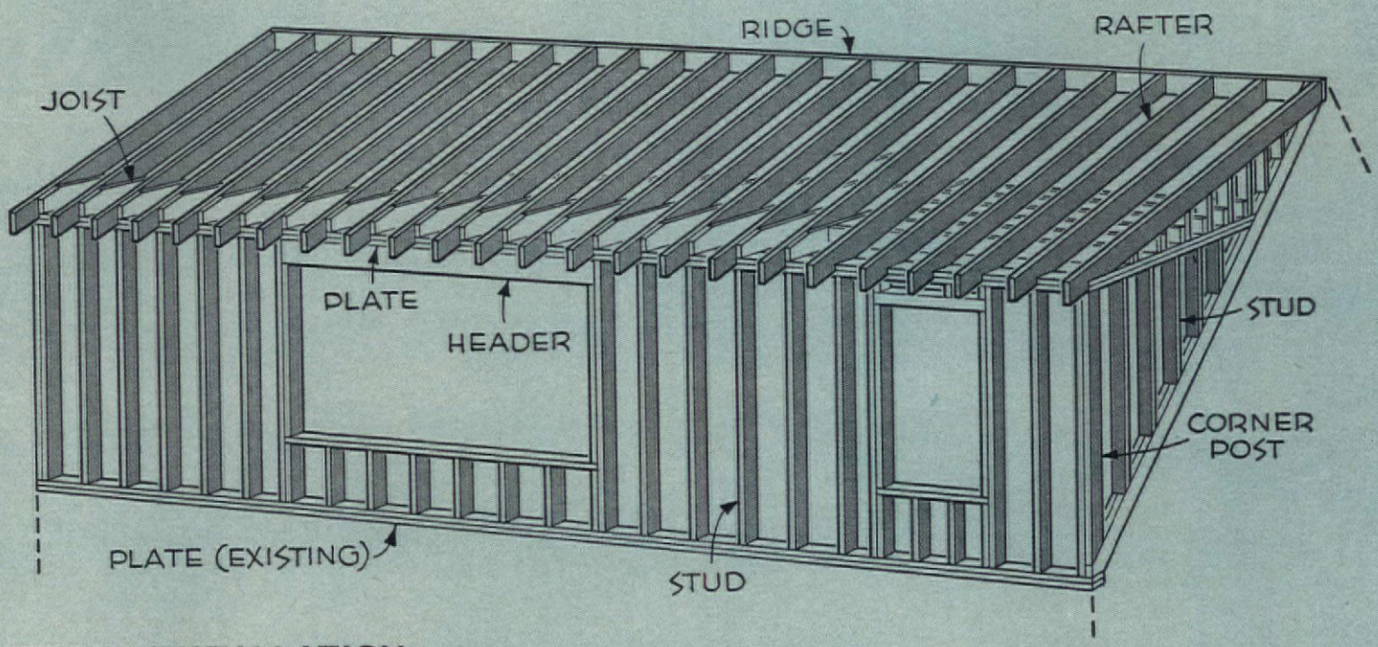
HOW YOU DO IT

If your house has an attic, one of the best and least expensive ways to gain added space, light and head room is to build a dormer. The one shown here in the sketch and photographs is a shed dormer covering nearly the entire area of the roof and opening up a large attic area. Where you have enough space in an attic and light and air are the primary needs, dormer windows rather than a shed dormer should prove sufficient.

While dormer windows along the sides of the roof will add to the livability of any room in an attic, it should also be remembered that this type of window will make a decided difference in the outside appearance, even to the point of changing the overall design of the house, sometimes making it appear out of balance. Just what the result of this addition will be is difficult for the average man to visualize. Therefore, it is often wise to consult an architect on this matter before reaching a final decision.

Something else to consider is the proper construction of a dormer. Since it's a rather large project it requires the removal of a part of the roof as well as cutting out some of the roof rafters. If you haven't had much experience at this kind of work, it might be better to hire a skilled carpenter for the job. If you do decide to undertake it, don't forget that most of this work will be done while on the roof, so proper scaffolding should be built so you can work in safety and comfort. And as the roof will have to be left open for a considerable period of time, try to do the job in warm, dry weather, if possible. In any event, a tarpaulin should be ready for use to cover the opening in case of rain.

On examining our sketch, you can see that the opening in the roof is framed with double rafters. When locating your dormer, try to place it so that the roof rafters will form the two sides. Then double these by spiking rafters of the same size to them. The plate on which the rafters rest is doubled as well as corner posts and headers over windows. Studding forming the sides of the dormer is supported by double roof rafters on each side. Dormer windows can be built with a pitched roof or with a flat sloped roof. Large dormers, such as the one shown here need the flat, sloped variety. The outside ends of the dormer roof rafters are notched so they will rest flat on the plate. The notch adds strength and also thins down the ends of the rafters to suitable thickness for the eaves. Other ends of rafters are cut at an angle so that they fit snugly against the roof ridge board. Joists further strengthen dormer and provide nailing base for ceiling. Joists are nailed at one end to plate and rafter, at other end to rafters on opposite side of roof. Sheathing, roofing and siding are installed over framing.



TYPICAL INSTALLATION

ROOM WITH A DORMER

LOOKING TOWARD THE ENTRY TO THE BEDROOM you can see how the available space under the roof line was adapted for storage closets. Sharply sloping ceiling and knee wall at right show lines of old roof at the front of house. A full-height clothes closet would have been impossible without a dormer addition. Built-in closets, cupboards and drawers along sloping walls are an ideal use of this space which is too low for other uses.

VIEW OF BEDROOM FROM ENTRY shows how easily new room accommodates twin beds with room to spare. Resilient tile floor blends easily with Colonial furnishings and decoration and is a boon for children's rooms because it's so easy to clean. Tile's sound-absorbing qualities also make child's play less noisy. Window on the far wall is part of the original house structure and was, of course, retained to insure cross-ventilation. These rooms directly under the house roof should have maximum insulation between roof rafters to maintain comfortable temperatures.





50-YEAR-OLD HOME

Undaunted by its age, this Spokane home

If ever an old and dated house was remodeled with inspiration, it's the home of Mr. and Mrs. Don Klages of Spokane, Washington. More than expressing a change, the remodeled house is practically a rebirth, described with fresh ideas and new materials.

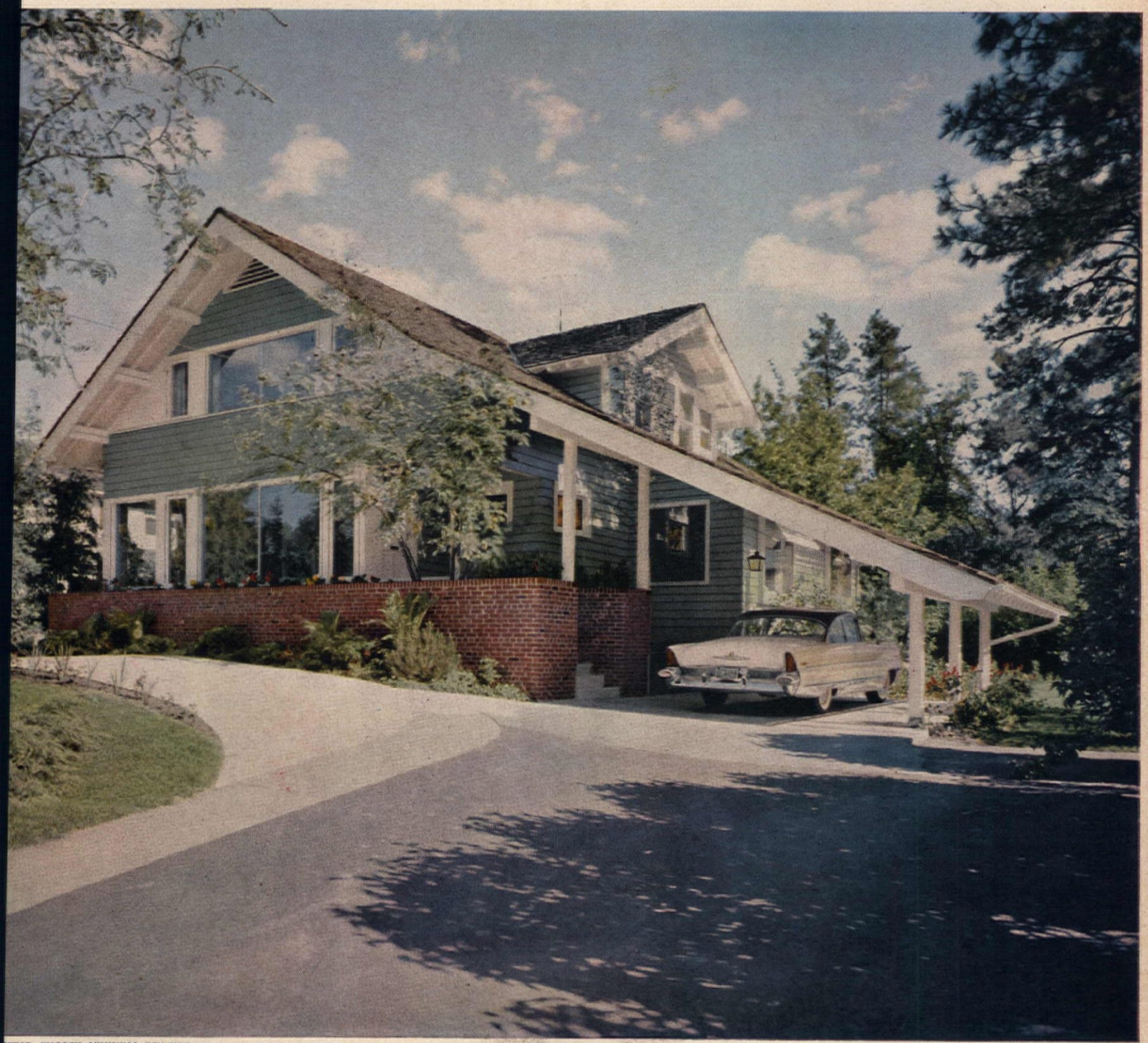
Despite the age of their old home, the Klages decided on remodeling rather than moving because of the amount of work they'd put into their large and beautiful grounds, and simply because they liked the neighborhood. But, as you can see, the house didn't measure up to its surroundings. Built about 1910, it was laden down with old-world columns, an oversized front porch, small and randomly arranged windows and ornate roof brackets. It also needed shingles and fresh paint.



The assignment architect Warren Cummings Heylman undertook was clear-cut if difficult: to create a new-looking house on the basic structure of the old one. In front, the clutter of columns, brackets and small windows were replaced with two simple bands of glass admitting plenty of light into the house and cleaning up its appearance. To rid the house of its top-heavy look, the roof line was extended down and out from the house forming a carport. A long brick planter wall across the front also made the house appear lower. Since both Mr. and Mrs. Klages are active indoor as well as outdoor gardeners, enclosing the front porch to create a garden entry also provided an excellent space to display current blooming plants from the greenhouse at the rear. New hand-split roofing, wood siding and gray-blue paint completed exterior changes.

STARTS LIFE ANEW

chieved drama, distinction—and gained a striking carport

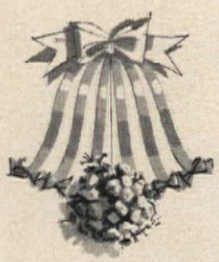


ITECT: WARREN CUMMINGS HEYLMAN

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to arrange or ju
to feast upo

FLOWER SHOW AT HOME

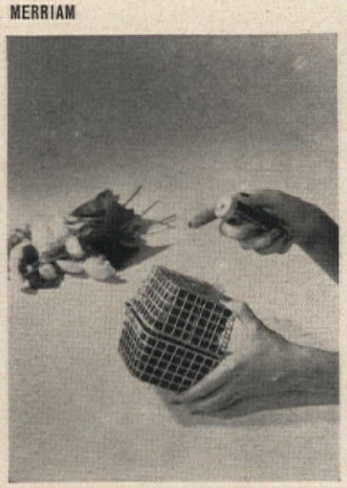


Since flowers seem to have the ability to adapt themselves to any container—be it a leghorn hat, a copper milk can or a bird cage—don't be surprised that the grocery stores are now providing us with new inspiration. If you, as some people we know, have accumulated a supply of the handy little plastic berry baskets without exactly knowing what to do with them, perhaps we can give you a hint—turn them into hanging flower baskets. It's as easy as putting two and two together. Filled with flowers (they need only a few to create a big effect), they can be most dramatic suspended from a ceiling over a table, hanging in a doorway (careful it's hung high enough) or over a window sill. For some festive occasion, try using groups of them to set the theme or put them in a spectacular light hanging from a ceiling fixture or a crystal chandelier, if you're lucky enough to have a facsimile of one.

If the occasion demands a more stately mood and background, the breathtaking bouquet on the opposite page is not only to be admired but copied. If you're still a novice in the art of flower arranging, and approximating this exalted group is beyond the scope of your present skill and accomplishment, either snip out the picture for future reference, or perhaps your local florist can help you out.

FLOWER ARRANGEMENT BY BETTY B. MERRIAM







To make our hanging basket, put a block of plastic foam (obtained at a florist) in a plastic berry basket. Invert a second basket on top and wire both together securely. Submerge in water and let stand until foam is saturated. Wind wire around both sides of baskets as if to tie a package and then suspend it from a high point. Insert flowers cut at uneven lengths. (Flowers having weak or fragile stems may be wired to a florist's wooden pick.) Add foliage like ivy leaves to break up solid mass of flowers. As finishing touch (this is optional) wire a bow to a wooden pick and insert at side.







Let's Make Taffy Dolls

There's hardly a boy or girl from 8 to 18 who won't have the time of his (or her) life pulling taffy. Recently our friends Malcolm and Jill gave just such a party, with a new twist. All the guests were shown how to mold the pulled taffy into delightful little doll lollipops. Any novice (adolescent or adult) can do the same—just follow the instructions.

THESE DOLL HEADS ARE REALLY CANDY—ORDINARY PULLED TAFFY.



1 Using a taffy recipe found in any cookbook, begin by pulling the taffy until it is whole.



2 Divide the taffy, leaving one half white. Cut the other into pieces, ready for color dyes.



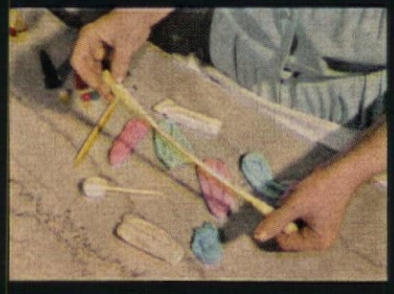
3 Pull off a hunk of the white ta and roll into a ball to shape head. Insert a skewer.



4 Shape and skewer all the doll heads. (One recipe should make about 24 lollipops.) To decorate:



5 Twist tiny dab of yellow tinted taffy to make pigtails. (Have a variety of food colors handy.)



6 Once you've fastened the taffy pigtails around each doll's head you're ready to make the hats!



7 Let the doll's hair and face su gest the style of hat – beret bonnet – anything is possible.



8 For example, blond pigtails seem to call for a Dutch-style bonnet and a matching pale blue bow.



9 Your final step is painting the doll's features. Use a toothpick dipped in food coloring for this.



10 Sometimes the simple shape of a doll suggests a personality. Stress this in painting the face.

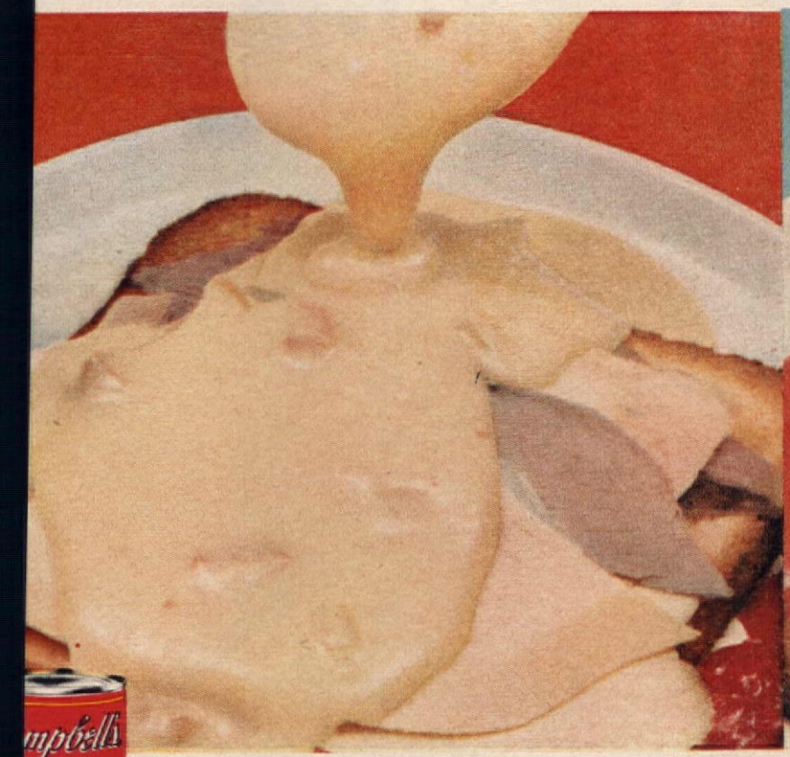


11 To prevent injury, place fi ished taffy dolls in a flowe holder or filigree of a trive



W! HOT 'N HEARTY SOUPER SANDWICHES!

elicious and easy...nutritious and inexpensive
...with 4-minute sauces made from *Campbell's Soups*





Chicken Sandwich with short-cut Chicken Sauce. Blend 1 can Campbell's Cream of Chicken Soup with ⅓ cup milk; heat. Serve over cooked chicken slices on buttered toast. Short-cut sauce for 4. P.S. Extra special good with spoonful of cranberry sauce or chopped toasted almonds.



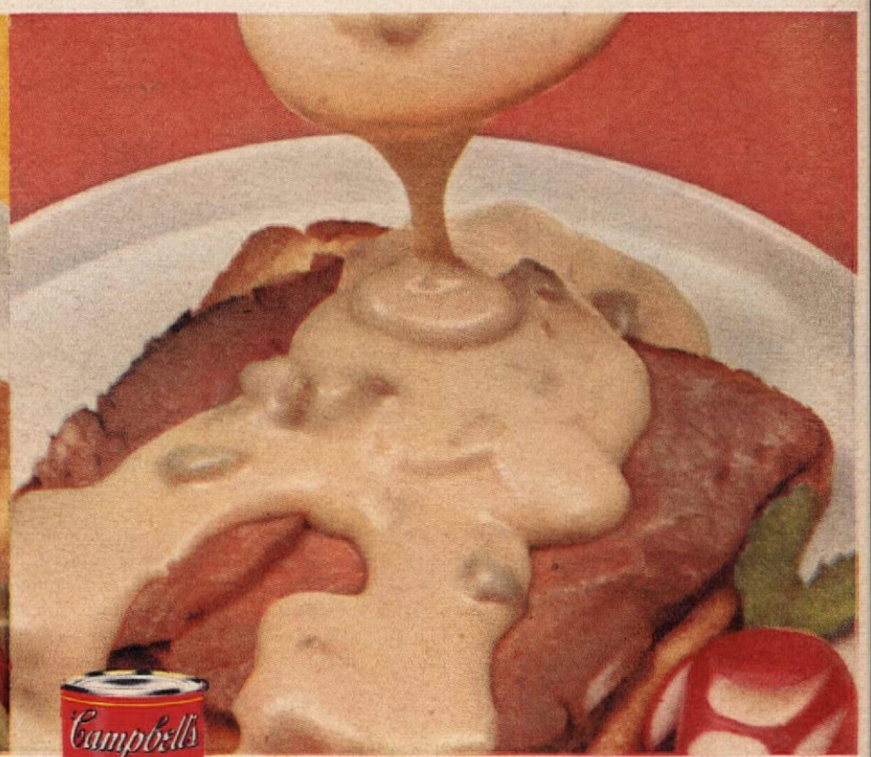


Cheese Sandwich with tangy Tomato Sauce. Butter slices of toast; put slice of process cheese on each, broil or bake till cheese melts. Heat 1 can Campbell's Tomato Soup. Pour on 4-5 sandwiches. P.S. Good with 1 tbsp. chopped pickle; or for pizza lovers, ¼ tsp. ground oregano.





Ham Sandwich with creamy Celery Sauce. Blend 1 can Campbell's Cream of Celery Soup with ½ cup milk; heat. Serve over sliced cooked ham on slices of buttered toast. This short-cut sauce serves 4-6. P.S. Season sauce with 2 tbsp. chopped dill pickle or 1 tbsp. chopped parsley.





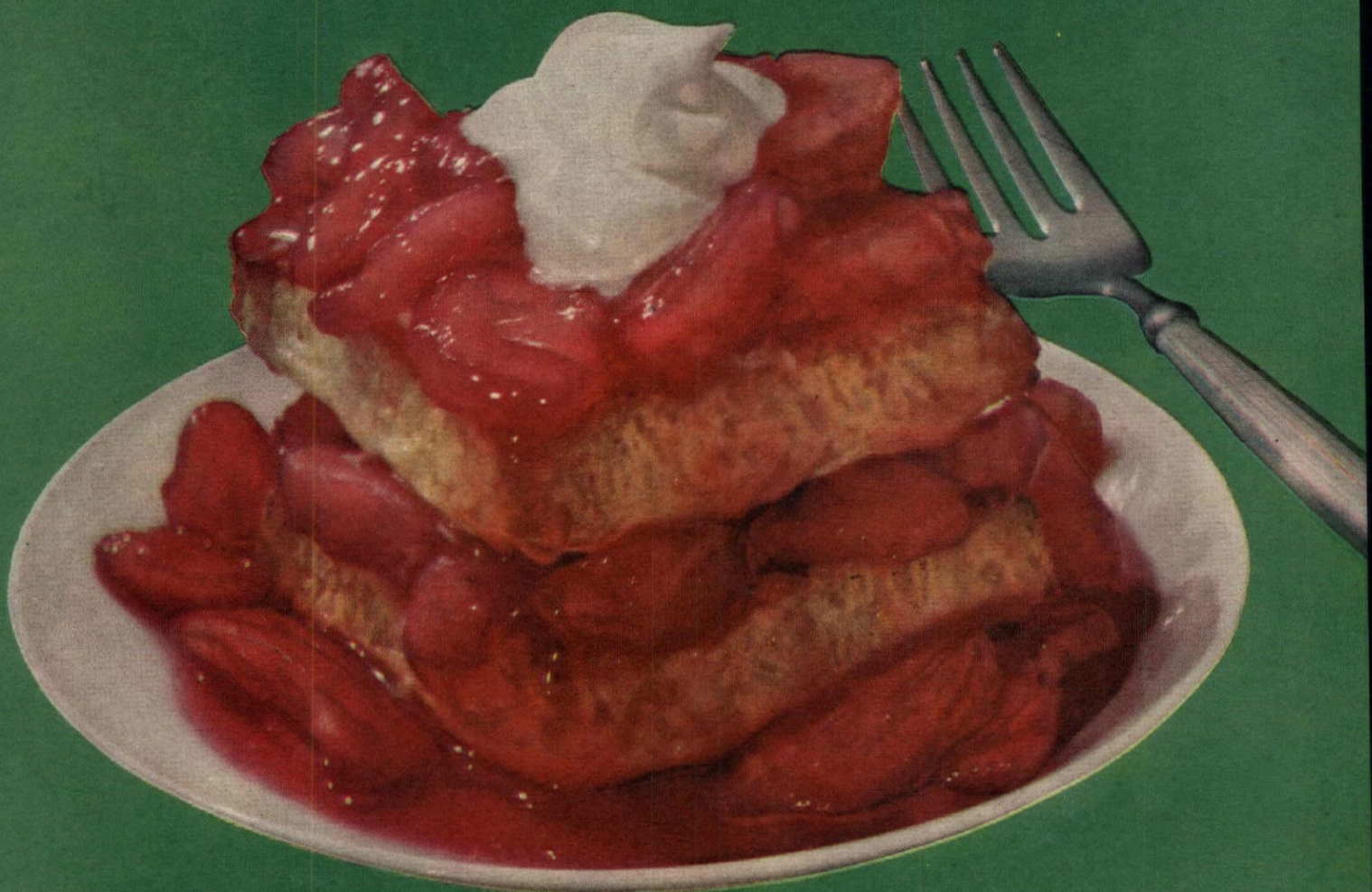
Beef Sandwich with minute Mushroom Sauce. Blend 1 can Campbell's Cream of Mushroom Soup with ½ cup milk; heat. Serve over slices of cooked beef on buttered toast. Serves 4-6. P.S. Season with 1 tsp. prepared horseradish, or 2 tbsp. chopped onion browned in 1 tbsp. butter.

ood cooks cook with *Campbell's Soups*



Thrifty, quick—Adds flavor too! Soup makes a SOUPER cook of you!

TAKE A CAN OF APPLES



For details about table appointments see "Where Credit Is Due," page

JUNE M. TOWNE

CINNAMON APPLE SHORTCAKE (above) starts off the first of our six recipes, any one of which will do much to add a stimulating change to family-proven and popular dishes. All have that all-American favorite and common ingredient apples, but in a new form—a ready-to-use canned product with the apples pre-sliced to save you time and help give consistently superior results. For little money, this is the "eatin'-est" shortcake anyone could ever dream up.

ROSY APPLE PIE (right) is a refreshing affair with the apples spiked with juicy red frozen raspberries. (Hence our description "rosy.") All of which proves that this number one favorite can take as many forms as there are cooks to bake it and people to eat it. These ready-to-use canned slices that have been cored, peeled and pre-sliced will give you a wonderful start on pies and all sorts of dishes, making anything, literally, as "easy as pie" to make. This is a dessert to remember too, for Valentine's Day or Washington's birthday.

SEE RECIPES ON PAGES 59, 60





SPARERIBS AND APPLE KRAUT (above) is a happy combination even though you might not think so at first thought. Probably no meat deserves a fruit accompaniment more than pork and, since pork is high on the plentiful foods list, now is a favorable time to put this new recipe to work. Apples are not the only surprise ingredient in this new combination; shredded cabbage and carraway seeds are baked in a casserole with the sauerkraut and browned ribs. Easy to prepare, try it as an interesting variation.



APPLE DUFF (right) is another of the almost endless possibilities based on using these handy, canned sliced apples. This recipe will do a fine job of satisfying the family's sweet-tooth, yet it's not over-rich. The tart, crisp texture of the apples is largely responsible for the great success of this recipe and then, too, APPLE DUFF is such a simple matter to mix and bake. And if you want to make this recipe into a real "party-looking" dessert, try this little trick. Color the apples with a few drops of fruit coloring when you open them and before you make the sauce.

APPLE CHUTNEY (below) is an extra for those among you who favor a relish that's highly pungent and peppery. Rich and brown and fruity, this one is a delicious accompaniment to cold cuts and luncheon meats. At first taste, it recalls the flavor of more exotic Indian chutneys, and indeed, it is particularly good with curried meats and poultry. However, its base, unlike the blue-blooded chutneys, is not composed of expensive ingredients, but of something most mundane. Yes, you guessed it—canned sliced apples.

FRIED APPLE TURNOVERS (below) are a modern form of a traditional dessert, mainly because their delicious interiors came from a can. When you make them you'll think of many ways they can be served. For a special treat put them in a cheese crust.





New fun with cupcakes



from Betty Crocker

"Gay tricks! Easy tricks! Win-yourself-a-kiss tricks! There's no end to the fun you can have with light 'n lovely cupcakes made with Betty Crocker Cake Mixes! Easy cupcake directions are right on the package. (Takes about 15 minutes to bake 24!) Then add your own decorative touches. Or start with a brand-new idea—fresh fruit to make luscious little upside-down cakes! Here are just a few ideas. You'll think of many more, I know!"



Merry-Go-Round Cakes



Use Betty Crocker White Cake Mix. Frost cupcakes with Chocolate Fudge Frosting. Trim with animal crackers. Add candles.

Snowballs



Betty Crocker Yellow Cake Mix makes these cupcakes. Frost with Betty Crocker Fluffy White Frosting. Roll in coconut.

Peach Surprise



Use Honey Spice Cake Mix, first placing in each of 14 custard cups, ½ tsp. butter, 1 tsp. brown sugar and 1 peach half.

Cake Cones



Use Devils Food Cake Mix, filling flat-bottomed cones a *scant* ½ full. Trim with Fluffy White Frosting and candy sprinkles.

Trix Cakes



Use any Betty Crocker Cake Mix. Frost cupcakes with Fluffy White Frosting. Then dip in Trix—the gay fruit-colored cereal.

Kissin' Cakes



Use Betty Crocker Peanut Delight Cake Mix and Peanut Creme Frosting Mix. Make candy nose and eyes, a cherry mouth.



"I guarantee a perfect* cake—cake...after cake...after cake!"

* PERFECT! Yes, every mix we make for you is guaranteed to come out perfect, or send the box top to Betty Crocker, Box 200, Minneapolis, Minn., and General Mills will send your money back.

Betty Crocker

General Mills



• FRIED APPLE TURNOVERS

• APPLE DUFF

Preparation time: 20 min.
Baking time: 45 min.

1 c. sugar
1 tbs. cornstarch
1 can (#2) apple slices
2 egg whites
Dash of salt
¼ tsp. cream of tartar
2 egg yolks
6 tbs. sugar
6 tbs. sifted flour
¼ tsp. vanilla
¼ tsp. almond extract

• Mix together sugar and cornstarch in saucepan, add apples. Cook over medium heat, stirring constantly until mixture comes to a boil; boil 1 minute. Pour into 9x9x2-inch pan. Beat egg whites, salt and cream of tartar together until stiff. Beat egg yolks until thick and light colored, beat in sugar. Fold into egg white mixture. Fold in flour and flavorings. Carefully pour over apple mixture. Bake in moderate oven (350°F.) 40-45 minutes or until cake topping is done. Serve warm or cold with cream, if desired.

Yield: 6-8 servings ***250 cal. per serving*** ***Source of Vitamins A, B***

Tested in THE AMERICAN HOME KITCHENS

• APPLE CHUTNEY

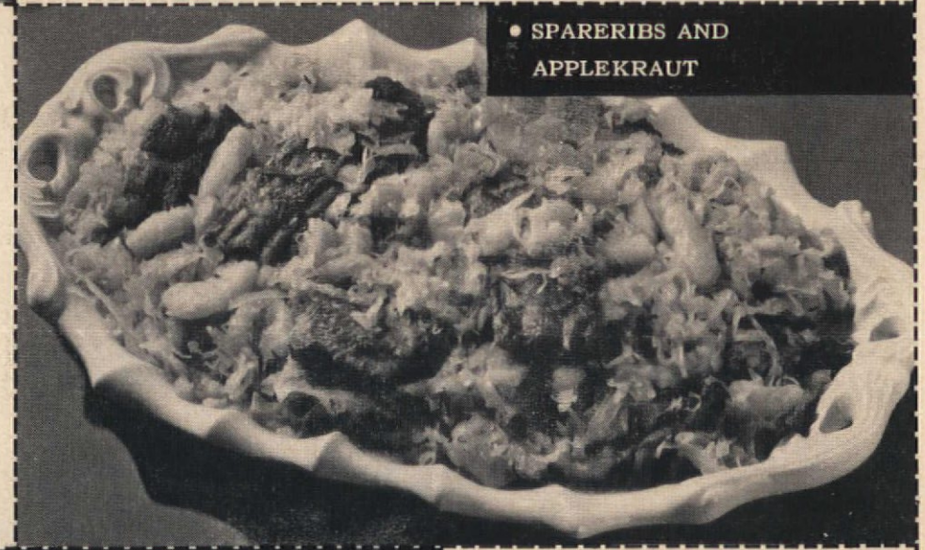
Preparation time: 50 min.

1 can (#2) apple slices
2 c. apple juice
1 c. brown sugar, firmly packed
¼ c. cider vinegar
1 c. white raisins
1 medium onion, sliced
1 lemon, sliced
1 tsp. dry mustard
½ tsp. *each* salt, ginger, nutmeg, and chili powder
1 c. chopped walnuts
½ c. diced pimiento
¼ c. chili sauce

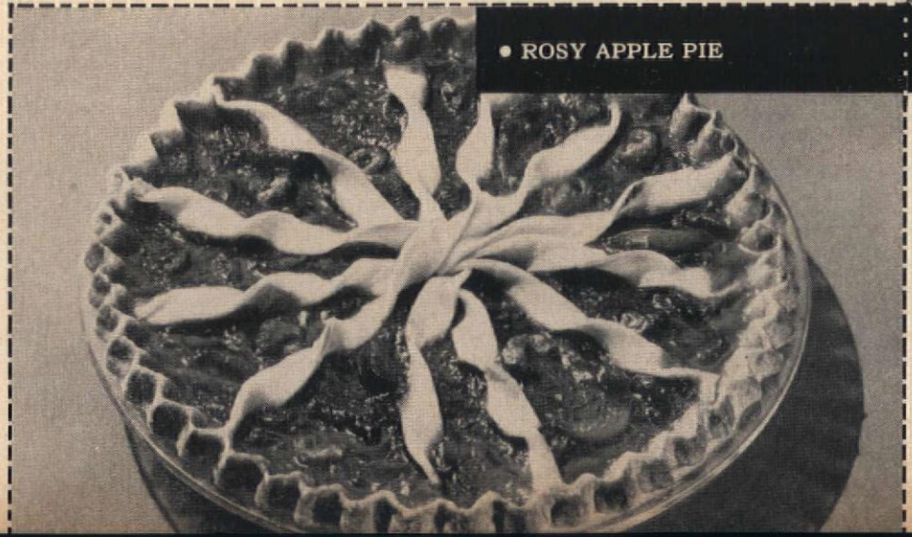
• Combine all except last three ingredients in large saucepan. Bring to a boil and simmer 30 minutes. Add walnuts, pimiento and chili sauce and simmer 15 minutes longer. Pour into hot, sterilized jars and seal. Chutney will keep several weeks, unsealed, in the refrigerator. Serve as a meat accompaniment.

Yield: 2 pts. ***135 cal. per serving*** ***Source of Vitamins A, B, C***

Tested in THE AMERICAN HOME KITCHENS



• SPARERIBS AND APPLEKRAUT



• ROSY APPLE PIE

• CINNAMON APPLE SHORTCAKE

Preparation time: 30 min.
Baking time: 10-15 min.

1 can (#2) apple slices
¾ c. sugar
¼ c. (1 small jar) red cinnamon candies
1 tsp. grated lemon rind
1 tbs. cornstarch
1 tbs. water
2 c. flour
3 tsp. baking powder
1 tsp. salt
2 tbs. sugar
1 tsp. grated lemon rind
6 tbs. shortening
⅔ c. milk

• Combine apples, sugar, candies and 1 tsp. lemon rind in saucepan; cook, stirring constantly, until sugar and candies are completely dissolved. Stir in cornstarch dissolved in water and continue cooking until mixture comes to a boil. Cool.

Sift together flour, baking powder, salt and sugar; add lemon rind; cut in shortening. Stir in milk with a fork to make a soft dough. Turn out onto lightly floured board, knead until smooth. Roll into a rectangle about 6x12 inches, ¼-inch thick. Cut into 8 three-inch squares. Brush 4 squares with melted butter; top with remaining squares; bake on ungreased baking sheet in hot oven (425°F.) 10-15 minutes or until well browned. Serve warm or cold with cinnamon apple sauce between and on top of shortcakes. Top with whipped cream, if desired.

Serves 4 ***550 cal. per serving*** ***Source of Vitamins A, B, C***

Tested in THE AMERICAN HOME KITCHENS

One quick motion of an egg slicer will cut a section of banana into many uniform slices. After slicing bananas, be sure to use them right away or dip them in a citrus fruit juice.



AMERICAN HOME RECIPES

Take a Can of Apples

(pictured in color on page 56)

Take a Can of Apples

(pictured in color on page 56)

• ROSY APPLE PIE

Preparation time: 10 min.
Baking time: 40 min.

1 can (#2) apple slices
1 box (10 oz.) frozen raspberries, thawed
1 c. sugar
2½ tbs. quick-cooking tapioca
Dash of salt
1 tbs. butter or margarine
1 recipe pastry

• Bring apples and raspberries to a boil in saucepan. Combine sugar, tapioca and salt; add to hot fruit. Cook, stirring gently until mixture thickens, about 5 minutes. Remove from heat; add butter. Line a 9-inch pie pan with pastry; fill with fruit mixture. Cut remaining pastry into ½-inch strips, twist, and arrange over filling in spoke pattern. Bake in hot oven (425°F.) 40-45 minutes or until syrup boils with bubbles that do not burst.

Serves 6-8 ***400 cal. per serving*** ***Source of Vitamins A, B, C***
Tested in THE AMERICAN HOME KITCHENS



• CINNAMON APPLE SHORTCAKE



• APPLE CHUTNEY

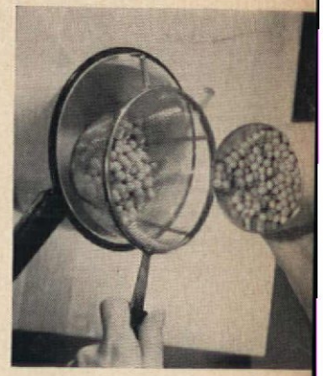
• SPARERIBS AND APPLEKRAUT

Preparation time: 20 min.
Baking time: 1 hour

1½ lbs. spareribs
1 can (#2) sauerkraut
2 c. shredded cabbage (about ½ head)
1 can (#2) apple slices
½ tsp. caraway seeds

• Brown spareribs, cut in servings, in large skillet. Combine remaining ingredients in shallow baking dish or 2-quart casserole; arrange spareribs on top. Cover and bake in hot oven (375°F.) 1 hour.

Yield: 4 servings ***250 cal. per serving*** ***Source of Vitamins A, B, C***
Tested in THE AMERICAN HOME KITCHENS



DON'T lose those minerals and vitamins! Drain the liquid from canned vegetables into a saucepan and boil it down. Then add the vegetables and cook just long enough to heat them. Or save the liquid. It will add a wonderful flavor to soups and to gravies.

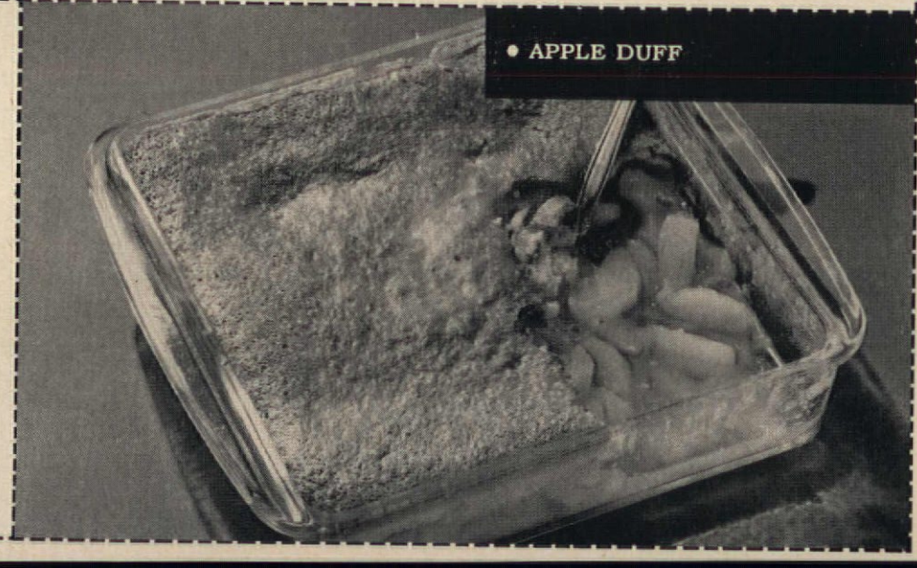
• FRIED APPLE TURNOVERS

Preparation time: 45 min.

2½ c. flour
1¼ tsp. salt
½ c. shortening
½ c. grated cheddar cheese
About ½ c. cold water
1 can (#2) apple slices, drained and sliced
½ c. sugar
½ tsp. cinnamon
2 tbs. butter or margarine

• Sift flour; measure; add salt and sift again; cut in shortening and cheese. Sprinkle water over dough. Mix lightly with a fork, using only enough water to hold pastry together. Roll out on lightly floured board ⅛ inch thick. Cut into 4- or 5-inch squares. Place 2-3 tbs. diced apples on each square. Blend sugar and cinnamon together; sprinkle a scant tbs. over apples; dot with butter. Moisten edges of pastry, fold over to form a triangle and seal with fork. Chill about 1 hour. Cut slits in pastry. Fry in deep, hot fat (375°F.) 3 to 5 minutes or until golden brown. Drain on absorbent paper; sprinkle with confectioners' sugar.

Yield: 10-12 ***330 cal. per serving*** ***Source of Vitamins A, B***
Tested in THE AMERICAN HOME KITCHENS



• APPLE DUFF

Low in Calories . . . and

DOWNRIGHT DELICIOUS

Maybe this has happened to you. Feeling a strong desire to be lean, you decide to cut down. You resist the irresistible, shy away from the whip on the dip. You feel proud . . . a little sanctimonious. Then it happens . . . suddenly, the very thought of a chocolate malted drives you stark, craving mad. And out you go and order a double whammy.

But take heart—you who show signs of this weakness. There's salvation yet. Low-calorie food need not be tasteless. Our young friend here relishes a milk shake that contains only 145 calories. Compare with the 255 in a regular shake! Today, there's a growing abundance of tasty, low-calorie products on the grocery shelves—low-calorie ice cream, non-fat dried milk, water-packed diet foods, sugar substitutes, low-calorie gelatins and desserts—to name just a few. There's been a lot of material published—real scientific stuff—for helping the fat people get thin, and the thin people get fat. Yet let's face it, there is only one thing that puts on weight (if you're a healthy normal person) and it isn't air. It's nothing but food. The wrong kind of food. You can't guess or gamble with calories, those ominous, insidious calories. To help you keep track of your daily intake and edit out fattening foods, you'll find on the next page a calorie counter to cut out and assemble. And beginning on page 66, 43 mouth-watering low-calorie recipes. Once you've PLEASE TURN THE PAGE

Family Food

Details about table appointments see "Where Credit Is Due," page 95

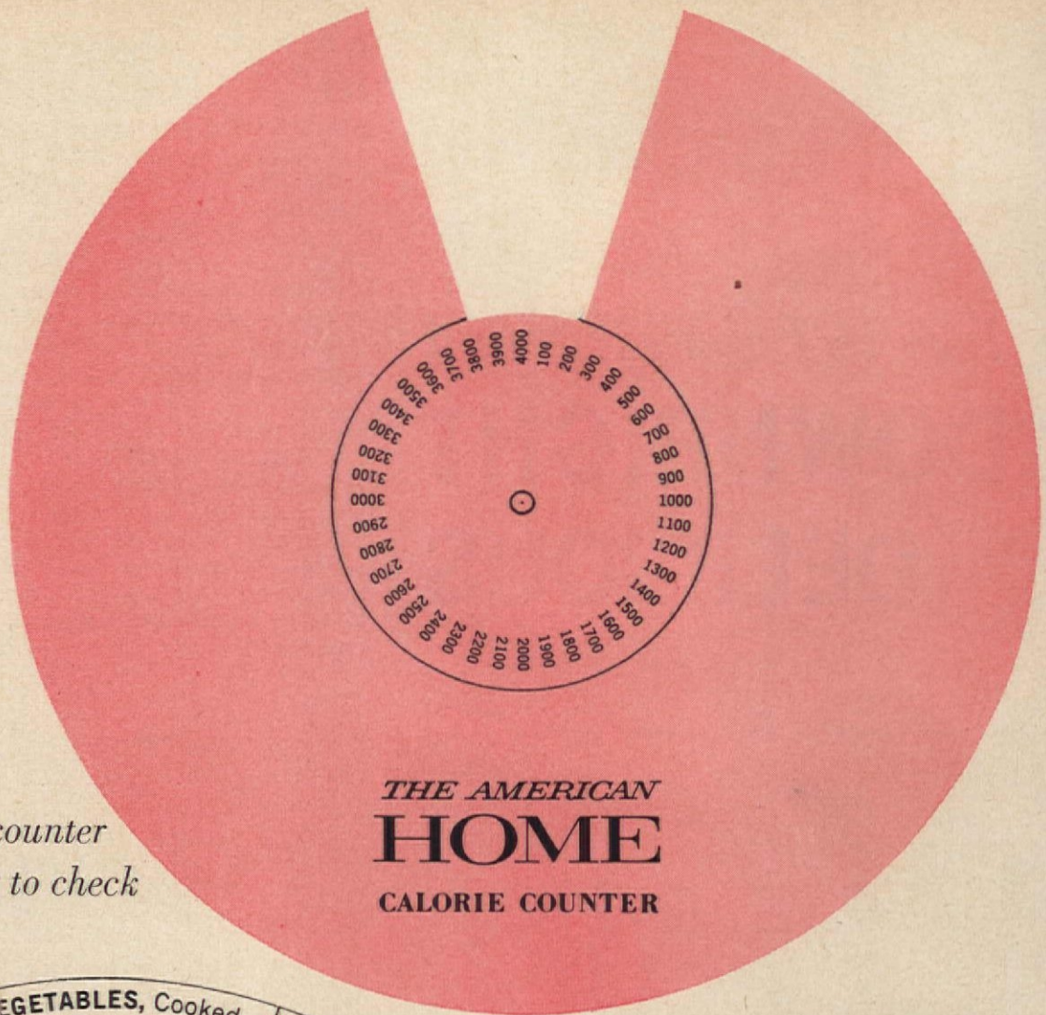


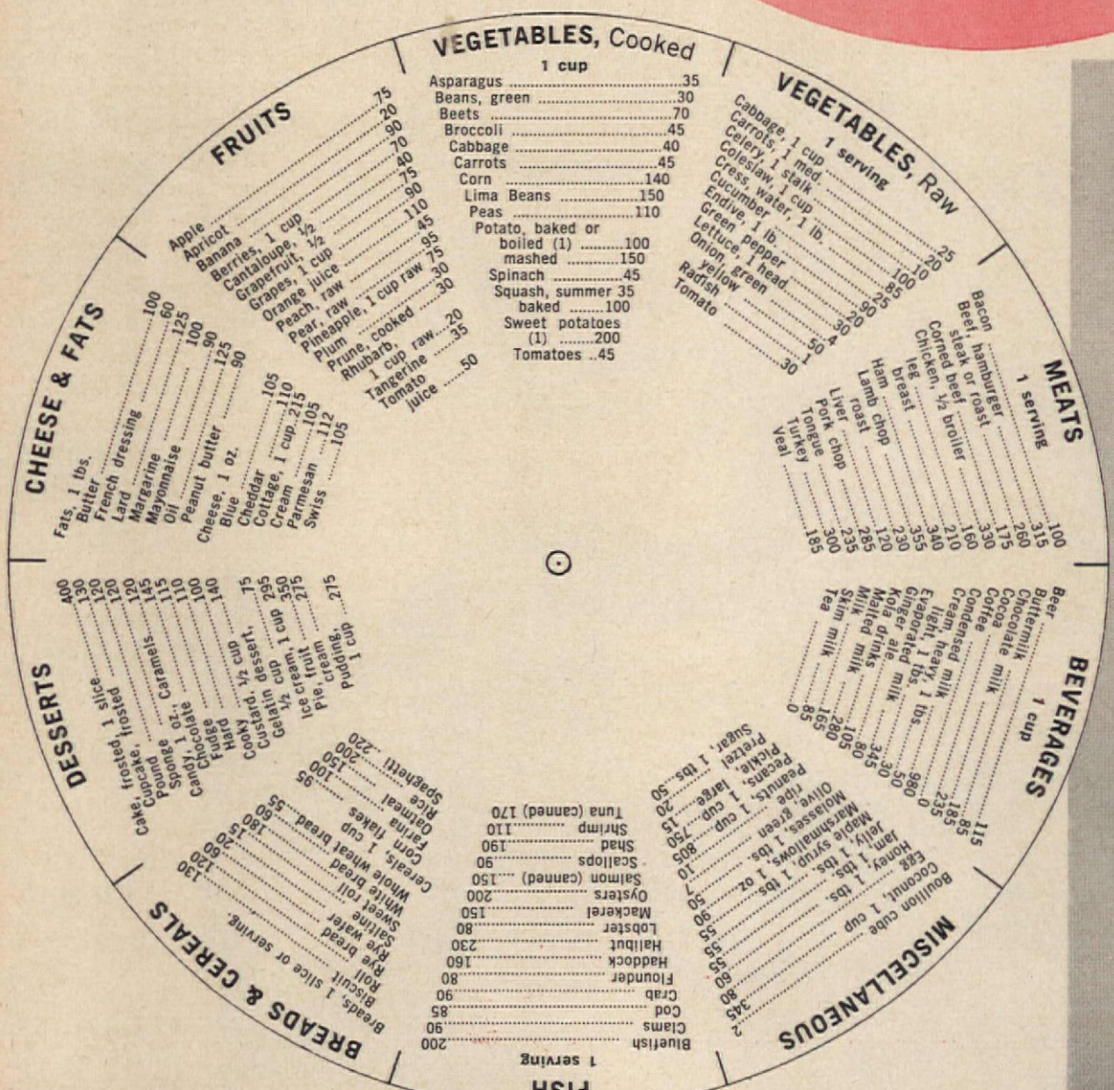
Low Calories (continued)

decided to follow a self-administered diet, there are a few other considerations. How *much* should you weigh? For this information ask your doctor. How *fast* should you lose? Most doctors will tell you one pound a week is good, two for those in a hurry. Your doctor will also tell you how many calories a day you should have to reduce properly. So we suggest you see him and then settle down to good eating. And watch the pounds go by!

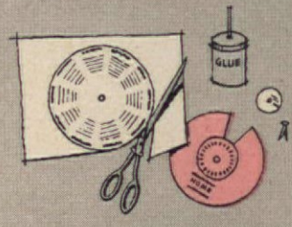


Here's your calorie counter —a quick and easy way to check your daily quota.

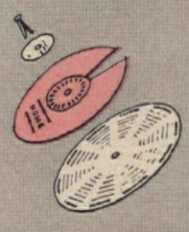




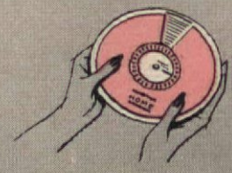
How to cut out and assemble your calorie counter



Cement circles to cardboard. (Man's shirtboard is perfect.) Cut out and pyramid wheels. Secure through center with paper fastener.

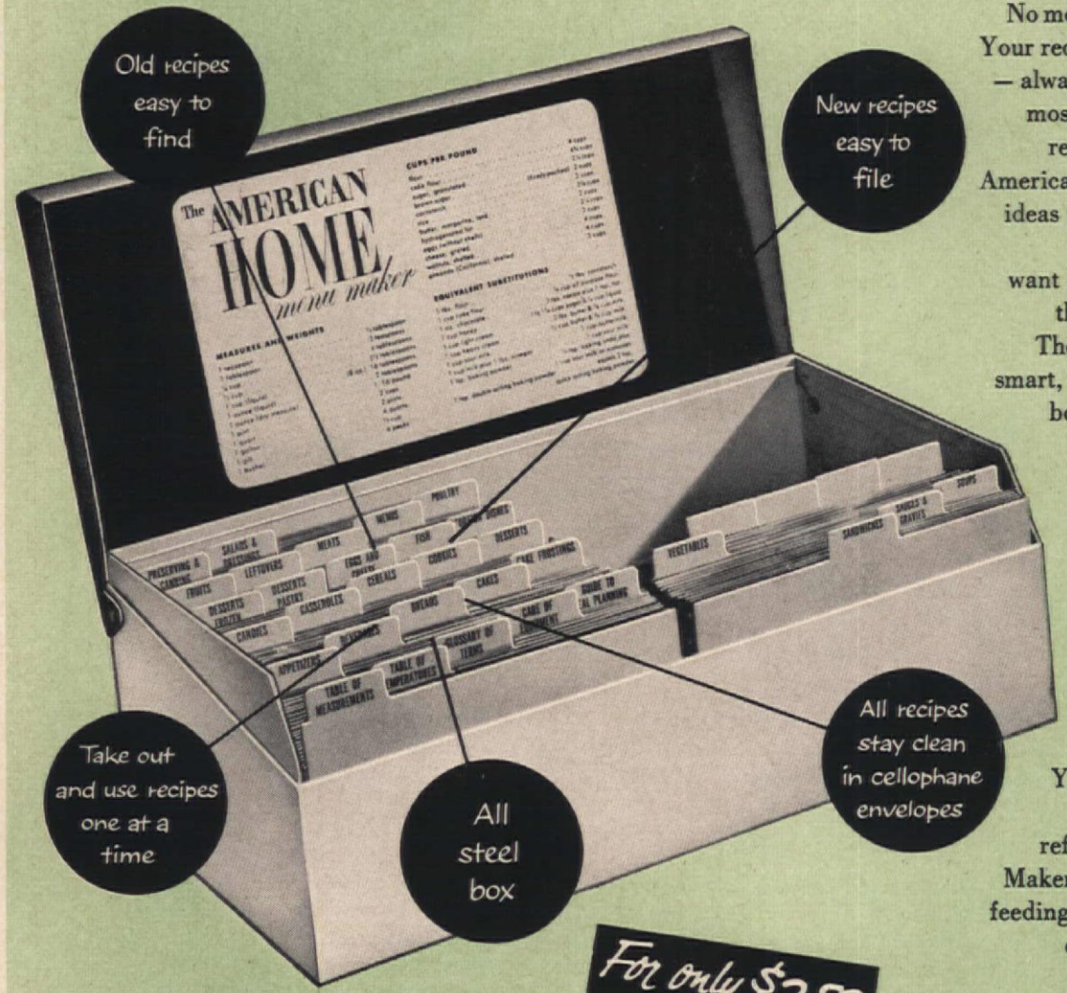


Wheels now rotate individually. Turn window on second wheel to food selection. Tabulate calories with center dial.



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THE AMERICAN HOME MENU MAKER



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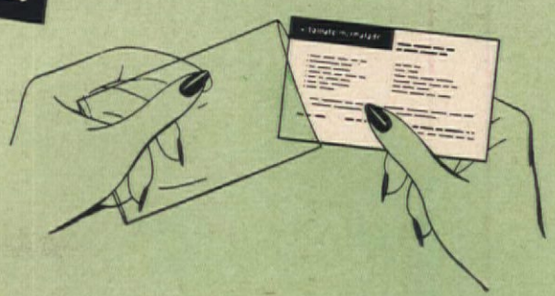
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NAME *(Please print all information)*

STREET

CITY, ZONE & STATE



Announcing for 1958

A special New Year's bonus of famous American HOME basic recipes of the past. In this issue . . . Low-Calorie Food . . . to prove you can take out the calories, leave in the goodness

This is our way of starting the New Year off right—by bringing you our favorite recipes culled from back issues of the American HOME magazine. We do this as a favor to both our new and old subscribers. Many of you who have been reading our magazine over the years may feel your menu file needs updating or you have missed some of our recipes. New subscribers haven't had the opportunity to build up a basic-recipe file. So here's your chance—both old and new friends. We suggest you look for these recipe pages in the months to come. We will publish them in categories—roasts and stews, breads, luncheon salads, etc.—for easy filing in the divider of your menu-maker. In the first of the series we bring you low-calorie recipes. However, don't restrict them to this specific diet. They are family food as well. And we need not remind you faithful readers over the years that a calorie count usually appears on our recipes for the single serving as a help in preparing menus. Surprisingly enough, calories should be counted for the thin who want to grow fat as well as the fat who want to grow thin. A count is useful, too, for those "satisfied with my weight" individuals who prefer to stay as is. Our readers, as well as our food program, are close to the heart of all American HOME editors, for what could be more important to our daily living? We, your food editors, are understandably proud to be able to present this service to you throughout the coming year. We should like to wish you and your family "Good eating in 1958"!

53 Recipes and Menus for Calorie Counters

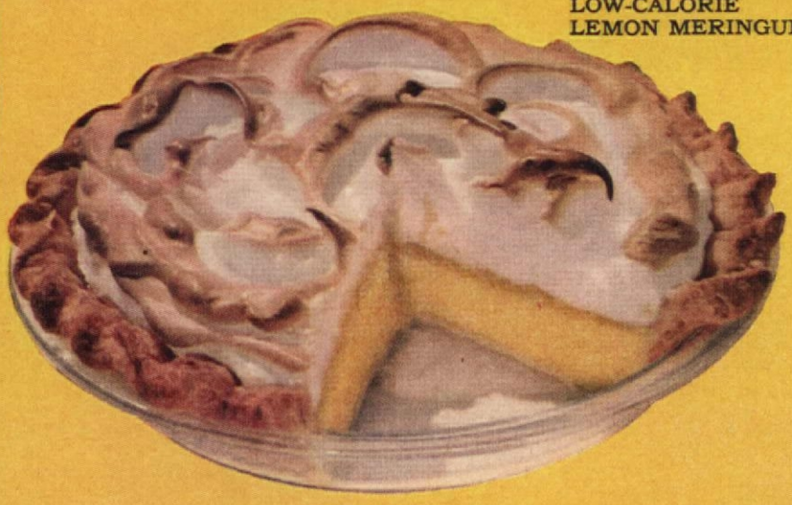


BROILED LEMON SOLE WITH MUSHROOMS

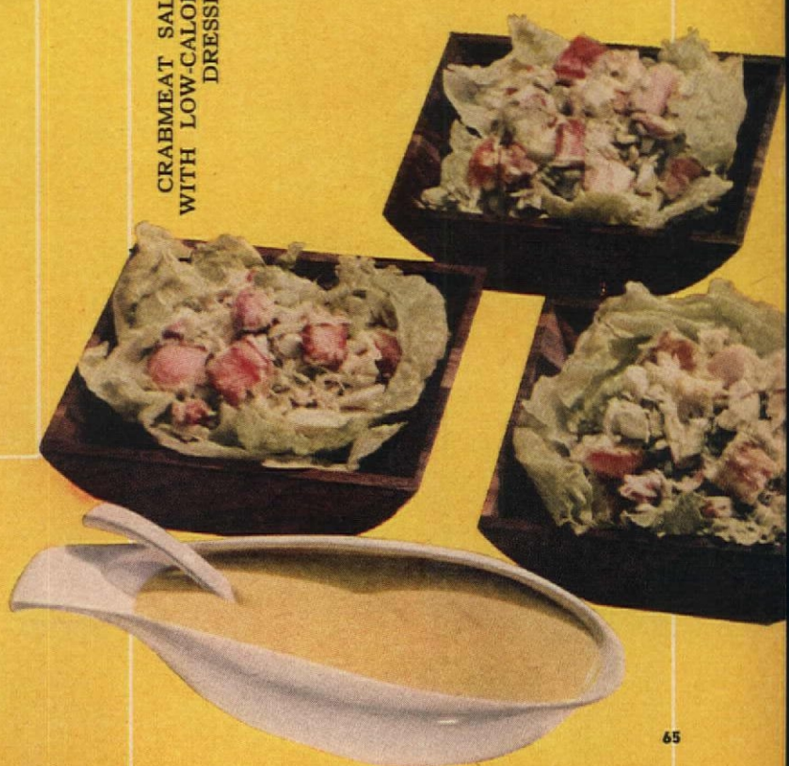


LOW-CALORIE HORS D'OEUVRES

OR THESE RECIPES, PLEASE TURN THE PAGE



LOW-CALORIE LEMON MERINGUE PIE



CRABMEAT SALAD WITH LOW-CALORIE DRESSING

On the following pages are menus using these recipes. Each is calorie-counted to help you keep track of your daily quota

• BROILED LEMON SOLE WITH MUSHROOMS

Preparation Time: 25 min.
Broiling Time: 15 min.

1 pkg. (#1) frozen fillet of sole, thawed
1 tbs. lemon juice
1 tsp. mushroom liquid
¼ tsp. dried savory
¼ tsp. garlic salt
1 can (4 oz.) sliced mushrooms
Paprika and parsley sprigs

• Place fish in shallow pan; cut in four servings. Combine lemon juice, mushroom liquid, savory and garlic salt and pour over fish. Broil 10 minutes. Baste with juices and add mushrooms. Continue broiling 5 minutes longer or until lightly browned. Sprinkle with paprika; garnish with parsley sprigs and lemon wedges, if desired.

Yield: 4 servings ***100 cal. per serving*** ***Source of Vitamin B***
Tested in THE AMERICAN HOME KITCHENS

Why does protein play such an important role in a low-calorie diet? Well, to get technical, your body can't store protein. And we all need protein to build body tissues. You need a new supply of it daily to renew these body tissues, particularly when you are reducing and watching your weight as you probably are doing now. Try to select tasty recipes such as our BROILED LEMON OF SOLE WITH MUSHROOMS (left). It is a main dish that is good, tasty, and only adds 100 calories to the tabulator on the calorie counter.

• LOW-CALORIE HORS D'OEUVRES

Preparation Time: 15 min.

Steak Slices with Sauce Diable

⅓ c. tarragon vinegar
1 bay leaf
1 tsp. dry mustard
½ tsp. paprika
¼ tsp. salt
Dash of garlic salt
Dash of cayenne
6 whole peppercorns
1 can (6 oz.) tomato paste
½ c. water
2 tbs. chopped parsley
1 tsp. grated onion
½ tsp. horseradish
½ tsp. Worcestershire Sauce
1 beef bouillon cube
#1 cold broiled sirloin steak, cut in slices

• Combine vinegar and spices; simmer 2 minutes; remove peppercorns and bay leaf. Add remaining ingredients (except steak) and heat together. Cool and serve as a dip.

Serves 8-10 ***140 cal. per serving*** ***Source of Vitamins A, B, C***

Preparation Time: 30 min.

Raw Vegetables-Cottage Cheese Dip

1 pint cottage cheese
½ tsp. barbecue seasoning
2 tbs. reconstituted nonfat dry milk
12 stuffed olives, chopped
cauliflower flowerettes, radish, roses, carrot curls, cucumber slices, green pepper chunks.

• Combine cottage cheese, seasoning, milk and olives; serves as a dip of vegetables.

Serves 6-8 ***95 cal. per serving*** ***Source of Vitamins A, B, C***
Tested in THE AMERICAN HOME KITCHENS

If you are hungry, are hors d'oeuvres allowed on a reducing diet? Why of course! You needn't be deprived of the pleasure of in-between-meal snacks just because you're counting calories. They not only give an "energy lift" but help to dull the appetite to the point where the dieter is often content with less food at the next meal. We have given you a selection of two—STEAK SLICES WITH SAUCE DIABLE and RAW VEGETABLES—COTTAGE CHEESE DIP (center left). Generous portions of both would add up to a mere 230 calories. And they're good sources of vitamins A, B, & C.

Does dieting mean the same foods every day, no potatoes, no desserts? No it really doesn't. You don't cut out—you balance your foods. For a calorie is a calorie, wherever it may be. There are cautions that you can take and recipes that use special low-calorie ingredients, such as our LOW-CAL LEMON MERINGUE PIE made with a sugar substitute. And a man-sized serving only totals 195 calories.

• CRABMEAT SALAD WITH LOW-CALORIE DRESSING

Preparation Time: 30 min.
Chilling Time: 1 hr.

Dressing:
1-2 tbs. sugar
1 tbs. flour
1 tsp. salt
½ tsp. dry mustard
Dash of cayenne
½ c. vinegar
½ c. water
2 eggs, slightly beaten
1 tbs. lemon juice

Salad:
1 can (6½ oz.) crabmeat
1 c. chopped celery
1 hard cooked egg, chopped
1 tbs. lemon juice
Lettuce cups

• Mix sugar, flour, salt, dry mustard and cayenne in top of double boiler. Add vinegar and water and cook over boiling water, stirring constantly, until mixture thickens. Pour a small amount over eggs; add to hot mixture and continue cooking 2 minutes. (If dressing appears slightly curdled, beat with wire wisk.) Remove from heat; stir in lemon juice; cool and chill. Makes 1⅓ cups. Combine crabmeat, celery, chopped egg and lemon juice; chill about 1 hour. To serve, add enough dressing to moisten and spoon into lettuce cups.

Yield: 4 servings ***135 cal. per serving*** ***Source of Vitamins A, B***
Tested in THE AMERICAN HOME KITCHENS

• LOW-CALORIE LEMON MERINGUE PIE

Preparation Time: 30 min.
Cooling Time: 1 hr.
Baking Time: 5-10 min.

2 tbs. cornstarch
⅛ tsp. salt
1½ c. water
1 tsp. grated lemon rind
2 egg yolks, slightly beaten
Sugar substitute to equal ⅓ c. sugar
1 tbs. butter or margarine
3 tbs. lemon juice
8-inch baked pie shell
2 egg whites
Dash of salt
¼ c. sugar

• Blend cornstarch, salt and small amount of the water together in top of double boiler. Stir in remaining water, grated lemon rind, egg yolks and sugar substitute. Cook, stirring frequently until mixture thickens, about 10 minutes. Add butter and lemon juice; blend. Pour into bowl and cool about 1 hour. Turn carefully into baked pie shell, beat egg whites and salt until foamy; gradually beat in sugar and continue beating until stiff. Spread over filling; bake in hot oven (425°F.) 5 minutes or until meringue is browned.

Serves 6 ***195 cal. per serving*** ***Source of Vitamins A, B, C***
80 cal. without crust
Tested in THE AMERICAN HOME KITCHENS

Is there any advice on how not to be a diet bore? Well, you can't go around giving your hostess' food the cold shoulder if you're a guest. If you are really serious about dieting and are caught in a difficult situation like this, eat what you must for politeness, then balance out your total count on a two-day basis, and eat something like CRABMEAT SALAD WITH A LOW CALORIE SALAD DRESSING (lower left).

◆ hamburg herb patties

Preparation time: 20 min.

1 lb. ground beef
1 egg, slightly beaten
1 tsp. salt
½ cup soft bread crumbs
1 medium onion, chopped
2 tbs. butter or margarine
2 tsp. mixture of dried basil, summer savory, thyme, marjoram, parsley and celery leaves

Mix together the beef, egg, salt and bread crumbs. Sauté the onion in butter until transparent; add with the herb mixture to the meat and mix well. Shape into 4 large or 6 medium-sized patties. Place under the broiler and broil 4-5 minutes on each side. Serve with a sprig of basil or parsley.

Serves 4-6 ***205 cal. per serving*** ***Source of vitamins A, B complex***

Recipe submitted by Dorothy F. Douglas

Tested in The American Home Kitchen

• braised lamb shoulder chops



• lamb shanks à la Barclay



• jellied veal loaf (left-over)

Preparation time: 35 min., 5 hr. in refrigerator

3 cups ground veal
2 cups diced celery
4 tbsp. chopped parsley
1 tbsp. chopped chives
¼ cup chopped sweet pickles
2 bouillon cubes, dissolved in 2 cups boiling water
2 bay leaves
3 peppercorns
Pinch marjoram
Pinch thyme
1½ tbsp. unflavored gelatine
¼ cup cold water
1½ tsp. salt
¼ tsp. pepper
3 tbsp. vinegar
3 drops tabasco sauce
½ tsp. paprika
4 hard cooked eggs, chopped

Mix veal, celery, parsley, chives, and pickles together. Dissolve bouillon cubes in boiling water, add bay leaves, peppercorns, marjoram, and thyme and simmer for 10 min. Soak gelatine in cold water for 5 min. Strain bouillon mixture and dissolve gelatine in it. Add to veal mixture with salt, pepper, vinegar, paprika, and tabasco sauce. Stir until well mixed and add chopped eggs. Pour into an oiled bread pan, 9½"x5½"x3", and chill in refrigerator until set—approximately 3 hrs. This is a good summer recipe and takes the place of both a meat and salad dish. Serves 8-10. ***168-210 cal. per serving. Source of vitamins A and B complex.***

Tested in The American Home Kitchen

Preparation time: 2 hours, 45 min.

smoked tongue

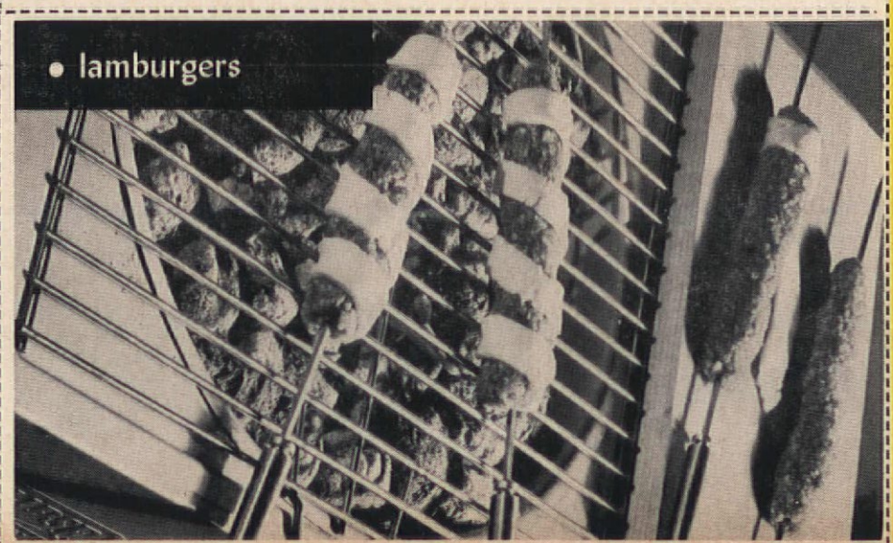
4 lbs. tongue
3 cups water

Cover tongue with cold water and soak for 1 hour. Place tongue on rack in pressure cooker. Add 3 cups water. Cover. Allow steam to flow from vent in steady stream for about 1 minute. Place indicator weight on vent and cook for 1¼ hours after 15 lbs. pressure has been reached. Cool slowly. Remove skin from tongue and keep in liquid to retain moisture.

Serves 10 ***170 cal. per serving*** ***Source of vitamin B complex***

Tested in The American Home Kitchen

• lamburgers



Breakfast

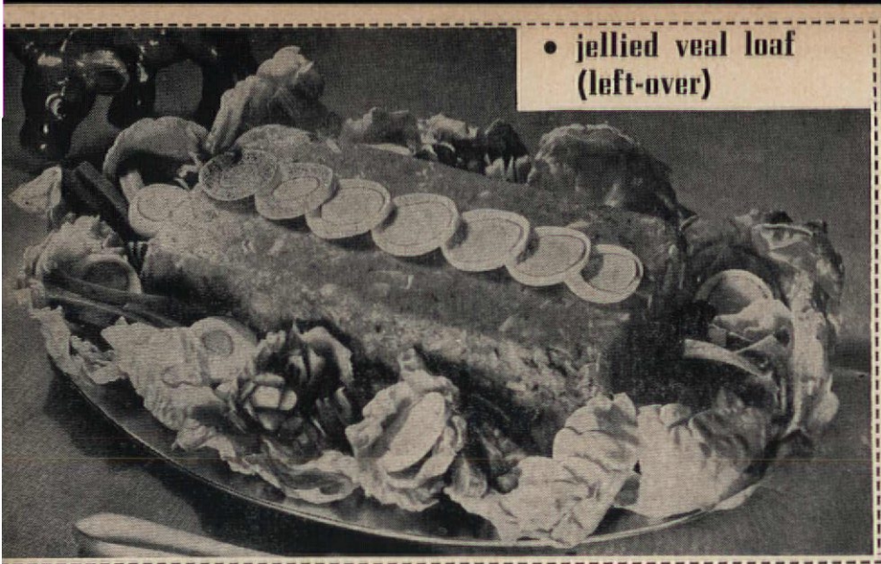
	CALORIES
Orange juice	110
1 soft cooked egg	80
1 slice toast	60
1 pat butter	50
Skim milk	95
Coffee	—
	385

Lunch

	CALORIES
*Tomato soup with herbs	60
½ cup cottage cheese on lettuce	105
2 peach halves	50
2 saltines	30
Skim milk	85
	330

Dinner

	CALORIES
*Lamb shanks a la Barclay	330
Carrots	50
Spinach	35
Green salad, 1 tbs. dressing	60
1 roll, 1 pat butter	170
Fruit gelatin	150
Coffee	—
	795
TOTAL	1510



• jellied veal loaf (left-over)

• lamburgers

Preparation time: 30 min.

1 lb. ground lamb
1 egg
⅛ tsp. salt
Dash of pepper
1 cup biscuit mix
¼ cup milk
1 tbs. minced onion
1 tbs. minced green pepper
1 tbs. minced pimiento

•

Mix ground lamb, egg, and seasonings. Keep well refrigerated until ready to cook. Combine biscuit mix with milk, place on floured board and roll out into rectangle about ⅛ inch thick. Spread half the rectangle with a combination of onion, green pepper, and pimiento; fold unspread half over top and lightly roll dough with rolling pin. Cut into long strips about 1 inch wide. (These may be made about an hour in advance of cooking.)

To broil the lamburgers: press small portions of lamb mixture firmly on a metal skewer to form a roll about 6 inches long and 1½ inches in diameter. Partially cook over hot coals or under the broiler for about 5 minutes. Spirally and loosely wrap the biscuit strips around them and continue to cook for another 10 minutes turning frequently. (The lamburgers can be done in a hot oven, 450°F.)

Serves 6–8 ***About 110 cal. per serving*** ***Source of Protein, B Complex***

Tested in THE AMERICAN HOME KITCHEN

• lamb shanks à la Barclay

Preparation time: 1½ hrs.

4 lamb shanks
¼ tsp. dry mustard
¼ tsp. onion salt
¼ tsp. garlic salt
¼ tsp. ground pepper
4 peeled cloves garlic
3 tbs. olive or salad oil
2 diced, seeded green peppers
2 sliced, peeled medium onions
1 #2 can tomatoes (2 cups)
3 tsp. salt
¼ tsp. dried rosemary
⅛ tsp. celery salt
⅔ cup water (red wine may be used, if desired)

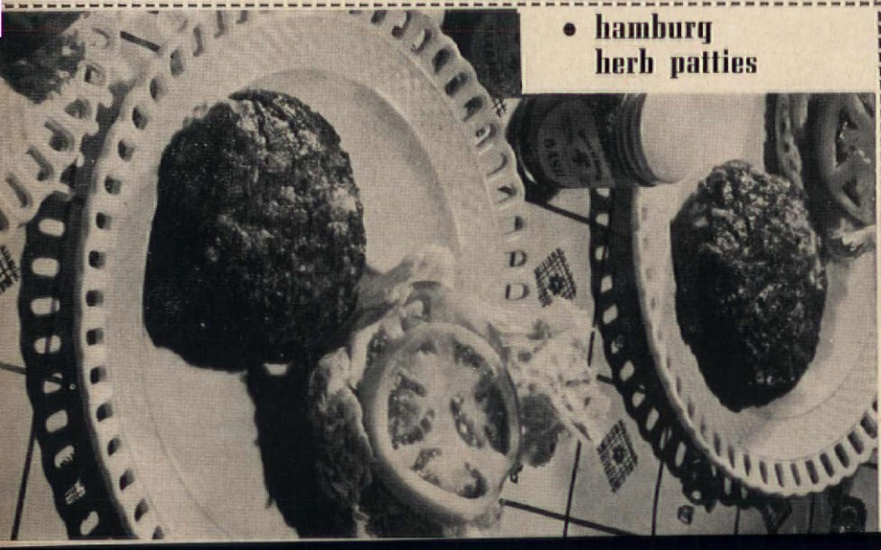
Rub each lamb shank with a mixture of dry mustard, onion and garlic salt and pepper. Insert a clove of garlic in each lamb shank. In Dutch oven or covered skillet brown shanks in olive oil. Add diced green pepper and rest of ingredients. Cover. Cook slowly for 1¼ hrs. or until meat is tender. Thicken gravy if desired.

Makes 4 servings ***332 cal. per serving*** ***Source of vitamins A, B complex, C***

Tested in THE AMERICAN HOME KITCHEN



• smoked tongue



• hamburg herb patties

• braised lamb shoulder chops

Preparation time: 5 min.
Cooking time: 45 min.

4 lamb shoulder chops (cut ½ inch thick)
1 tsp. fat
1 tsp. salt
⅛ tsp. pepper
1 green pepper, sliced
½ lb. mushrooms
4 carrots, cut in ¼-inch slices

• Heat the fat in a skillet. Brown the chops in fat; cover. Reduce the heat and cook over low heat for 15 minutes. Turn chops, add vegetables, and continue cooking until meat is tender (about 30 minutes).

Serves 4 ***225 cal. per serving*** ***Source of Vitamin B***

Tested in THE AMERICAN HOME KITCHENS

Breakfast

	CALORIES
Farina	100
Banana	90
Sugar	50
1 slice toast	60
1 pat butter	50
Skim milk	85
Coffee	—
	435

Lunch

	CALORIES
2 scrambled eggs	225
Sliced tomato	30
1 slice toast	60
Plain gelatin	75
Skim milk	85
	475

Dinner

	CALORIES
*Veal surprise	250
Asparagus	35
*Dutch Bean Salad	85
Lemon ice	75
Pound cake	120
Coffee	—
	565
TOTAL	1475

• re-semble fish

Preparation time: 10 min.
Baking time: 40 min.

2 1-pound pkgs. frozen sole, perch or any other fillets, thawed and separated

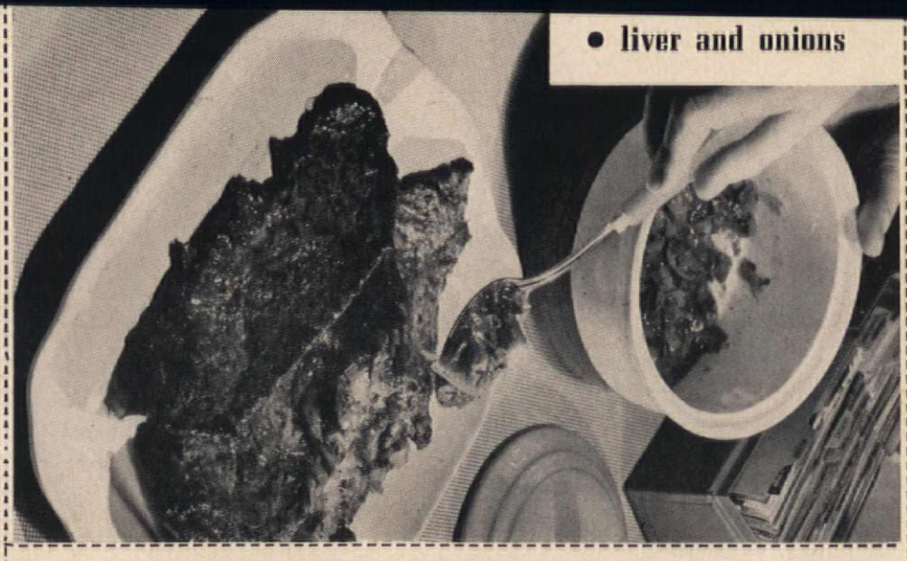
STUFFING:
½ cup fine, dry bread crumbs
1 tbsp. grated Parmesan cheese
Dash of garlic salt
1 tbsp. capers
1 tbsp. finely chopped parsley
2 tbsp. melted butter or margarine

TOPPING:
¼ cup fine, dry bread crumbs
2 tbsp. melted butter or margarine

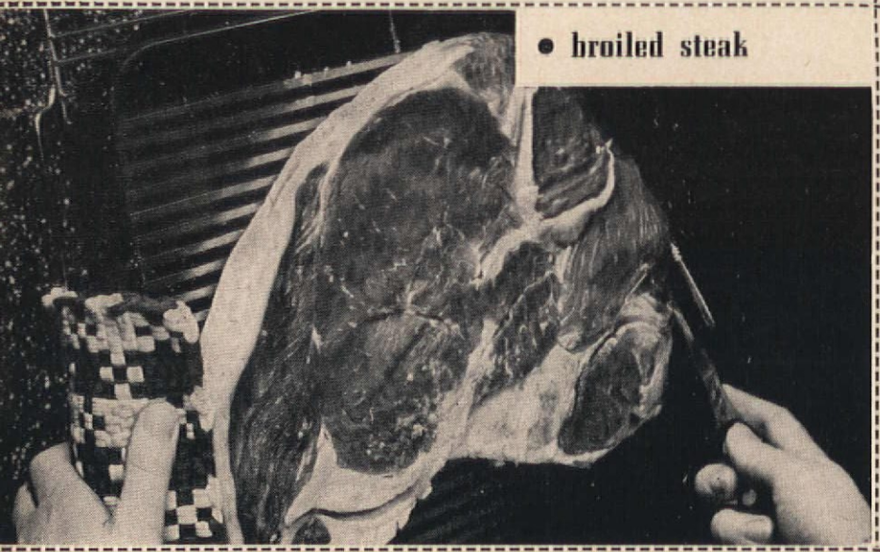
• Drain fish fillets well on paper toweling. Combine stuffing ingredients in small bowl. Arrange half the fillets in the shape of a fish on a lightly greased cookie sheet or in a shallow baking dish. Top with the stuffing. Arrange remaining fillets over stuffing. Combine bread crumbs and butter for topping and sprinkle evenly over fish. Bake in a moderate oven (375°F.) 35 to 40 minutes. Transfer to serving platter and garnish with olives and lemon wedges, if desired.

Yield: 6-8 servings ***188 cal. per serving*** ***Source of Vitamins A, B, C***

Originated in THE AMERICAN HOME KITCHENS



• liver and onions



• broiled steak

• corned beef hash creole

Preparation time: 40 min.

1 (8 oz.) can tomato sauce
½ cup chopped onion
½ tsp. salt
2 drops of Tabasco sauce or to taste
1 tsp. prepared mustard
1 (1 lb.) can corned-beef hash
½ cup grated cheese

Mix together tomato sauce, onion, salt, Tabasco and mustard; pour ½ cup in the bottom of a 1 qt. casserole. Cover with a layer of corned-beef hash; sprinkle with a layer of grated cheese. Repeat until all ingredients are used. Add remaining sauce. Bake in a moderate oven (350°F) for 30 minutes.

Serves 4-6 ***200 cal. per serving*** ***Source of vitamins A, C***

Tested in THE AMERICAN HOME KITCHEN

• fish souffle

Preparation time: 35 minutes

1 cup cooked fish (halibut or cod)
1 tbs. butter or margarine
1 tbs. flour
1 cup milk
2 eggs separated
1 tsp. salt
1 tsp. chopped onion
1 tsp. green pepper chopped fine
¼ tsp. paprika
Pinch of:
tarragon
marjoram
nutmeg

Put butter in a saucepan. Blend in flour and stir in milk gradually, cooking until sauce is smooth. Cool slightly. Then add beaten egg yolks, seasonings, green pepper, and chopped onion. Add fish which has been flaked. Beat egg whites until stiff and fold smoothly and gently into mixture. Pour into a greased casserole and bake in a (400°F.) oven for 20 minutes. You will like the delicate flavor.

Serves 4-6 ***120 cal. per serving*** ***Source of vitamins A, B complex***

Tested in THE AMERICAN HOME KITCHEN



• veal surprise

Breakfast

	CALORIES
Tomato juice	50
1 poached egg	80
2 slices crisp bacon	100
1 slice toast	60
1 pat butter	50
Skim milk	85
Coffee	—
	425

Lunch

	CALORIES
*Cucumber soup	90
Meat sandwich (2 slices bread, 1 pat butter and 1 slice lean meat)	210
Pickles & carrot sticks	20
Sliced peaches	45
Skim milk	85
	450

Dinner

	CALORIES
*Hamburg herb patties	205
*Creamed carrots & onions	120
Spinach	30
Mixed green salad with 1 tbs. dressing	10
*Lo-cal Lemon meringue pie	195
Coffee	—
	610
TOTAL	1485



• fish souffle

• broiled steak

Preparation time: 5-6 hours

USE Porterhouse, sirloin or available top cuts of steak and allow about ¼ to ½ pound per person. Have the butcher cut the steak not more than 1 inch thick and pound it lightly to break the tissue. Place on platter or dish, cover with French dressing, buttermilk or grapefruit juice and allow to stand 5 or 6 hours in the refrigerator.

Put on broiling rack and broil 10 to 15 minutes, turning once. If grapefruit juice is used for soaking, spread steak with prepared mustard before broiling. Arrange steak on platter, sprinkle with salt and pepper and pour over it the drippings in the broiler pan or spread with butter or margarine.

200-400 cal. per serving ***Source of vitamin B complex***

Tested in THE AMERICAN HOME KITCHEN



• re-semble fish

Preparation time: 1¼ hrs.

• veal surprise

2 lb. veal steak or cutlet cut into thin strips, 3x5 inches
6 small carrots
2 small onions, sliced
Flour
Fat
1-1½ cups tomato juice

SEASON veal slices with salt and pepper. On each slice place a small carrot or strips of carrot and 2 slices of onion. Wrap veal around the vegetables and secure with toothpicks. Dredge in flour. Brown each roll in fat. Add tomato juice. Cover and cook slowly for 1 hour. If desired, thicken gravy by stirring in 1 tbs. each of flour and water, mixed to a paste, for each cup of liquid left and cook for about 3 minutes, stirring until thickened.

Serves 6 ***251 cal. per serving*** ***Source of vitamins A, C, B complex***

Tested in THE AMERICAN HOME KITCHEN



• corned beef hash creole

Preparation time: 30 min.

• liver and onions

2 tbs. fat
2 cups diced onions
1½ lbs. liver, cut ½ inch thick
Salt
Black pepper
1 tbs. Worcestershire sauce

MELT fat in a heavy skillet. Add enough of the onions to form a thin layer on the bottom of the pan. Wipe liver. Season with salt and pepper. Lay half of the liver on top of the onions and sprinkle with half of the Worcestershire sauce. Cover skillet and place over a high flame for a few minutes. Lower heat and continue to cook 5 minutes. When liver is tender, remove from oven to a plate. Continue to cook onions until lightly browned, then remove to a covered dish and keep warm. Return liver to skillet, adding more fat, if necessary, and brown quickly on each side. Place liver in serving dish and cover with the onions. Serve immediately.

Serves 4-6 ***195 cal. per serving*** ***Source of vitamins A, B complex***

Recipe submitted by A. B. Manning

Tested in THE AMERICAN HOME KITCHEN

Breakfast

	CALORIES
Baked apple	100
2 slices toast	120
2 pats butter	100
Skim milk	85
Coffee	—
	405

Lunch

	CALORIES
*Omelet with herbs	105
Peas	110
Head lettuce with lemon	25
1 slice toast	60
1 pat butter	50
½ grapefruit	75
Skim milk	85
	510

Dinner

	CALORIES
*Deviled fish	120
Asparagus	35
Corn	140
Mixed green salad with 1 tbs. salad dressing	10 50
*Grape Imperial plus one cookie	240
Coffee	—
	595
TOTAL	1510

• chocolate sponge

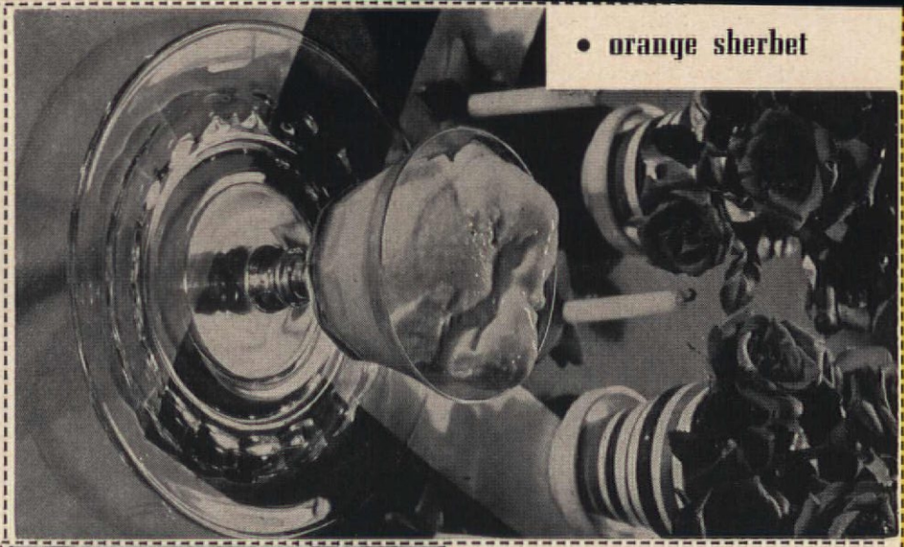
Preparation time: 30 min. (chill 1 hr.)

1 tbs. unflavored gelatin
¼ cup cold water
1½ sqs. unsweetened chocolate
⅓ cup sugar
¼ tsp. salt
⅓ cup boiling water
3 eggs, separated
1 tsp. vanilla flavor

SOFTEN the gelatin in cold water. Melt chocolate over low heat. Add sugar, salt and water, and bring to a boil. Remove from the heat, add softened gelatin and stir until dissolved. Add slowly to the slightly beaten egg yolks. Place in refrigerator and chill until the mixture thickens slightly. Fold in the egg whites, beaten until stiff, and add the vanilla flavor. Turn into a mold which has been rinsed in cold water and chill until firm. Spoon into sherbet glasses and serve with whipped cream.

Serves 4 ***133 cal. per serving*** ***Source of vitamins A, B complex***

Tested in THE AMERICAN HOME KITCHEN



• orange sherbet



• blackberry flummery

• cherry soup

Preparation time: 5 min.
Cooking time: 8-10 min.

2 1-lb. 4-oz. cans sour cherries
1½ tbs. quick-cooking tapioca
1 cinnamon stick
½ cup sugar
Juice of 1 lemon
¼ tsp. salt

• Combine all ingredients in saucepan, blend and cook until thick. Remove cinnamon stick. Serve chilled.

Serves: 6-8 ***105 cal. per serving*** ***Source of Vitamins A, C***

Tested in THE AMERICAN HOME KITCHENS

◆ omelet with herbs

Preparation time: 15 min.

4 eggs, separated
4 tbs. milk
½ tsp. salt
Dash of pepper
1 tbs. mixture of dried summer savory, tarragon, chervil, basil and chives

BEAT the egg whites until stiff but not dry. Beat the egg yolks until thick and lemon colored; add milk, salt, pepper and the herb mixture. Fold the egg yolk mixture into the whites. Pour into a hot, buttered omelet pan or skillet. Cook over low heat until omelet has risen and is a golden-brown color next to the pan. Then set the pan in a moderate oven (350° F.) for 5 minutes, or until surface seems set when pressed with the finger.

Serves 2-4 ***106 cal. per serving*** ***Source of vitamins A, B complex***

Recipe submitted by Dorothy F. Douglas

Tested in THE AMERICAN HOME KITCHEN



• grape imperial

Breakfast

	CALORIES
½ cantaloupe	40
1 poached egg	80
1 slice toast	60
1 pat butter	50
Skim milk	85
Coffee	—
	315

Lunch

	CALORIES
Tunafish salad (1 serv. tuna, ½ c. celery, 2 tbs. dressing)	290
Sliced tomato	30
2 slices melba toast	50
1 pat butter	50
1 slice sponge cake	120
Skim milk	85
	625

Dinner

	CALORIES
Corned Beef	175
Boiled potato	100
Boiled cabbage	40
Carrots	45
*Molded green salad	80
Fruit cup	100
Coffee	—
	540
TOTAL	1480

Breakfast

	CALORIES
½ Grapefruit	75
1 soft cooked egg	80
1 slice toast	60
1 pat butter	50
Skim milk	85
Coffee	—
	350

Lunch

	CALORIES
Clam Chowder	85
1 Egg salad sandwich (2 slices bread, 1 egg, 1 tbs. mayonnaise)	230
Carrot sticks	20
Celery sticks	10
1 apple	75
Skim milk	85
	505

Dinner

	CALORIES
*Liver and onions	195
Green beans	30
Mashed potatoes	150
Head lettuce plus 1 tbs. dressing	10 50
*Orange sherbet	130
Skim milk	85
	650

TOTAL 1505

• grape imperial

Preparation time: 15 min.
Chilling time: 2 hrs.

1 pkg. strawberry-flavored gelatin
½ cup hot water
1½ cups hot grape juice
• Dissolve gelatin in hot water and grape juice. Add sugar and salt. Reserve ½ cup of mixture for the sauce. Chill remaining 1½ cups mixture until cold and syrupy. Place in chilled bowl and whip until fluffy and thick like whipped cream. Turn into oiled mold or bowl, chill until firm and unmold.

4 tbs. sugar
¼ tsp. salt
½ cup cold grape juice

SAUCE: Add ½ cup cold grape juice to the reserved ½ cup gelatin and grape juice mixture. Chill until slightly jellied and pour over mold, or serve separately.

Serves 6 ***142 cal. per serving*** ***Source of vitamin B***

Submitted by Mrs. Clyde Miller

Tested in THE AMERICAN HOME KITCHENS

• cherry soup

• orange sherbet

Preparation time: 20-35 min.
(allow 3-4 hrs. for freezing.)

1 tbsp. unflavored gelatine
2 tbsp. cold water
½ cup sugar
½ cup light corn syrup
2 egg whites
2 tbsp. sugar
2 cups orange juice
3 tbsp. lemon juice

FIRST method: Soften gelatine in water for 5 min. Mix sugar and corn syrup in a saucepan and boil until syrup forms a 3" thread when dropped from a spoon (approx. 4-5 min.). Add softened gelatine to hot syrup, stir until thoroughly dissolved; cool. Beat egg whites until stiff and quite dry and add sugar. Fold in the syrup slowly and add the orange and lemon juice. Pour into freezing trays and freeze with refrigerator controls set at coldest point. Mix once during freezing process.

SECOND method: Follow first steps but as soon as gelatine has been dissolved in the syrup, pour over the stiffly beaten egg whites and sugar and whip until creamy. Add the orange and lemon juice and freeze as above. When almost completely frozen, remove from freezer tray and whip with an electric mixer or by hand until smooth and fluffy, but not melted. Return to tray and finish freezing. 6 generous, 8 average servings.

128-245 cal. per serving. Source of vitamin C.

Tested in THE AMERICAN HOME KITCHEN

◆ omelet with herbs

• blackberry flummery

Preparation time: 25 min.
(chill 1 hr.)

1 cup blackberries
2 cups water
3 tbs. cornstarch
⅓ cup sugar
1 tsp. vanilla
2 egg whites

COOK blackberries and water slowly for about ten minutes without stirring. Mix cornstarch in a little cold water, add to the blackberries and cook, stirring constantly until thickened. Remove from heat and add sugar and vanilla. Chill. Beat egg whites until stiff and fold into the blackberry mixture. Chill and serve with whipped cream.

Serves 6 ***85 cal. per serving***

Recipe submitted by Clara Sinnett
China, California Ivy by Metlox
Sherbets, Waterford Pattern, Libbey

Tested in THE AMERICAN HOME KITCHEN

• chocolate sponge

carrots

CARROTS, GREEN TOMATOES AND RED PEPPERS
Preparation time: 20 min.

• Cook ½ pound thinly sliced carrots in boiling salted water with 1 tsp. sugar for 10 min. or until tender. Drain. Meanwhile, sauté 1 medium red pepper, cut in slivers, and 2 medium green tomatoes, diced, until tender in 2 tbs. butter. Add salt and pepper to taste and the sliced carrots. Heat thoroughly.

Serves 4 ***80 cal. per serving*** ***Source of Vitamins A, B, C***

GLAZED CARROTS ***Preparation time: 20 min.***

• Cook 1 pound whole baby carrots, as above until tender; drain and dry well. Heat 2 tbs. *each* butter, sugar and corn syrup in skillet. Add carrots; simmer, turning carrots frequently, until glazed.

Serves 4 ***120 cal. per serving*** ***Source of Vitamins A, B, C***

CREAMED CARROTS AND ONIONS ***Preparation time: 30 min.***

• Cook ½ pound carrots, cut diagonally, as above. Drain. Stir in dash of cayenne, ¼ tsp. sweet basil, and 2 tsp. cornstarch to carrots. Add ¾ cup milk or light cream; cook and stir until thickened. Add 1 cup cooked whole white onions and 2 tbs. chopped parsley. Heat.

Serves 4 ***115 cal. per serving*** ***Source of Vitamins A, B, C***

Tested in THE AMERICAN HOME KITCHENS



• Viennese sauerkraut



• french-fried celery

beets

BEETS AND ONION RINGS
Preparation time: 30 min.

• Cook 4-6 small beets in boiling salted water 30 min. or until tender. Drain, remove skins and cut beets into thin strips. Season with salt and pepper. Meanwhile, sauté onion in 1 tbs. butter until tender. Combine with beets.

Serves 4 ***100 cal. per serving*** ***Source of Vitamins A, B, C***

BEETS AND GREENS ***Preparation time: 40 min.***

• Cook 4-6 small beets as above. Slice thin. Cook the greens in salted water 10 min. or until tender. Drain; add to sliced beets. Meanwhile simmer together for 3 minutes ¼ cup wine vinegar, one 2-inch stick cinnamon, 6 whole cloves, 1½ tsp. sugar and ¼ cup water. Strain, add 1 tbs. butter and pour over hot beets and greens.

Serves 4 ***90 cal. per serving*** ***Source of Vitamins A, B, C***

BEETS WITH PINEAPPLE ***Preparation time: 40 min.***

• Cook 4-6 small beets as above. Dice. Combine 2 tbs. brown sugar, 2 tsp. cornstarch, ¼ tsp. salt in saucepan. Add ⅓ cup pineapple juice and ¼ cup water. Cook and stir until thickened and smooth. Stir in 1 tbs. butter, 1 tbs. lemon juice, ½ cup drained canned crushed pineapple and the diced beets. Heat thoroughly.

Serves 3-4 ***130 cal. per serving*** ***Source of Vitamins A, B, C***

Tested in THE AMERICAN HOME KITCHENS

• green beans

CURRIED GREEN BEANS AND CAULIFLOWER
Preparation time: 30 min.

• Boil 1 pound green beans, cut diagonally, in salted water 10 min. Meanwhile, separate 1 small head cauliflower into flowerets. Add to beans and cook about 10 min. longer or until tender. Drain. Add ½ to 1 tsp. curry powder to 1½ cups medium white sauce, pour over vegetables.

Serves 6 ***140 cal. per serving*** ***Source of Vitamins A, B, C***

GREEN BEANS ORIENTAL ***Preparation time: 20 min.***

• Boil 1 pound frenched green beans in salted water 15 min. or until tender. Drain. Meanwhile, combine 2 tbs. melted butter, or bacon fat, 1 tsp. cornstarch, 6 tbs. water and 1½ tsp. soy sauce. Bring to a boil and boil 1 minute. Add ¼ cup sliced, drained water chestnuts. Pour over cooked beans.

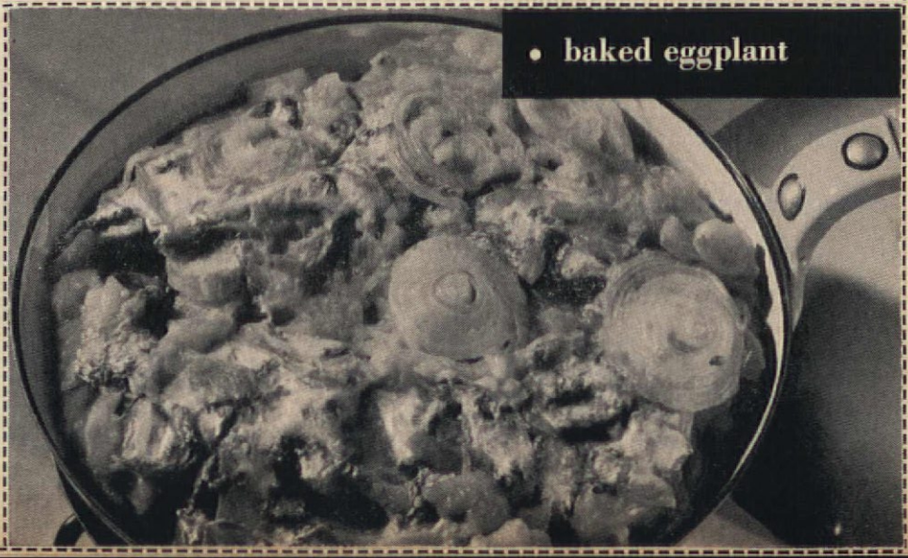
Serves 4 ***80 cal. per serving*** ***Source of Vitamins A, B, C***

GREEN BEANS AND HAM ***Preparation time: 15 min.***

• Cook 1 pound green beans and ½ cup cubed ham in boiling salted water 25 minutes or until tender. Drain. Season with salt, pepper, and butter. Top with grated Parmesan cheese.

Serves 4 ***100 cal. per serving*** ***Source of Vitamins A, B, C***

Tested in THE AMERICAN HOME KITCHENS



• baked eggplant

Breakfast

	CALORIES
Orange juice	110
1 soft cooked egg	80
1 slice toast	60
1 pat butter	50
Skim milk	85
Coffee	—
	385

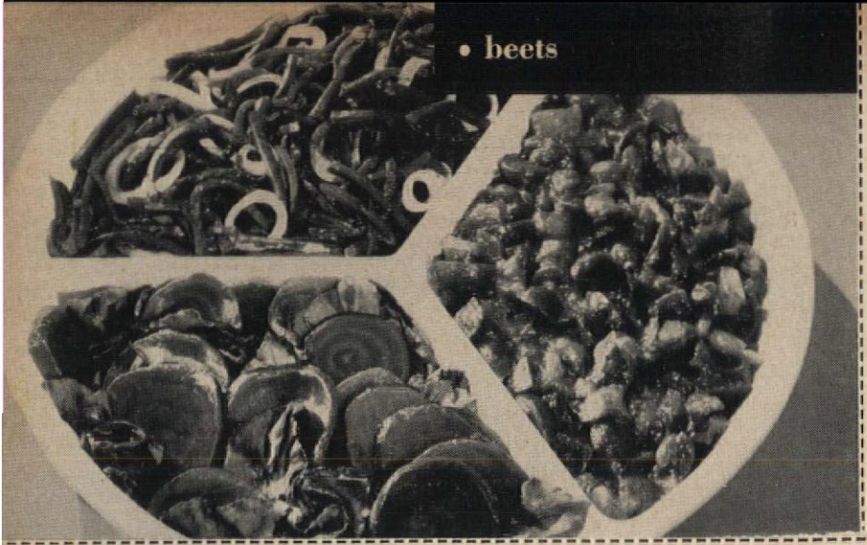
Lunch

	CALORIES
Cream pea soup	150
*Crab meat salad with low calorie dressing	135
3 saltines	45
1 pat butter	50
Fresh pineapple	75
Skim milk	85
	540

Dinner

	CALORIES
Broiled ½ chicken	160
*Beets and onion rings	100
Mashed potatoes	150
Mixed greens with 1 tbs. salad dressing	10 50
Angel food cake	120
Coffee	—
	590

TOTAL 1515



• beets

• baked eggplant

Preparation time: 10 min.
Baking time: 1 hr.

1 eggplant
1 tsp. salt
1 can frozen orange juice
2 onions sliced (1 cup)

• Pare and slice eggplant into 1½-qt. baking dish. Sprinkle with salt, add orange juice and onion slices. Bake in moderate oven 375°F., for 1 hour. Baste occasionally with liquid in pan.

Serves 6 ***81 cal. per serving*** ***Source of vitamins A, B, C***

Originated in THE AMERICAN HOME KITCHENS

• french-fried celery

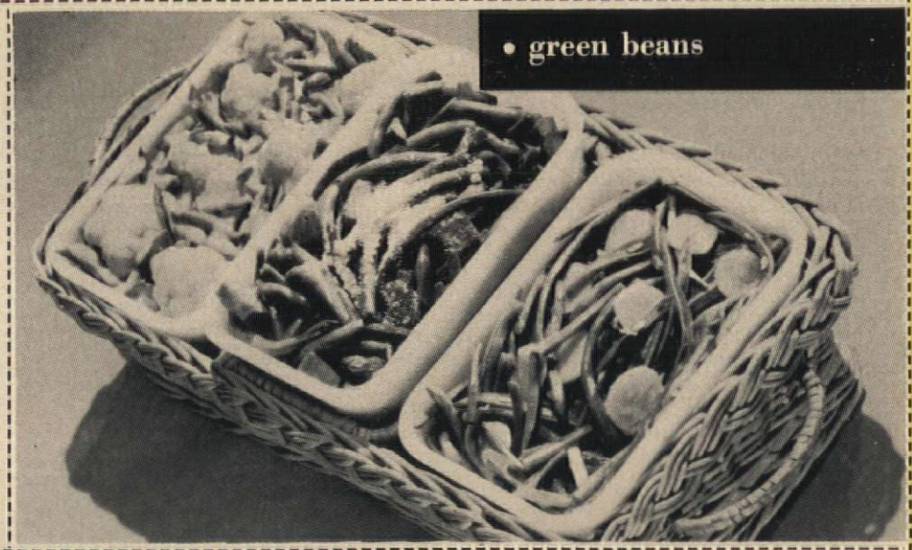
Preparation time: 12 min.
Cooking time: 3 to 6 min.

2 celery stalks
1 egg, slightly beaten
2 tbs. water
Fine bread crumbs

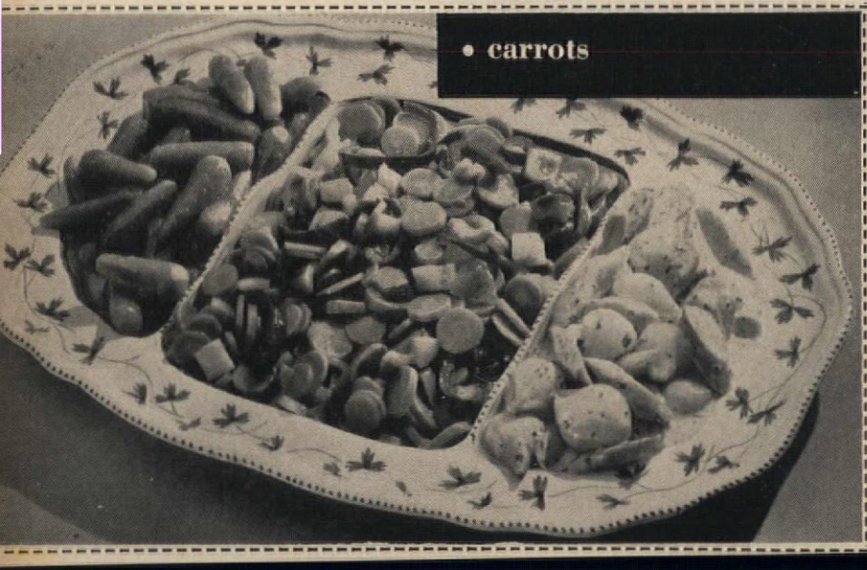
● Wash celery thoroughly, cut into quarters. Cook in small amount water for 10 minutes. Drain. Add water to egg. Dip celery in egg, then in bread crumbs. Fry in deep fat (370°F.) 3 to 6 minutes until golden brown. Drain on absorbent paper and sprinkle with salt. Serve hot.

Serves 8 ***34 cal. per serving*** ***Source of Vitamin B***

Tested in THE AMERICAN HOME KITCHENS



• green beans



• carrots

Preparation time: 1½ hrs.

• Viennese sauerkraut

2 lbs. sauerkraut
Water
1 tbs. bacon drippings
1 small onion, chopped
1 tbs. flour
1 small raw potato, grated
Salt and pepper

Place sauerkraut in pan; add water to cover, and allow to simmer one hour. Drain and reserve liquor. Melt drippings in a pan, add onion and cook until tender. Blend in flour; add sauerkraut, potato, and sauerkraut liquor. Season to taste with salt and pepper and simmer for 10–12 minutes. Serve hot.

Serves 6 ***84 cal. per serving***

Recipe submitted by Toni Clair
China, Apple Blossom Pattern, Royal China

Tested in THE AMERICAN HOME KITCHEN

Breakfast

	CALORIES
½ grapefruit	75
1 soft cooked egg	80
1 slice toast	60
1 pat butter	50
Skim milk	85
Coffee	—
	350

Lunch

	CALORIES
Cottage cheese with chopped cucumber & onion	230
Asparagus	35
1 slice toast	60
1 pat butter	50
Fresh pear	95
Skim milk	85
	555

Dinner

	CALORIES
*Braised lamb shoulder chops	225
Mashed potatoes	150
Broccoli	45
*Thin shred salad	20
Baked custard	140
Coffee	—
	580
TOTAL	1485

• dutch bean salad

Preparation time: 10 min.
Chilling time: 2 hrs.

3 slices bacon
2 tsp. sugar
2 tbs. vinegar
Dash salt
1 can (1 lb.) green beans
6 tomatoes
Lettuce

• Fry bacon; add sugar, vinegar, salt, and beans including liquid. Chill—then drain. Put beans in scooped-out tomatoes. Serve on salad greens. This recipe is delicious served as a hot vegetable with meat or poultry.

Serves 6 ***84 cal. per serving*** ***Source of Vitamins A, B, C***

Tested in The American Home Kitchens



• ruby beet ring with diet dressing



• tomato soup with herbs

• piquant perfection salad

2 packages lemon-flavored gelatin
1¾ cups hot water
1¾ cups cold water
½ cup tarragon vinegar
2 tbs. grated onion
1 tsp. salt
2 cups unpeeled, chopped cucumber
2 cups shredded cabbage
2 cups chopped pimientos
¼ cup green pickle relish

Add hot water to contents of packaged gelatin. Stir until completely dissolved. Add cold water, vinegar, grated onion, and salt. Place in refrigerator and let stand until slightly thickened, then fold in remaining ingredients. Pour into a 1½-quart mold which has been rinsed with cold water. Return to refrigerator and let stand until firm. Unmold on serving platter, garnish with cucumber slices, lettuce, chicory, or endive, as desired.

Serves 10–12 ***74–88 cal. per serving*** ***Source of vitamins A and C***

Originated in The American Home Kitchen

• thin-shred salad

Preparation time: 20 min.

1 medium-sized head firm cabbage
¼ cup oil
2 tbs. vinegar, tarragon preferred
1 tsp salt
Fresh ground pepper
½ tsp. sugar

Wash and trim cabbage. Shred very fine. If necessary, crisp in ice water, drain well, dry on a towel or in a colander. Place in deep bowl, pour on vinegar, oil and scatter seasonings over the top. Toss well with two forks until each shred glistens with oil. Serve as soon as possible.

Approx. yield: 6 to 8 portions ***21 cal. per serving*** ***Source of vitamins A, C.***

If mayonnaise is used on cabbage salad, dilute to the consistency of thin cream with evaporated milk or with half milk and mild vinegar. A small onion minced and added to the mayonnaise gives sharpness to a flavor that might otherwise be too rich for this type of salad. Sections of pineapple can be used as flavor contrast, and shredded apple also gives a sharp fruitiness to cabbage.

Tested in The American Home Kitchen



• cucumber soup

Breakfast

	CALORIES
Tomato juice	50
Dry cereal	90
sugar	50
1 slice toast	60
1 pat butter	50
Skim milk	85
Coffee	—
	385

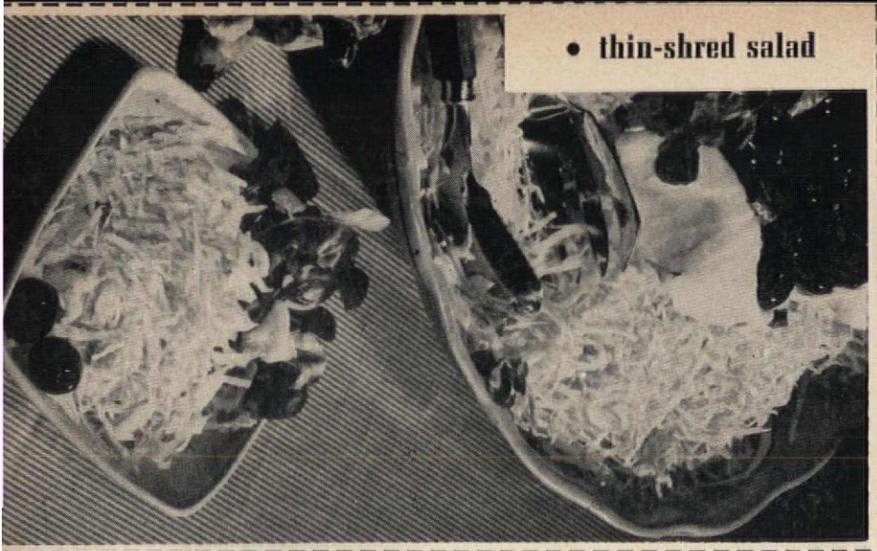
Lunch

	CALORIES
Pork chops	285
Sauerkraut	30
1 slice toast	60
1 pat butter	50
Fruit gelatin	125
Skim milk	85
	635

Dinner

	CALORIES
*Broiled Filet of Sole with mushrooms	100
Peas	110
*Beets with pineapple	130
Tomato salad	40
Pound cake	120
Coffee	—
	500

TOTAL 1520



• thin-shred salad

• cucumber soup

Preparation time: Soup—15 min.
Sand. Loaf—30 min.

2 cups grated cucumber (2 medium)
¼ cup finely chopped onion
1 tsp. sugar
2 tsp. salt
½ tsp. pepper
1 tsp. dried dill
2½ cups water
2 cans condensed beef bouillon (or chicken broth)
2 tbs. lemon juice

• Combine cucumber, onion, sugar, seasonings, water and bouillon in saucepan. Simmer 10 minutes. Stir in lemon juice and serve.

Note: Soup may also be served chilled.

Yield: 8-10 Servings (2 qts.) ***50 cal.*** ***Source of Vitamins B, C***

PARTY LOAF:

• Remove entire crust from round white Italian loaf (about 1 pound). Slice into 3 or 4 layers. Spread each layer with softened butter or mayonnaise and then with filling. Beat 8 oz. cream cheese and 2 tbs. mayonnaise until smooth. Spread over entire loaf. Garnish with chopped radishes and chopped parsley.

Suggested Fillings: tuna fish, salmon, shrimp or chicken salad; egg salad, deviled ham; cheese spreads, sardine spread.

Yield: 8-10 servings ***390 cal. per serving*** ***Source of Vitamins A, B, C***

Tested in THE AMERICAN HOME KITCHENS

ruby beet ring with diet dressing

Preparation time: 15 min.
Chilling time: 1-2 hrs.

1½ tbs. gelatine
¼ cup cold water
1¾ cups boiling water
⅔ cup sugar
½ cup lemon juice
1 tbs. vinegar
1½ tbs. horseradish
Dash of celery salt
½ tsp. salt
¾ cup finely-chopped cabbage
¾ cup shoestring beets
1 cup diced celery

• Soften gelatine in cold water, combine with all ingredients except vegetables. Chill. When partially set, fold in vegetables. Pour into 1-qt. mold or 6 to 8 individual molds. Chill until firm.

DRESSINGS

FAMILY'S:
½ pt. sour cream
1 tbs. mayonnaise

DIETER'S:
½ pt. yogurt ½ grated cucumber
Paprika, salt, pepper, to taste

• Combine ingredients for each recipe and serve with molded salad.

Serves: 6-8 ***120 cal. per serving of salad*** ***Source of Vitamins A, B, C***
580 cal. per recipe of sour cream dressing
160 cal. per recipe of dieter's dressing

Tested in THE AMERICAN HOME KITCHENS

• piquant perfection salad





• dutch bean salad

• tomato soup with herbs

Preparation time: 10 min.

1 can condensed tomato soup
½ bay leaf
4 whole cloves
½ tsp. celery seed
¼ tsp. dried marjoram

Prepare soup as label directs. Add remaining ingredients and heat to boiling. Simmer 5 minutes. Strain before serving. Makes 4 servings.

Serve with: Any of these toppings—salted whipped cream and minced chives, a sprinkle of grated cheese, thin slices of avocado or lemon, popcorn or puffed cereal, garlic-buttered croutons, sieved hard-cooked egg yolk, or sliced olives.

Variation: Substitute ½ tsp. caraway seeds or ¾ tsp. curry powder for the celery seeds and dried marjoram.

Calories: 57 per serving

Tested in THE AMERICAN HOME KITCHEN

Breakfast

	CALORIES
Pineapple juice	100
½ cup dry cereal	90
Skim milk	85
1 soft cooked egg	80
½ slice toast	30
½ pat butter	25
Coffee	—
	410

Lunch

	CALORIES
Beef Bouillon	25
1 cup mixed fresh fruit salad	100
Chicken sandwich (2 slices bread, 1 pat butter, 1 slice chicken)	270
Carrot curls and celery sticks	50
Skim milk	85
	530

Dinner

	CALORIES
*Broiled steak	200
Lima Beans	150
Summer squash	35
*Piquant perfection salad	75
Baked apple	100
Coffee	—
	560
TOTAL	1500

Wesson® Oil
takes the smoke out of frying!



SOLID SHORTENINGS SMOKE BECAUSE they contain an emulsifier. This additive is good for baking, but smokes at frying heat. Shortening that smokes is breaking down, and that can hardly be good for you.

WESSON OIL DOES NOT SMOKE BECAUSE it is *all* shortening in its purest form—nothing added. Wesson is so clear and brilliant, so light in body, it sparkles as it pours. No other oil as fresh, as pure and as light.



New frying idea—
The Wesson Nest Egg

Cut center from thick slice of bread with glass or cookie cutter. Brown one side of bread in just enough Wesson to cover bottom of pan. Turn bread over. Break egg in center, salt and pepper. Cook slowly until egg sets, turn again and serve.



Smoke's out! Flavor's in!

Enjoy cleaner frying with no clinging odor

Brighter flavor in foods—no greasy film even after they've cooled

Digestible frying—more safely prepared than with costliest solid shortenings

Easier and thrifty—Wesson's the shortening you pour and can use again and again



For weight watchers... new low-calorie **D-ZERTA GELATIN**

With D-Zerta Gelatin you can make tempting, low-calorie salads, and delicious desserts that contain only 12 calories.

D-Zerta Gelatin is made without sugar, yet it has all the goodness and flavor of America's best-liked gelatin. Try all 6 flavors—and get plenty—because the whole family will enjoy it.

And now weight watchers can enjoy sweet, satisfying *low-calorie D-Zerta Puddings*—vanilla, chocolate and butterscotch.

D-Zerta and Jell-O are registered trade-marks of General Foods

Compare the calories in one serving	
Mince Pie	398
Gingerbread	206
1 Macaroon	108
D-Zerta Pudding. (*with nonfat milk*)	54
D-Zerta Gelatin (*all 6 flavors*)	12



Made by the makers of JELL-O desserts...so you know it's good!

Get an Appraisal

(Begins on page 30)

that lasted three days caused considerable damage because the electric service was disconnected by the former owner who had moved to another state. It's hard to believe, but the new owner stated that had he known there was a water problem requiring the use of an automatic pump, he wouldn't have bought the house. An experienced appraiser would have called attention immediately to the condition that existed and his service would have more than justified his fee.

I can recall the case of a house which was purchased in May, and not until the following December did the occupants find out that it was impossible to heat some of the rooms. The forced hot air system simply was not good enough to deliver heat to the rooms at the end of the line. The furnace was large enough, but the extended duct system with its twists and turns impeded the flow of heat. And how often has the delusion prevailed that any old house bought at a bargain price could be economically remodelled and modernized? Even a house built according to one's own plan will probably not be perfect. Experience teaches that most people have to make compromises, and the secret of successful compromise, in the case of a house, is to settle in favor of curable faults and avoid the incurable ones.

Again, it is not always a bargain to buy a 10-room house when you need only seven rooms or to get a great deal of surplus land. High taxes and landscaping soon can dissipate the advantage of an initial low price and the theory of closing up some unnecessary rooms simply doesn't work out in practice. Good design and plan are important. Adequate wall space, proper location of windows and doors, and what the professionals call good circulation in the layout are some of the more important physical factors. But just as important are the elements of a good location including good neighbors, convenient shopping facilities, transportation and schools. These are factors that should be emphasized, for even in our automobile economy there's a limit to distance.

What it gets down to is the simple requirement of getting dependable information. A real estate broker is often equipped with the necessary experience to make a competent appraisal, but usually brokerage and appraising don't mix. A broker is interested in making commissions and maintaining a good record of sales. He is usually biased to the extent that optimism is an important ingredient of good salesmanship. The reputable appraiser, on the other hand, is objective, and is employed to make an independent analysis and interpretation of the market and express an impartial opinion of the value of a property.

Now, how does one go about employing the services of an appraiser? It would seem that it should be a fairly easy task to select a competent appraiser in any given locality. The various associations and societies of appraisers provide the names of their members in most areas. Often a simple inquiry at a local bank will elicit the name of a reputable person. However, there are times when the selection of an appraiser is not easy. Some men are quite experienced in the evaluation of farms, business properties, or factory buildings, but are not specialists in residential property. Fundamental to the choice of an appraiser is the assurance that he is a person of unquestioned honesty and proved ability. It's also wise to find out if he's had long experience in real estate, if he's diligent in carrying out his assignments, and if he's capable of exercising sound judgment. Our thrift institutions such as savings banks, life insurance companies or building and loan associations, as well as government agencies are experienced in real estate matters but even they get an appraisal before making real estate or mortgage investments.

Since you, as the buyer of a home, usually take a greater risk, why not act to safeguard what is probably your most important investment? Take the reasonable precaution of having an appraisal made by a competent, qualified person. THE END



peachy puddin'

Light as a bubble—golden with clings! Looking for a dessert that's bubbly light, extra easy, extra *good?* Then dress up Minute Tapioca® with golden cling peaches!

Only *clings* are so tasty, so summery, so sunshine-bright. And only *clings* hold their handsome shape so well—even in fluffy desserts like this.

Team up clings and Minute Tapioca® tonight—for the *peachiest* pudding you ever ate!

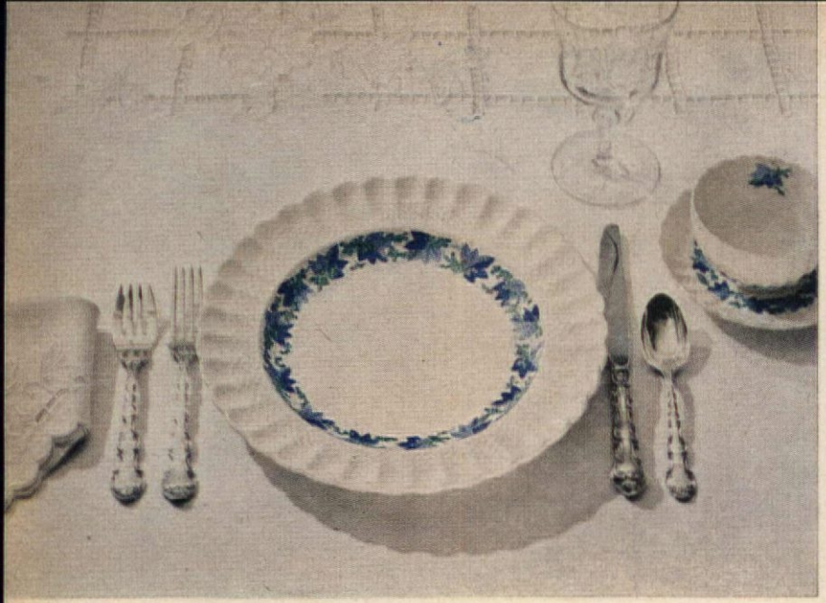
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Sunniest way to brighten any meal!

CANNED CLING PEACHES FROM CALIFORNIA





Christmas

Put Your Money on











FIRST ROW. Just because you're using an 18th century dinnerware pattern you needn't feel you're not dining in style. Spode's "Valencia" is not only correct with an Irish linen Madeira embroidered cloth and sparkling crystal goblets (Imperials's "Queen's Lace") in a setting reminiscent of grandmother's day, but it can be equally appropriate with the casual stemware and colorful setting you ordinarily use for family meals or less formal little dinners or buffets. If you have additional serving pieces in this fine pattern or other patterns that complement the dinnerware, don't be afraid to use them on the less-than-state occasions.

GERTRUDE BRASSARD

the Table

Are your scissors ready? Then let's settle down to a fascinating game of ticktacktoe. Played with *china*. The object of the game is to show you just a few of the almost limitless variations you can work out with a fine traditional china pattern.

Have you been under the impression that a lovely period design can only be used in a formal setting? That a Spode plate must always have a Spode cup and a Spode saucer and a Spode salad plate? Poppycock, say we. And our little game here shows how right we are. To prove our point we have selected three of the world's most beloved dinnerware patterns—designs that seem to live on as favorites forever.

PLEASE TURN THE PAGE



Play a game with these and cut out the dinner plate on the far left. To see how it looks in different settings, place it over other picture.



SECOND ROW. Whether it's in an elegant traditional setting with double damask Irish linen or for a less formal occasion with a brightly colored cloth and napkins, Royal Doulton's "Chelsea Rose" still looks splendidly magnificent. Accompanied by Heirloom Sterling's "Damask Rose" and Fostoria's shimmering "Silver Flutes" stemware, the table takes on a most regal look if a shade less elegant than for formal dinners. For another variation, try adding colored crystal to the setting.

THIRD ROW. Fine china is no longer relegated to the position of being used only when company comes. Unless there is constant danger of your china's being smashed on contact with small children, it's quite possible to use all or part of a set of fine china every day. Haviland's "Rosalinde," the "St. Regis" goblet by Bryce and the Victorian design of "Marlborough" sterling by Reed and Barton are other patterns we recommend for their versatility in mixing with modern materials.

See "Where Credit Is Due," page 95



a flavor treat you can eat and eat!

New England has long been famous as the home of *real* baked beans. And "down east" in Maine they bake beans best. B&M Brick Oven Baked Beans are slowly baked in real brick ovens, in a flavor-rich brown sugar sauce with generous pieces of tender selected pork in the traditional way. Enjoy this flavor treat soon!



They're Extra Good with B & M Brown Bread

B&M

brick oven

BAKED BEANS

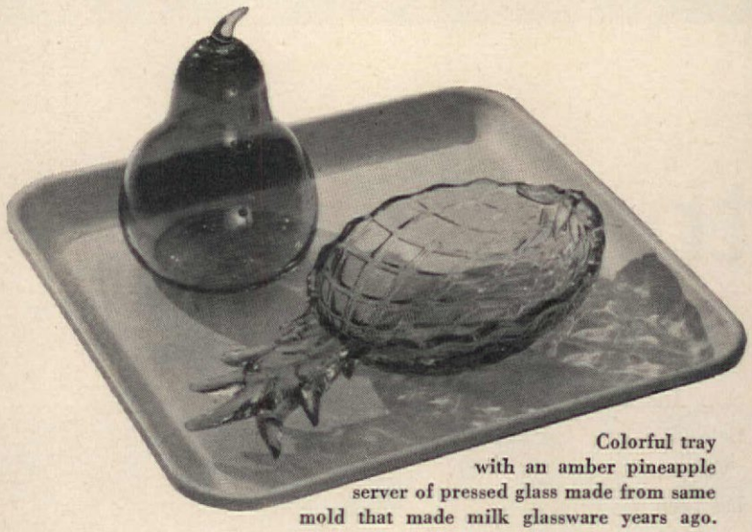
SEALED OVEN-HOT IN BOTH GLASS JARS AND TINS

BURNHAM & MORRILL CO., Portland, Maine

Money on the Table

(Continued)

The shape of Spode's "Valencia" is 120 years old and the wreath design dates back to before 1800. "Chelsea Rose" by Royal Doulton is 35 years old, and the design of Haviland's "Rosalinde" is a reproduction of a century-old French decal dinnerware pattern. Now—see what happens when you move these charming cut-outs to the more contemporary settings at their right. Ah ha! You see what we mean!



Colorful tray with an amber pineapple server of pressed glass made from same mold that made milk glassware years ago.

You might say this is a clarion call. Lovers of fine traditional china, unite! And accessorize! If you're thinking of a traditional dinner service . . . *buy* it. If you already own one . . . *use* it. You see, there's no limit to this game of mixing and matching. You don't have to play with dinner plates alone. Try using your china salad plates with silver coupettes . . . your bread-and-butters with glass luncheon plates. And you can call on an endless array of accessories to add to the fun . . . tureens, egg cups, salad bowls, table cloths that harmonize and add variation to your settings.



Mahogany-finished salad bowl has sterling silver base. Any silver handled salad servers would look well with it, but here we suggest the "Rhapsody" pattern made of olive wood with solid silver handles.



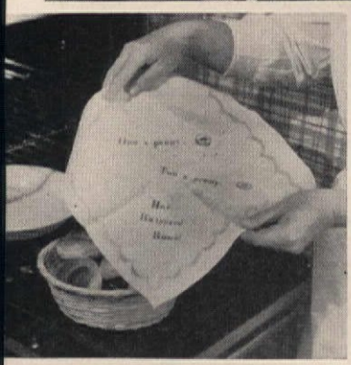
Covered soup tureen will also do for serving punch, stews, spaghetti, chow mein or ice cream. Colorful mats are handwoven.

So you see—there's no earthly reason why you shouldn't use your heavenly china for every meal you serve.

Just one more thought—*don't* be afraid to use your fine dinnerware. The better it is, the less likely it is to break or chip. And with reasonable care it should last for a good long time. We know of one family who's been using Spode's "Valencia" at every meal for 15 years and the only casualty has been one tea cup. So enjoy your set every day, at every meal. After all, you can't take it with you! THE END

SERVE 'EM HOT—KEEP 'EM HOT





Remember when fresh, hot, home-made rolls meant a special treat for the family. Why not have them that way every day? To serve them hot, put a ceramic tile in the oven for a minute or two along with the rolls. Line the bottom of a serving basket with the hot tile, cover the rolls with a napkin, and they'll stay warm throughout the meal.

NOW!

Just add boiling water— a home-cooked frosting is born right in your mixing bowl!





Like your fudge frosting rich and chocolatey? Try our new Chocolate Fudge Frosting Mix! You just add boiling water and presto! You've real home-cooked fudge frosting . . . ready in seconds . . . without cooking. Easy! Thrifty, too. There's plenty of creamy shortening right in the mix. And our fudge frosting will never, never fail you.

"I guarantee a perfect* frosting every time!" Betty Crocker General Mills

*PERFECT! Yes, every mix we make for you is guaranteed to come out perfect or send the box top to Betty Crocker, Box 200, Minneapolis, Minn., and General Mills will send your money back.

TRY ALL FOUR BETTY CROCKER FROSTING MIXES:



FLUFFY WHITE CHOCOLATE MALT PEANUT CREME CHOCOLATE FUDGE

VIRGINIA THABET

The mystery of the laundry shelf

You'd think in this day of the automatic washer and the miracle fabric that the family laundry would be a relatively simple job. But no! Walk into your favorite grocery store and you are confronted with an astonishing MAZE of laundry products that's more than enough to make your head swim. Figure out, if you can, the soaps and the synthetic detergents, the low-sudsing compounds and the sudsing compounds, the bluing that goes into the wash water and the bluing that goes into the rinse water, the vegetable starches and the plastic starches, the agents to soften the water and the agents to soften the fabrics. No wonder you feel like screaming for help! True, these modern-day laundry products give you a far better wash than in Grandma's day—but they can *be confusing. To help clear up the maze on the laundry shelf we've done some quiet investigating on our own. We give you herewith a list of them classified according to use and type. Some are available nationally, some locally. We don't have room to list them all; these are just a few examples. We* do *have one very valid suggestion: Before you buy, be sure to read the directions and look at the pictures. It's one way you can tell whether you're buying a cold-water soap or an "optical whitener" or an anti-static rinse.*





DETERGENTS

Any product which loosens and carries away soil from fabrics and surfaces. *Soap* is one kind of detergent and *synthetic* or artificial compounds are another.

SOAP

A product made from fats, oils and alkali. They do a fine job of cleaning, but will often combine with minerals in untreated hard water and tend to form curd.

LIGHT DUTY: These contain equal amounts of fats and alkali and are recommended for hand washing fine fabrics or garments of delicate construction.

CHIFFON FLAKES
IVORY FLAKES
IVORY SNOW
KIRKMAN FLAKES
LUX FLAKES

GENERAL PURPOSE: Most of these products contain "special builders" to help them remove soil quickly. Certain of these also contain excess amounts of alkali for heavy-duty jobs. Be sure to read the package directions.

AMERICAN FAMILY FLAKES
CUL
DUZ
INSTANT FELS NAPTHA
RINSO
WHITE KING

SYNTHETIC

Compounds especially adaptable for use with hard water, since they do not react as much with the minerals in the water and hence do not form excess curd or scum. Some are available in colors.

LIGHT DUTY: These are recommended for washing fine fabrics, delicate cleaning, and hand dishwashing. These are sudsing products.

GRANULES
DREFT TREND VEL

LIQUIDS
CHIFFON JOY TREND
FELS LUX VEL
GLIM SHINA DISH WHITE KING

GENERAL PURPOSE: These contain special agents or "builders" for greater cleanability and heavy soil removal. Be sure to follow package directions.

SUDSING: (Not recommended for tumble-type machines or combination washer-dryers.)

GRANULES
AMERICAN FAMILY
BREEZE
CHEER
DUZ, BLUE DOT
FAB
FELSO
KIRKMAN
KIRKMAN BLUE
OCTAGON
OXYDOL
RINSO BLUE
SILVER DUST BLUE
SURF
SUPER SUDS
SUPER SUDS BLUE
TIDE
WHITE KING D

LIQUIDS
WISK

LOW SUDSING: (For any type washing machine.)

GRANULES
AD ALL DASH FUN SPIN

LIQUIDS
HUM

TO SUDS OR NOT TO SUDS—THAT IS THE QUESTION

Synthetic detergents also fall in two other classes:
(1) THE SUDSING KIND; (2) THE LOW-SUDSING KIND.

Because soap has always sudsed in the past, the right amount of soap was generally judged by the *amount* of suds! But, actually, suds themselves have no cleaning power. It is what is in the *water* that does the job. Suds often slow down or "cushion" the water action, and keep the water from doing the best job possible. In cases of general cleaning, sometimes suds have many advantages, such as floors, woodwork, etc. that do not require forceful water action for best cleaning results.

SPECIALTY PRODUCTS

These detergents are manufactured for a specific job. You will find cold water soaps for delicate wools and woven fabrics; "special garment" detergents for elasticized fabrics and "optical whiteners" and detergents for synthetic fabrics. Some have anti-static qualities.

ANGEL RINSE NYLAST NYLON BRITE WOOLFOAM WOOL KARE
KOL-SOPE NYLONU WOOL BRITE WOOLITE YARN-GLO
LASTIC LIFE

WATER AGENTS*

WATER SOFTENER COMPOUNDS. A product which combines with minerals to form particles which tend to settle in the water. This means the water will mix freely with soap or detergent to give a cleaner wash. Thorough rinsing is necessary to remove these particles. Besides acting as a water softener for laundering, many of these products are used for other household needs. Read directions.

ARM & HAMMER SAL SODA MEL'O OAKITE WHITE KING
CLIMALENE NOCTIL 20 MULE TEAM BORAX

WATER CONDITIONER COMPOUNDS. A product which not only softens the water but also helps to pull out of soiled laundry imbedded curd or scum which has caused grayness and dinginess. Besides helping to prevent tattle-tale gray, use this alone to recondition clothes already yellow or gray. See directions.

CALGON

*Generally to be used if you do not have a mechanically softened water system.

FABRIC SOFTENERS

Often called a fluffing agent, which when added to the last rinse, helps to soften and reduce wrinkles in all washables. Helps to make ironing easier and in some cases will reduce static electricity and brighten colors, when bluing or brighteners are included in the product. *Do not* confuse with water softeners. Must be repeated with each wash.

NUSOFT STA-PUF

BLEACHES

Products which help to whiten or brighten white or colorfast materials that are yellowed or grayed. They help to disinfect and sanitize too! Bleaches will not help if yellowness or grayness is due to curd or scum. (Remove this imbedded scum with a conditioned rinse using a water conditioning compound.)

CHLORINE OR CHLORINE TYPE: Used for cottons, linens and some synthetics; also general household cleaning. Note—this type may tend to "yellow" white resin finished fabrics. Be sure to follow directions.

LIQUID
CLOROX FLEECY WHITE ROMAN CLEANSER
DAZZLE PUREX VANO

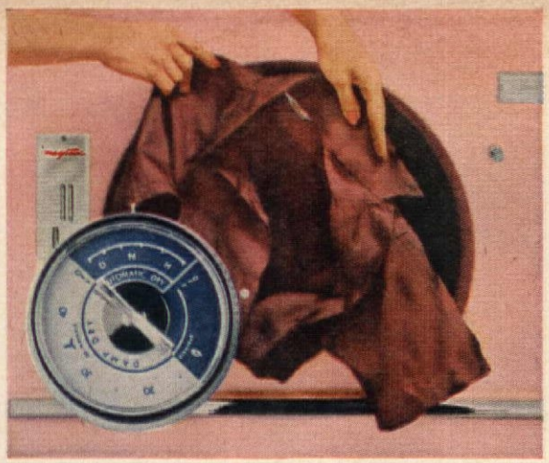
DRY
BEADS-O-BLEACH SAGE

PERBORATE: A dry, bleach, milder than most; used mainly for synthetics.
DEXOL SAGE SAFETY SNOWY VANO

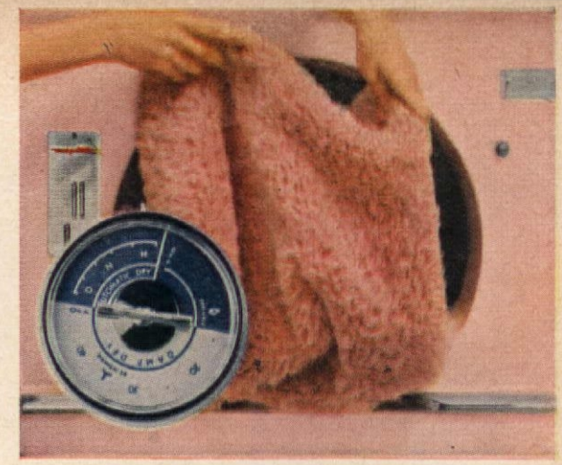
PLEASE TURN THE PAGE



or delicates . . . precious silks and syn- . . . perfectly dried in as little as 8 minutes ver a worry about correct temperature or ney'll be tumbled gently in the smooth por- asket until every piece is dried just right.



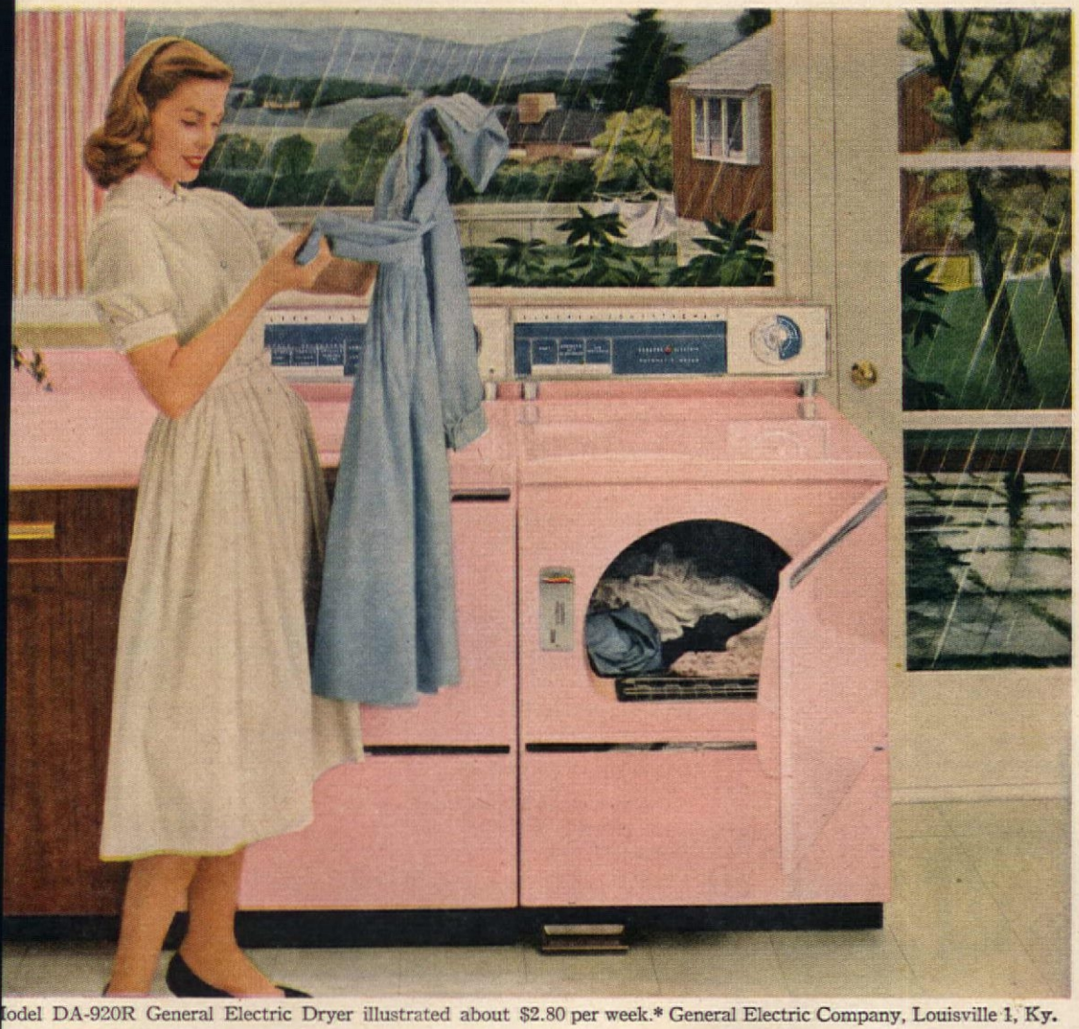
N is for normal loads . . . cottons and linens that you wash most often. High-speed, low-temperature drying will have the average load dry—smelling breezy fresh—in less than 35 minutes. And they'll be so smooth you'll iron less than ever.

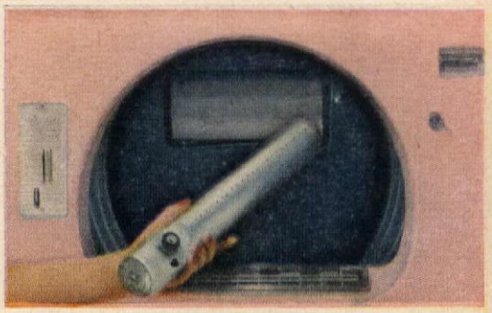


H is for heavy . . . hard-to-dry loads. Bedspreads, rugs, loads of towels or heavy jeans dry perfectly—clear through—without watching or resetting the dial. And you'll marvel at the softness of chenilles . . . fluffiness of terrys . . . velvety-smoothness of corduroys!

New 1958 General Electric Dryer Gives You Perfect, All-Automatic Drying for All Washables!

Dries a typical load of family wash in less than 35 minutes





Automatic Sprinkler . . . dampens shirts, dresses, starched pieces . . . has them ready for easy ironing in minutes.



Automatic De-Wrinkler "tumble-presses" properly tailored synthetic garments —even smooths out wrinkles caused by wearing.



Air Freshener releases a gentle fragrance into air stream—gives clothes a fresh, breezy-day fragrance.

Model DA-920R General Electric Dryer illustrated about $2.80 per week.* General Electric Company, Louisville 1, Ky.

omatically dries clothes so soft . . . smooth . . . so wrinkle-free . . . you'll e much less to iron! Use of either 115 s or 230 volts . . . automatic control provides ect drying times and temperatures for every . For high-speed drying (times shown) and matic de-wrinkling of synthetic suits, use nal 230-volt installation.

Other features, Foot pedal opens full-width magnetic door. Lint Guard catches all lint. Smooth, porcelain basket protects finest fabrics. In beautiful General Electric Mix-or-Match colors and white.

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**After small down payment. See your General Electric dealer for his prices and terms. Most models available in Canada.*

LIVE BETTER ELECTRICALLY

Own a dishwasher?

A famous **all** *for washing clothes*
has met your fondest wishes
So why not let another **all**
polish off the dishes?





YOU CAN RELAX when you use self-polishing DISHWASHER *all* in your electric dishwasher. You can be confident for the first time that your dishes will sparkle and gleam . . . and be really clean . . . without pre-scrubbing and polishing afterward.

Unconditionally guaranteed by Lever Brothers Company.

BLUINGS

Often referred to as a "cosmetic" to make clothes appear whiter or brighter. Colorless brighteners are available, too, for nylons and other synthetics. (See list of Specialty Products.) Some are added to rinse water—others to the wash water. Follow directions.

THOSE WHICH GO INTO THE WASH WATER

BLU-WHITE LA FRANCE

THOSE WHICH GENERALLY GO INTO THE RINSE WATER

LIQUID

BLEACHETTE BULL DOG LITTLE BOY BLUE

DRY

BLEACHETTE

ANTI-STATIC RINSES

Many fabrics attract dirt because they accumulate static electricity. This dirt is often hard to remove because the dirt itself contains electricity and clings to the fabric. The anti-static rinses coat the surface of the fabric and so repel dust. Many of the specialty products and fabric softeners contain anti-static qualities.

CLING-FREE EX-STATIC

STARCHES

Sizings used to help give body and life to limp clothes. In most cases starch helps to coat fabric fibers and retards quick soiling. Some starches must be cooked, some can be used uncooked, some mixed with hot water, some with cold. True vegetable starches come out with each wash. Some plastic starches last for several washings — and are so called "permanent."

TRUE VEGETABLE STARCHES

HOT WATER TYPE

ARGO GLOSS FAULTLESS LINIT QUICK ELASTIC
STALEY CUBE

COLD WATER TYPE

NIAGARA

(Many hot-water types are recommended for use with cold water. See directions.)

LIQUID STARCHES

DAZZLE QUICK ELASTIC VANO
LINIT LIQUID STA-FLO ZIPPY

PLASTIC STARCHES

Not really starches, but special finishes which when diluted and used as liquid starches give a so-called "permanent" finish. Some of these starches are resinous finishes . . . be sure to read directions . . . especially if using chlorine bleaches. Some last through several washings. Follow directions. Some claim special dirt resisting properties.

ALL VANO DURA GLOSS TEX PERMA

IRONING AIDS

Wax-like products which coat fibers, making fabrics easier to iron. Some are added to hot-water type starches; some to last rinse. Be sure to follow directions.

SATINA

THE END

ew idea! VINYL in a floor wax

and the beauty of it is – *it's childproof**



er before such a high gloss!

Simoniz Floor Wax with *vinyl* in it, you higher gloss than you've ever n. On *any* kind of floor—linoleum, alt, rubber, vinyl tile or finished ! Throughout the house!

wax easier to apply!

Simoniz Floor Wax polishes itself. uffing. No rubbing. It spreads evenly thout streaks—quickly sets to a n, beautiful, *vinyl* gloss!

***Wet spills won't harm gloss!**

Splashes and spills—so common with children—won't hurt the tough vinyl surface —or shine. Simply wipe them up. *New* Simoniz Floor Wax is water-repellent.

***Never before such protection!**

The miracle of vinyl—and only Simoniz has it—gives you the toughest floor surface. The kids won't scuff it, or harm the gloss with their roughhousing. No doubt about it—it's *childproof!*

***No finish so easy to maintain!**

Simoniz Floor Wax with vinyl has a gloss that lasts and lasts. You can even damp mop your floors freely without dulling the shine. Without spoiling the wax finish.

***Good news about re-waxing!**

Here's the *one* floor wax you can remove *evenly* before re-waxing. Simply use your regular household detergent and warm water. The beauty increases with re-waxing. You'll be amazed, once you try it.



Simoniz® Floor Wax

For all floors—linoleum, asphalt, rubber, vinyl tile and finished wood

Now . . . How About That!

Our mailbag continues to bring in interesting experiences the readers of this monthly piece have had with E-Z-DU Wallpaper. We are happy to turn this space over to them for the commercial! The following was sent in by Mrs. Daniel J. McCarthy of North Andover, Mass.:

"I'm not a 'do-it-yourself' enthusiast. When wielding a hammer I have ten thumbs, all of which get in the way. I paint, managing to cover myself beautifully—the object to be painted doesn't seem to cover nearly as well! I'm just not a handy-woman.

When I announced to my husband at breakfast that I was going to paper the dining room, I received a very superior masculine grin and a promise that he would do it as soon as he had the time.

After he left for work I went to the local E-Z-DU dealer to buy the paper. Selecting a pattern was the most difficult part of the project. There were so many attractive E-Z-DU papers that the decision wasn't easy. I gave the dealer the dimensions of the room, and he computed how much paper I needed. (I was never very good at Math either.) Then I dashed home and went to work.

I ran into a few minor problems which my eight year old helped me to solve, and by the time my husband came in I had a third of the room papered! His amazement was only exceeded by his desire to try it. Together we completed the dining room that evening and feel that we did a professional looking job of paper hanging.

We're now preparing to paper our son's room with E-Z-DU. I wouldn't dare to start it alone this time though. My husband would never forgive me if I had all that fun by myself!"

Our thanks to Mrs. McCarthy and a suggestion to our readers. Investigate the virtues of E-Z-DU*. Ask your Imperial dealer for a free demonstration! *Reg. U.S. Pat. Off.

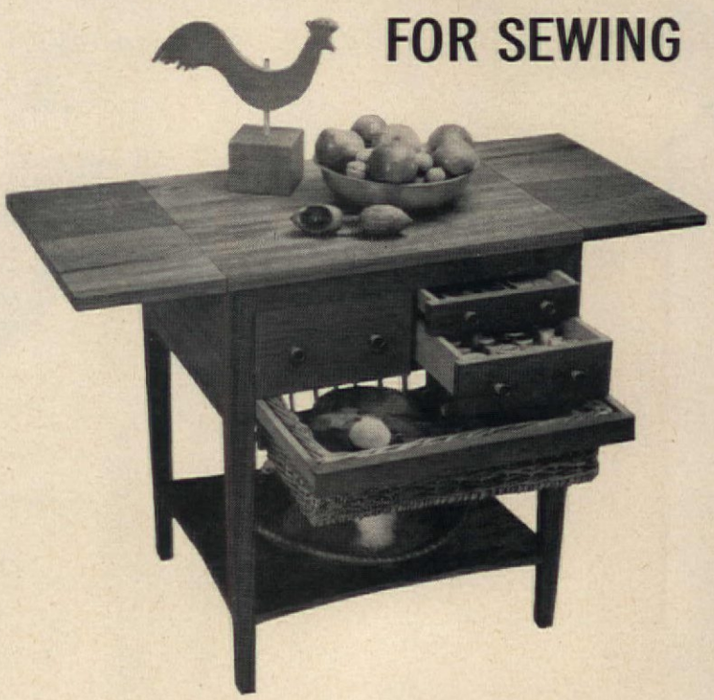
IMPERIAL PAPER AND COLOR CORPORATION
Glens Falls, New York



pictured in color on page 38

1677

BUILD THIS SPECIAL TABLE FOR SEWING



• Do you have your needles and thread in one drawer, a basket of mending on the floor, a little box of buttons somewhere else? No wonder you put off sewing at the slightest provocation. We can't guarantee you'll become an expert seamstress with this table, but it will start you well on your way. And you'll love the convenience of having everything in one place. Drop leaves make a good-sized top for cutting; special drawer for spools holds them in place with color in full view. The button drawer is partitioned, the deep drawer holds many necessary sewing needs. All this and a BIG pull-out basket for mending plus a nice big shelf at the bottom! Handsome enough to use in your living room next to a comfortable chair or the sofa. This is an American HOME Workshop Pattern, **#1677,** priced at 50¢.

1677 50¢

Name

Street Address

City *Zone No.* *State*

PRINT name and address in coupon which will be used as label for mailing pattern. Cut out order form along dash line and send personal check or money order (please do not send stamps). If you live in New York City, add 3% for City Sales Tax.

AMERICAN HOME PATTERN DEPARTMENT, P.O. BOX 296, FOREST HILLS, N.Y.



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When your TV picture "winces" or shrinks in size, that may mean Skimpy Wiring has gotten into the act.

Weak, undersized Skimpy Wiring also plays tricks with your electrical appliances: makes them operate sluggishly, inefficiently; may even burn them out. In fact, this little "plug-ugly" can be a definite hazard to your home!

Why put up with such an annoying menace? Find out about the many advantages, the reasonable cost of full-powered *copper* wiring! Ask your power company man or electrical contractor for a HOUSEPOWER check-up!

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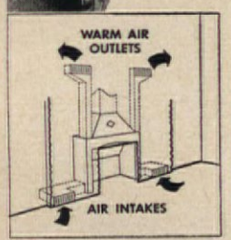
FULL PLEASURE... FROM THIS FIREPLACE...

WARMS EVERY CORNER... doesn't smoke

A crackling fire, flickering shadows . . . a time of relaxation and enjoyment. And, with a Heatilator Fireplace, you get extra comfort, *plus* smoke-free operation. The exclusive Pressure-Seal Damper prevents loss of winter warmth and summer air conditioning when fireplace is not in use.

A basic necessity for basement rooms and summer cottages, Heatilator Fireplaces provide warmth and comfort in periods of cool weather.

Specify a Heatilator Unit for *your* new fireplace. Sold by leading building materials dealers.



YOUR FIREPLACE BUILT AROUND A HEATILATOR UNIT takes floor level air into heating chamber, circulates warm air around the room. Hot spots and chilly corners eliminated.

Insist on the genuine Heatilator Fireplace —look for name on the damper handle.

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Address.....

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Clip and Mail this Coupon TODAY!



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Stationary and ventilation units combine to form attractive "feature" windows.

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GENTLEMEN: Please send FREE FOLDER showing how to use Pella Multi-Purpose Windows.

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ADDRESS

CITY & ZONE STATE

Made by makers of famous PELLA CASEMENT WINDOWS *and* PELLA FOLDING WOOD DOORS

JAN WILDE

"Redoing the outside, we painted the house blue with white trim, added new window boxes, and trimmed the jungle of vines and ivy."



A search for a lamppost started us on the road to an absorbing, fascinating hobby . .

FURNISHING OUR

Not long ago my husband and I bought a house. It wasn't a pretty house—far from it—but we thought it had possibilities. After fixing up the inside and the yard, somehow we got the idea that we simply HAD to have an antique lamppost for the front lawn.

One day I decided to wander down the block looking for a home with a lamppost, figuring the owner could tell me where to find one. As I approached the door of one house, I took a peek through a window and saw a beautiful collection of antiques, many of them Early American. The owner graciously showed me through her home, giving me a brief commentary on each piece and pointing out such things as bread-board ends, stretcher bases.

Somehow her enthusiasm and the beauty of her collection started me on the way toward refurnishing our new-found home with antiques. Taking our time, we acquired each piece slowly, supplementing our collection with expeditions around the country and even abroad, where one year I acquired a few items from Nell Gwynn's House in Windsor and from Dickens' Old Curiosity Shop. The accessories took longer than the furniture, but I don't think one ever stops looking for these—that's the fun of being a collector.

Oh by the way, I did eventually find that lamppost!

NEW HOME WITH ANTIQUES



"One of the original things we loved and never changed in our little home on Radford Road is the living room fireplace, which fortunately has another opening in the kitchen. The Philippine mahogany paneling extends from the living room through the dining room. The kitchen is paneled in knotty pine. The original interior was painted in very drab colors, but with some paint and elbow grease, this was soon remedied. All the repainting and wall-papering we did ourselves. (I could write a book on hanging my first strip of wallpaper!) All the colors and patterns in wallpaper and the curtains were carefully selected to harmonize with the collection of antiques that is our pride and joy."

INTER-STATE
Americas Largest Direct-to-You
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Sensational Pre-Spring
BEGONIA BULB SALE!

5 LARGE TUBEROUS EVER-BLOOMING BULBS $1.00 Postpaid and Guaranteed
Catalog Value $2.00
You Save $1.00

Featuring The Beautiful NEW unusual PICOTEE.
Its value alone is 50c

1 New Picotee (two-tone)
1 Pure White 1 Bright Red
1 Golden Yellow 1 Lovely Pink

Blooms both Indoor in Winter and Outdoor in Summer! Plant on north side of house for spectacular display of color!

No other flower can equal the popular camellia-type begonias for sheer exquisite beauty. Magnificent, radiantly alive with color. Blooms are 4 to 5 inches across. Bulbs will bloom this summer 1958. A bed of these bulbs will provide a continuous display of flowers from early summer until frost. In fall take bulbs inside, after 6 to 8 weeks rest, repot for winter bloom. Order now, while the supply lasts.

FREE
Spring 1958 Nursery Catalog
84 Colorful Pages

INTER-STATE NURSERIES
America's Largest Direct-to-You Nursery
418 E St., Hamburg, Iowa
☐ FREE CATALOG ☐ 5 Begonias $1.00
☐ Please ship for indoor planting ☐ outdoor planting
Name
Street Address or RFD
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All bulbs shipped at proper planting time.

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LANDSCAPE KIT

For Ranch Houses, Colonials, Split Levels, Cape Cods, Country Places, Modern Houses.



HERE'S WHAT YOU GET:

1. FOUNDATION PLANTING GUIDE. "Dress up" corners, driveways, entrances, how to use trees, shrubs, etc.
2. GARDEN PLANNING CUTOUTS. Scale drawings of plants, trees, hedges, etc., to arrange BEFORE you plant!
3. LANDSCAPING WORK SHEET. Marked off to scale so you can "lay out" your landscape easily and quickly.

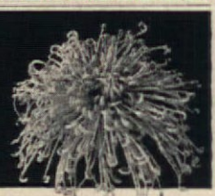
PLUS—NEW SPRING COLOR CATALOG of GUARANTEED perennials, shrubs, shade and fruit trees, etc.

COLOR CATALOG

Mail coupon below and you will receive . . . absolutely FREE . . . this "Do-It-Yourself" LANDSCAPING KIT. Complete instructions will lead you through every step of the planning, tell you where to plant trees, shrubs, vines, hedges, perennials, etc., to accent the beauty of your own house. Facts about fast-growing foliage for new houses . . . step-by-step instructions to enhance driveways and foundation lines . . . disguise unsightly areas. Shows you how to give your home a luxurious setting that can increase its value by a thousand dollars or more.

KELLY BROS.
Dept. AH-1, Dansville, N. Y.
Rush me FREE Landscape Kit (including Foundation Planting Guide, Garden Planning Cutouts, Landscaping Work Sheet, and your SPRING COLOR Catalog).
Name.....
Address.....
City
Zone.....State.....
(Enclose 50¢ West of Miss.)

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Now you can grow these thrilling, long quilled mums in your own garden. Specially priced in our beautiful 1958 catalog. Nearly 100 mum varieties. Save up to 40% on our low priced collections. 40 pages packed with exciting flower, bulb, fruit, and tree values. All guaranteed. Write today.



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WAVED and RUFFLED MIXED
4" to 5" blooms in gorgeous solid and variegated colors, deeply fringed, beautifully veined. Send 10c for (150 seed) regular 50c packet and Seed, Plant and Nursery Catalog. CATALOG FREE

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CONDON'S GIANT HYBRID TOMATO

50c VALUE FOR 10c

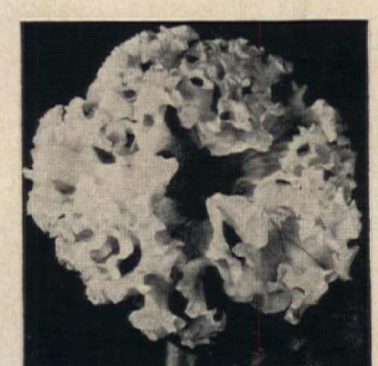
The world's finest Tomato. Large solid red fruits 3 in. across, in clusters of 4 to 6. Solid as a rock. Send 10 cents in coin for (20 seed) 50c value. Write today. Will include our Big New Colored Plant, Seed and Nursery Catalog. FREE

CONDON BROS. SEEDSMEN Dept. 100 Rockford, ILL.

Maytime petunia, an All-America medal winner, is light salmon pink, large flowered, beautifully ruffled. It grows about 12".



NEW FLOWERS FOR 1958



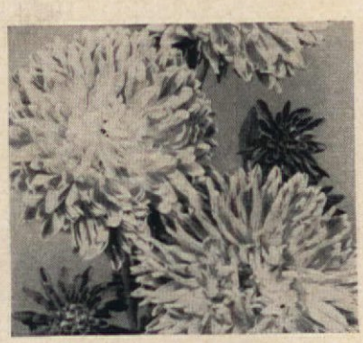
Super Frills petunias come in pink, salmon, burgundy, mauve, white, and have densely frilled, large blooms.



Snowflake impatiens has pure white, silky flowers against bright green leaves. It flowers well in shade.



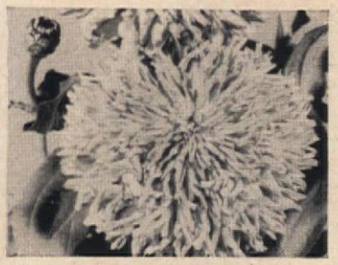
Wee Willie sweet-william (foreground) has ¾" flowers of red and pink, Blue Mink ageratum feathery tufts of brilliant blue.



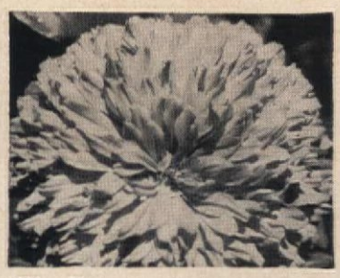
Orchid beauty aster has large, full blooms of rich, rosy-orchid color—something special as a cut flower!



Climax hybrid marigold, in yellow and orange, has enormous, densely petaled flowers all of 5" across.



Rosie O'Grady zinnia has crinkled petals, blends light and deep rose; flowers up to 4½".



Miss Universe zinnias, in many colors, have 6" blooms, grow 1½' to 2'; make compact plants.



French marigold Petite, only 6" to 8", comes in gold, orange, bicolor, with pompon-like blooms.



Calypso verbena includes many two-color combinations, is low-growing and flowers profusely.

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The second camellia to win an All-America award is Buddha, of phlox pink color with Tyrian rose veining. It's in the hybrid reticulata class, with wavy loose petals and open center. Blooms are 4½" to 6½".

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EMPHASIS ON THE LOWER LEVEL

Pages 40, 51: Refrigerator and freezer—Revco. Ovens, cooking units, dishwasher, washer-dryer combination—Hotpoint. Icemaker—Whirlpool. Cabinets—Geneva. Fan—Tradewind. Wall paper—Imperial. Table and chairs—Woodard. Shutters—Shutter House. Flooring, countertops and acoustical tile—Armstrong. Bell—Belltone.

SURROUNDING THE KITCHEN

Pages 42, 53: Counters—Formica. Cork pin up board—Armstrong. Vinyl flooring—Robbins. Refrigerator—Coldspot. Oven, counter range—Thermador. Chairs, furniture—Charles Eames. Plastic brick—Bondy. Disposal—G. E. Woven wood draperies—Decorative Imports, San Francisco.

LET'S MAKE TAFFY DOLLS

Page 54: Blendor—Waring Products Corporation. Saucepan—General Electric Co.

TAKE A CAN OF APPLES

Pages 56, 57: Pyrex Pie plate; square pyrex baking dish—Corning Glass Works. "Fontana" serving spoon; "Contempra" serving fork—Towle Manufacturing Co.

FAMILY FOOD

Pages 61, 62: Walnut individual wooden salad bowls—Woodmasters of California, Inc. Pyrex pie plate—Corning Glass Works. Universal Blendor—Landers, Frary & Clark. Canisters—Aluminum Goods Mfg. Co. Radio—General Electric Co.

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Page 83: Bun Warmer Basket—Screencraft Products, Inc.

NEW IDEAS FOR EASIER GARDENING

Pages 96, 97: Spreader—Scott's. Spot weeder—Bridgeport. Soluble plant food—Sudbury. Sprayer—Hayes. Seed-Preparer—Bare-Spot. Hoe—Connoisseur Shop. Sprinkler—Rain-Jet.

PHOTOGRAPHS

Lionel: pages 13 (No. 6), 14, 16. F. M. Demarest: pages 13 (No. 7, 8, 9), 48, 49, 52, 53, 56, 57, 60 (top), 61, 80-83. Carstens: page 13 (No. 10). Rudy Arnold: page 12 (No. 5). Otto Maya: pages 20-25. George Miles Ryan Studios Inc.: page 26. Warren Reynolds, Infinity, Inc.: pages 38, 39, 46 (middle), 47 (bottom), 91. George Szanik: pages 42, 43. Lew Merrim: page 45. Dick Boyer: pages 40, 41. Krantzen Studios: 46 (bottom), 47 (top). Gottscho-Schleisner: page 47 (middle). Chas. R. Pearson: pages 50, 51. Alfred Wagg: page 54. Darrow M. Watt: pages 9, 59 (top). Marty Bauman: pages 84, 85. George de Gennaro: pages 92, 93. DRAWINGS: Henry B. Aul: page 46. Sigman-Ward: page 49.

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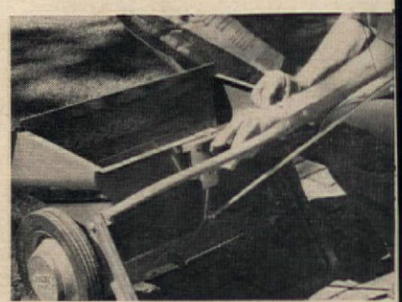
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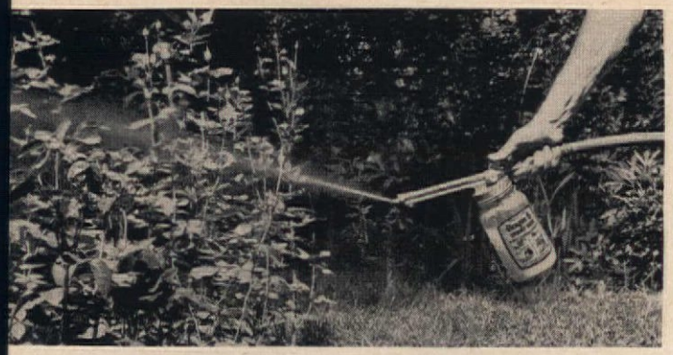
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Coming in February...

A special section containing the winners of the American Home Citation House contest



Last year, the American HOME invited builders in 12 key home building states to submit the plans of the best houses they planned to build during the year—houses in the medium price range. A group of judges representing the entire home building industry then selected, in each of these 12 key states, the three homes that in their opinion represented the best value for the money. Houses were judged on the basis of design, floor plan, amount of floor space, livability, special features, quality of construction and cost. The three winning houses in each state were then featured in a special supplement that was available in issues only in the state where the houses were built. Readers in that state, and only that state, were then invited to vote on which of the three houses in their state they considered to be the best house for the money. Readers were also invited to tell us why they had selected a particular house. Cash prizes are to be awarded to readers whose letters were judged the best.

These outstanding houses, one in each of the dozen key building states, are the houses you will see in the February issue. Out of hundreds and hundreds of house plans, a distinguished jury—and our readers—have selected these twelve as the very best homes for the money being built today.

In the February issue you'll see what sort of home is in demand in California; what our readers in Illinois are looking for in a house; what's popular in Florida, and what's attracting the attention of home buyers in Texas. You'll see outstanding houses from Virginia, Maryland, Ohio, Michigan, Illinois, New Jersey, Pennsylvania and Massachusetts—all with the kind of planning and the features that will be selling homes in 1958—the homes that you may be going out to look at. You'll see what sort of values in homes are being offered by outstanding home builders, and this knowledge will help you considerably in selecting a home for yourself.

Pattern Order Form

Please allow up to 3 weeks for handling and mailing

2036—50¢ Pattern for sewing cabinet provides a slide-in-and-out shelf, which also stores a portable sewing machine; files for patterns; thread drawer for DOZENS of spools, all angled so color is in full view; built-in yardstick; 4x4 ft. cutting surface, when top is opened; separate drawers for tools, findings and buttons; PLUS deep storage compartment for fabrics.

2124—50¢ Do you need a festive "board"? This pattern for a long harvest table with drop leaves and prettily turned legs is easy!

2109—$1. If you have an old-fashioned TV set, in good condition, build a "house" for it—a wonderfully simple cabinet with a large door to open when you wish to view. Closed the cabinet looks like a small old-fashioned washstand.

2011—50¢ Strictly for Dad—a good-looking cabinet to house his precious guns. Glass-enclosed cabinet LOCKS. There are two big deep cupboards and three drawers for storage. Pattern includes full working drawings to make it easy.

2117—50¢ To keep ourselves in Dad's good graces we have designed another cabinet, same exterior as the gun cabinet (but a little higher), for displaying his fishing rods and to store his gear. There are *nine* drawers and two big compartments — PLUS aluminum boxes that not only display his rods, but act as actual featherweight carrying cases.

☐ Complete list of available patterns—10¢

☐ 2036—50¢ ☐ 2011—50¢
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With the New Year, the American building industry and the HOME IMPROVEMENT COUNCIL encourages every homeowner to make your home a happier, healthier place to live in by keeping it in good repair. For details on the new $250,000 home improvement contest, contact your local lumber dealer, builder or lender.

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